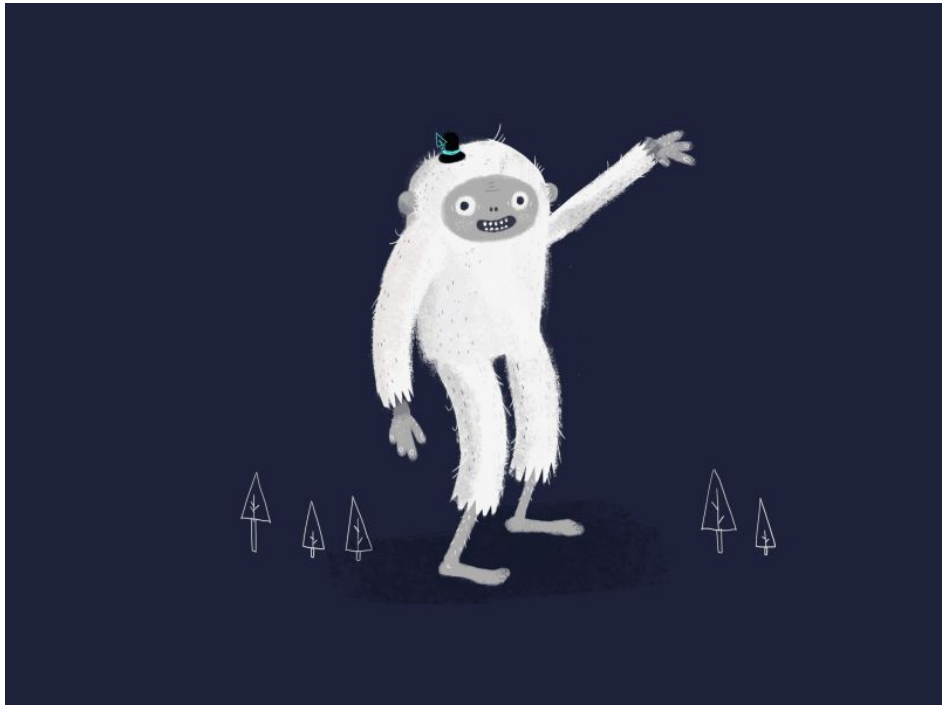
Youth-Led Innovation for Change

Youth Leadership Institute
3/2/2020



Introductions

- Name
- Gender Pronouns
- City/ County
- Check-In Question: **If you were at the SB idea lab, what was your main take away. If you were not, what is one hope you have for this Solano County Idea Lab?**

Community Agreements

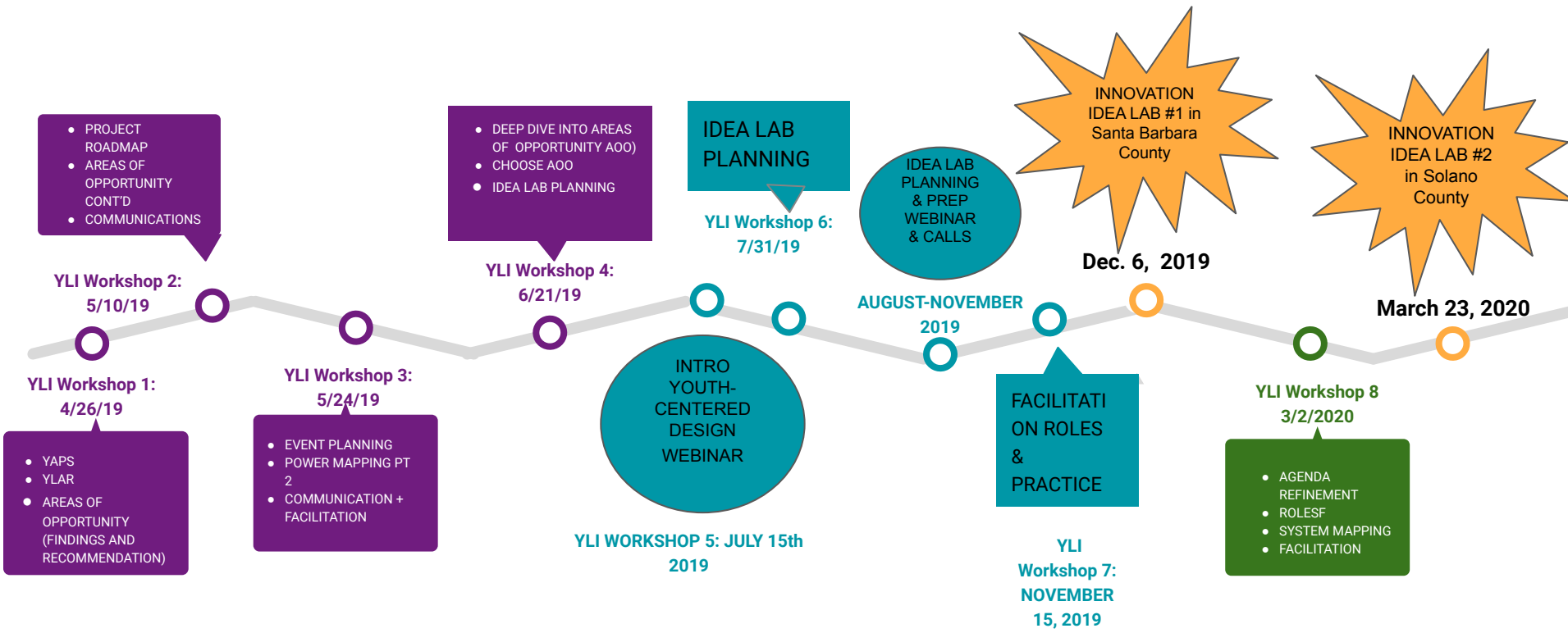
- Have fun!
- One mic, One Diva
- Let’s keep phones aside!
- We are all culture keepers in this space
- Keep a sense of humor
- Be present

Agenda for Today

- Welcome and Today's Agenda Review (9:30-10am)
- Community Builder (10-10:15am)
- Flashback to 1st Idea Lab + Agenda Refinement (10:15am-11:15am)
- Role Responsibilities (11:15-12pm)
- Lunch (12-12:30pm)
- Review of systems mapping table facilitation guide and facilitation practice (12:30-1:45pm)
- Lab Planning and Design (1:45-2:30pm)
- Next Steps (2:30-2:45pm)
- Mindfulness Closing (2:45pm-3pm)

we've got a VOICE

YOUTH INNOVATION ROADMAP REVIEW



Icebreaker!

Number Entourage

Review Agenda for Innovation from idea lab #1

Finalized Agenda

Welcome: 11:00-11:05am
Gallery Walk: 11:05-11:25am
Panel: 11:25-12:00pm
Lunch: 12-12:45pm
Systems Mapping: 12:45-2:00pm
Collective Sharing: 2:00-2:45pm
Closing/Next Steps: 2:45-3pm

Objectives

- Participants will engage in a safe, creative, and environment that will unite, empower and create collaboration.
- Participants will cultivate quality youth-adult partnerships that ultimately uplift youth voice.
- Adult and youth participants will walk away with the tools and the motivation to propose youth-led system-wide change that will increase or improve preventative mental health services in school settings.

Flashback to 1st idea lab + agenda refinement for solIdea Lab #2

Welcome: 11:00-11:05am
Gallery Walk: 11:05-11:25am
Panel: 11:25-12:00pm
Lunch: 12-12:30pm
Systems Mapping: 12:45-2:00pm
Collective Sharing: 2:00-2:45pm
Closing/Next Steps: 2:45-3pm
Networking Hour: 3-4pm

GROUND- what you want to keep as is, what is vital to the idea lab from lessons learned in SB

THORNS- what you do not want in this idea lab, what must be completely thrown out

ROSE- what can blossom even more from last idea lab, what can change for the better for the 2nd lab

Confirmation of Roles

Gallery Walk

MCs + Panel Moderator

Floaters, Troubleshooters, Timekeepers

Table Lead Discussion

YLI's Role

- Montze, April, Jarrett and a YLI youth reporter
- Montze and April: “Behind the scenes” coaching, assisting when/where needed, and supporting you all
- Jarrett and a YLI youth reporter: Capturing the awesomeness with photos and video

Breakout by Roles

Let’s do gallery walk of the roles, we’ll walk through the main responsibilities of each of these roles and hear from folks who have been in that role before

Facilitation Team Roles

MCs + Panel Moderator Keep the agenda moving, keep energy high, present important information. Guide systems mapping example.

Floater and Trouble Shooters Float around to different groups or conversations to answer questions or support your fellow team members **+ Timekeepers** Ensure all agenda items stay on time; support team in staying on track and on time

Facilitation Team Roles

Cheerleaders Support your team and audience in staying positive and energized throughout the day. This may include facilitating energizers and icebreakers throughout the day.

Facilitation Team Roles

Table Leads Support and guide small group conversations and activities by keeping the conversation flowing and ensuring everyone has an opportunity to speak; may include taking notes during small group discussions.

Supported by ACT team, led by Jennifer Lopez!

- **Additional facilitator, notetaker, etc**
- **Worked to tailor System Mapping to Sprouted Concept Framework**

Review and Practice of Systems Mapping Facilitation Guide

1. Facilite systems mapping activity
2. Facilitation tools for group participation

Power Mapping Activity

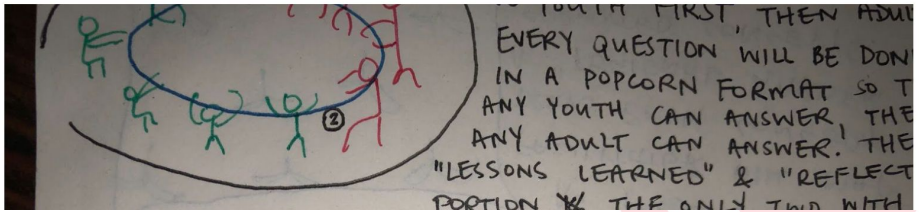
Phase 3: Power Mapping Activity

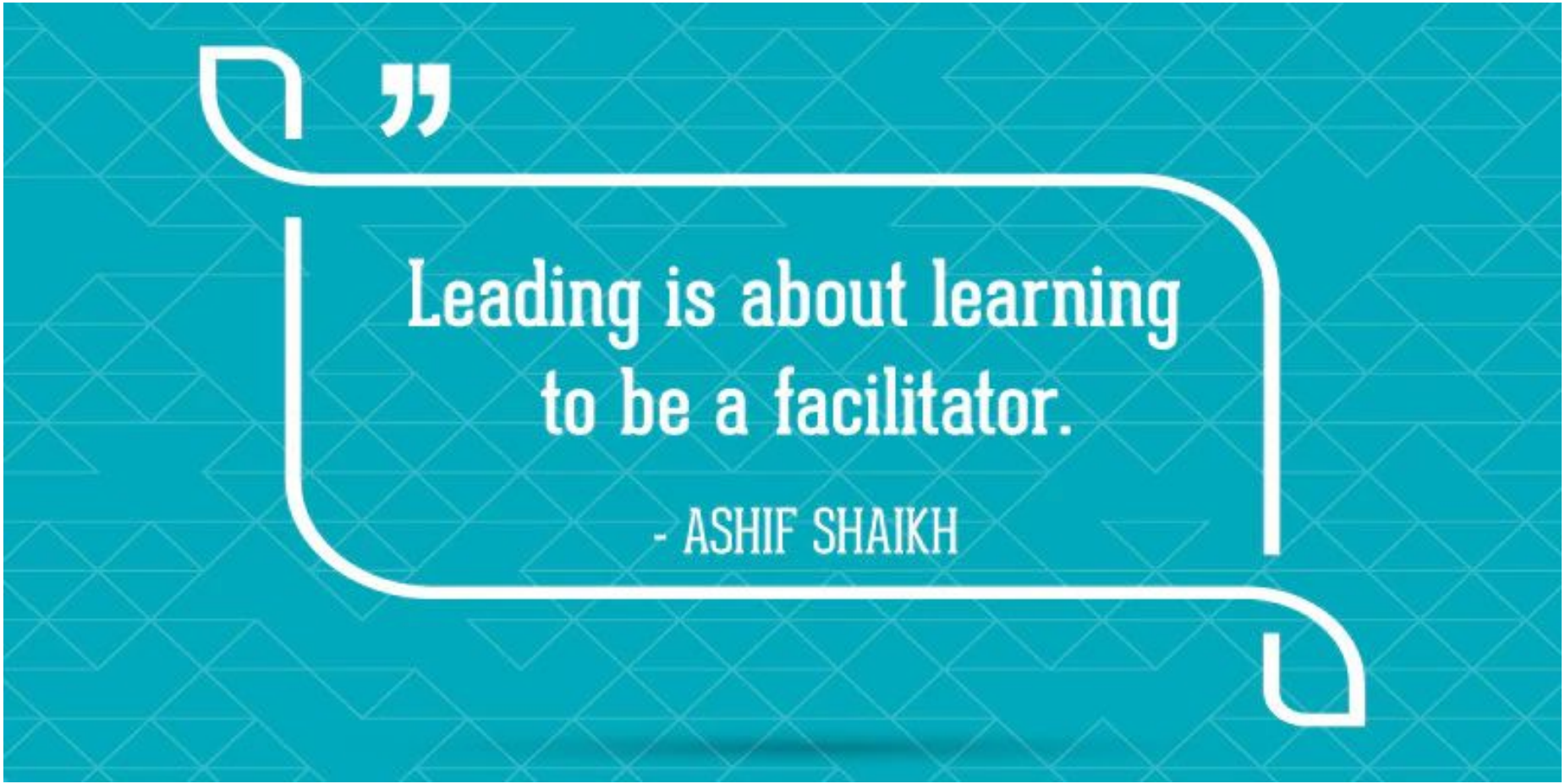
Materials needed per group: Large Poster Board for Power Map (1), Large Paper/Poster for Scribe (2), Proposed Solution shape (1), Lessons Learned shape (8), Sprouted Concept shape (1), Rich Soil shape (10), Weeds shape (10), pens (10), set of markers (1).

The goal of this activity is to bring together youth and adult allies' lived experiences, diverse expertise, and varying levels of power to produce a sprouted concept for a youth-led innovation of California's school-based mental health system.

For each round described below, the facilitator should start by opening up to youth first, and then going to the adults when youth have finished submitting answers.

1. Clarify and re-read the solution that is proposed through the multimedia voice piece.
    a. Write down the proposed solution on a "Proposed Solution" shape
    b. Place it on the top center of the power map




Leading is about learning
to be a facilitator.
- ASHIF SHAIKH

Role of the Facilitator

- To create a forum for group discussion
- To educate
- To articulate and respond to the questions and concerns of group members
- To clarify and address issues

What are some concerns/challenges you have seen or can foresee?

Listening Tools

Paraphrasing

1. Using your own words to explain what the speaker said
2. Summarize long statements
3. *“It sounds like you were saying_____. Did I get that right?”*

Mirroring

Repeat the speaker’s words as closely as possible

Drawing people out

Use your words tp prompt more explanation.

EX. *“Please say more about that?”*

Summarizing

Recap main points

Listening Tools: Questions

1. Open Questions—solicits information that requires more than yes/no answers. They begin with WHO, WHAT, WHEN, WHERE, WHY and HOW.

2. Closed Questions—solicit yes/no answers, should be used sparingly as they can have a “ping-pong” effect, i.e. question, answer, question, answer, etc. with no real discussion.

It is important to be a good listener when you use open questions.

Tools for Encouraging Participation

- Structured Go-Arounds
- Small Groups
- Popcorn
- Pair and Share
- Debriefs

Lab planning and design logistics

- Venue
- Space considerations
    - Especially for system mapping
- Panel participants
- Assign Tasks

NEXT STEPS