



**Prevention and Early Intervention Subcommittee  
Regional Listening Session: Southern Region  
Meeting Agenda**

**Monday, March 1, 2021 | 2:00 PM – 4:00 PM**

**Zoom Teleconference**

Note: The meeting audio will be recorded.

Join: <https://zoom.us/j/98065372933?pwd=YkxHRkIPRCtjZjZjNHZjcGdEaWQ2QT09>

Call-in Number: (669) 900-6833 Meeting ID: 980 6537 2933 Passcode: 107215

TIME	TOPIC
2:00 PM	<b>Welcome &amp; Introductions</b> Subcommittee members: Chair Mara Madrigal-Weiss and Vice Chair Mayra Alvarez
2:30 PM	<b>Facilitated Breakout Groups</b> Participants will select one (1) breakout group to attend, according to their area of interest.  <b>Group 1:</b> Lived experience with mental health needs <b>Group 2:</b> Supporting people with mental health needs  The objectives of each breakout group are to: <ul style="list-style-type: none"><li>• Identify and discuss <b>barriers to recognizing mental health needs and accessing appropriate services</b></li><li>• Describe <b>helpful and harmful factors</b> in your communities that affect mental well-being</li><li>• Identify and discuss possible <b>action the State can take to advance prevention and early intervention</b> in your communities</li></ul>
3:30 PM	<b>Full Group Report-Out</b>
4:00 PM	<b>Adjourn</b>

Pursuant to the Americans with Disabilities Act, individuals who, because of a disability, need special assistance to attend or participate in the meeting may request assistance at the Commission office, 1325 J Street, Suite 1700, Sacramento, CA 95814, by calling 916-445-8696, or by emailing the MHSOAC at [mhsoac@mhsoac.ca.gov](mailto:mhsoac@mhsoac.ca.gov). Requests should be made one week in advance whenever possible.