



HELP MOVE PREVENTION & EARLY INTERVENTION FORWARD.

Join Us for Upcoming
Live Events and Videos.

Prevention and early intervention (PEI) in mental health seeks to reduce risks to wellbeing, so that people and the communities in which they live in thrive. We like to think of it as “traveling upstream.” Here, we can more effectively provide support and intervene early when needs emerge and reduce the negative outcomes of mental health needs, such as suicide, incarceration, and unemployment.

Spurred by Senate Bill 1004 (Wiener), the Commission launched a project to explore ways to equitably advance PEI to reduce these outcomes, reduce mental health disparities, and improve the collective wellness of communities.

But that sounds like a lot of ground to cover – or a lot of water to tread – so we’ve broken down the key findings of PEI across a series of live events streamed directly to you. Additionally, we will be launching our free lecture series with some of the mental health community’s most respected experts with Upstream University. Check the schedule of events below for more and register to participate. We look forward to seeing you Upstream!

LISTENING SESSIONS

California communities lend their voice to help guide PEI forward.

- Superior Region:** Fri. 2/12, 11am-1pm
- Bay Area Region:** Mon. 2/22, 1pm-3pm
- Southern Region:** Mon. 3/1 2pm-4pm
- Los Angeles County:** Wed. 3/3 Noon-2pm
- Central Region:** Friday 3/8 1pm-3pm

FORUM SERIES

Virtual forums with the field’s top experts.

- Risk & Protective Factors’ Role in Strategic Planning & Program Delivery:**
Wed. 3/17, 12:30pm-4:30pm
- State & Local Evaluation of PEI Activities:**
Wed. 3/24, 9am-1pm
- Reducing the Negative Consequences of Mental Health Needs:**
Mon. 4/5 12:30pm-4:30pm

PUBLIC HEARINGS

See the ins and out of the PEI initiative.

- Key Concepts of PEI:**
Thurs. 2/25
- Opportunities for PEI Across Our Lives:**
Thurs. 4/22

UPSTREAM UNIVERSITY

Explore effective, new, innovative ways to address issues before they become serious mental health challenges with the community’s most respected experts.

Premiering at the end of February.