

Cover Letter: MHSOAC May 27 Convening

Greetings!

We are excited for our first convening on workplace mental health. This topic is timely and more important now than ever before. The Mental Health Services Oversight and Accountability Commission is pleased to present these documents that will drive the discussion for the virtual meeting on May 27, 2020. As the workforce adjusts to the necessary changes in the midst of this COVID-19 pandemic, mental health needs will continue to emerge and organizations will continue to be compelled to find ways to support employees.

In preparation for this work, the Commission has prepared a number of handouts that serve as background materials for the Commission's work to prepare voluntary standards for workplace mental health in California. A brief description of the Commission's work to support mental health in the workplace is included in this handout packet. Additionally, the Commission contracted with Dr. Carolyn Dewa to prepare a brief research report about workplace mental health standards.

The Commission and One Mind at Work interviewed a group of employers, researched trends, and wrote a landscape analysis about the state of workplace mental health in California. The landscape analysis is included in this packet and will be a main point of discussion for the meeting.

We look forward to convening a group of employers, employees, and subject matter experts to discuss current topics on workplace mental health. If you have not done so, please RSVP by going to: <https://bit.ly/2y1ROKG> by May 27, 2020. [Please see agenda posted on our website](#) for the Zoom dial-in information for the virtual gathering.

Regards,

Keyondria Bunch, PhD

Mental Health Services Oversight Accountability Commission

Chair: Workplace Mental Health Subcommittee