



Shifting the Current Forum Series

Day 1: Risk and Protective Factors' Role in Strategic Planning and Program Delivery

March 17, 2021

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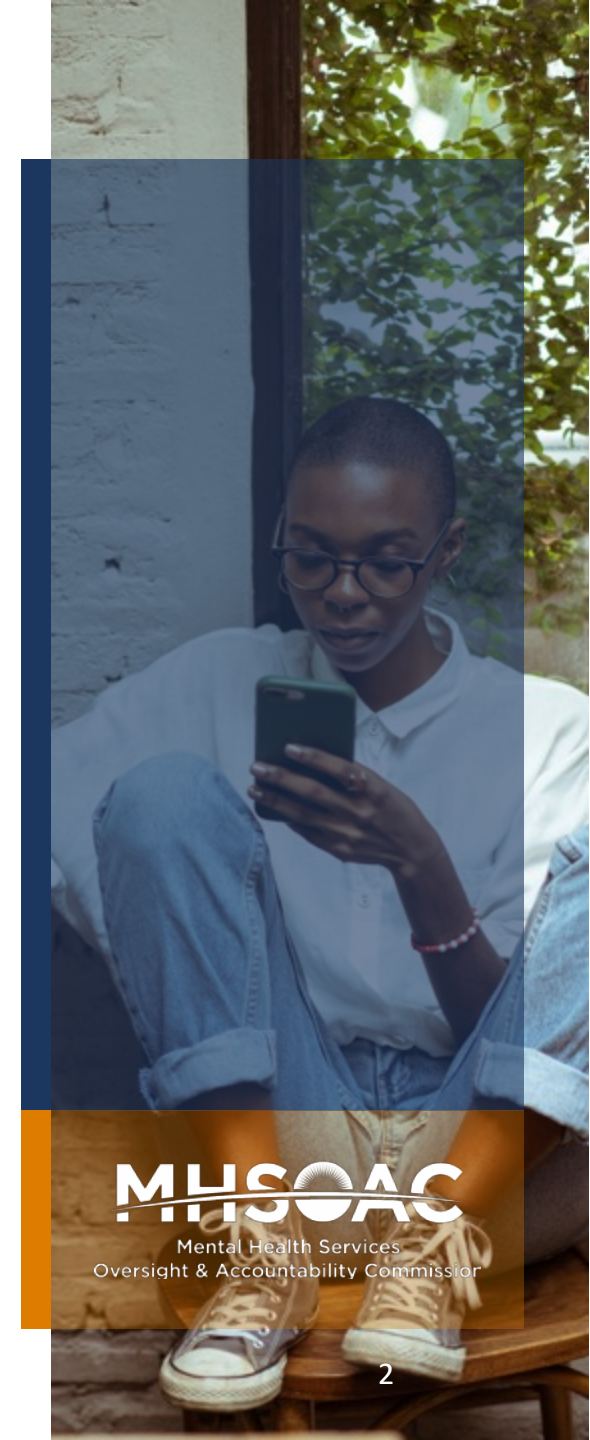
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Oversight & Accountability Commission

Welcome

Help us create an inclusive virtual space:

- Please mute while not speaking
- Use the raise hand reaction 😊+
- Video is encouraged (but not required)
- Closed captioning is available
- Chat feature is limited during main session

For technical assistance message “MHSOAC Tech” in the chat



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Prevention and Early Intervention in Mental Health

Presentation by Kali Patterson, M.A. and Ashley Mills, M.S.

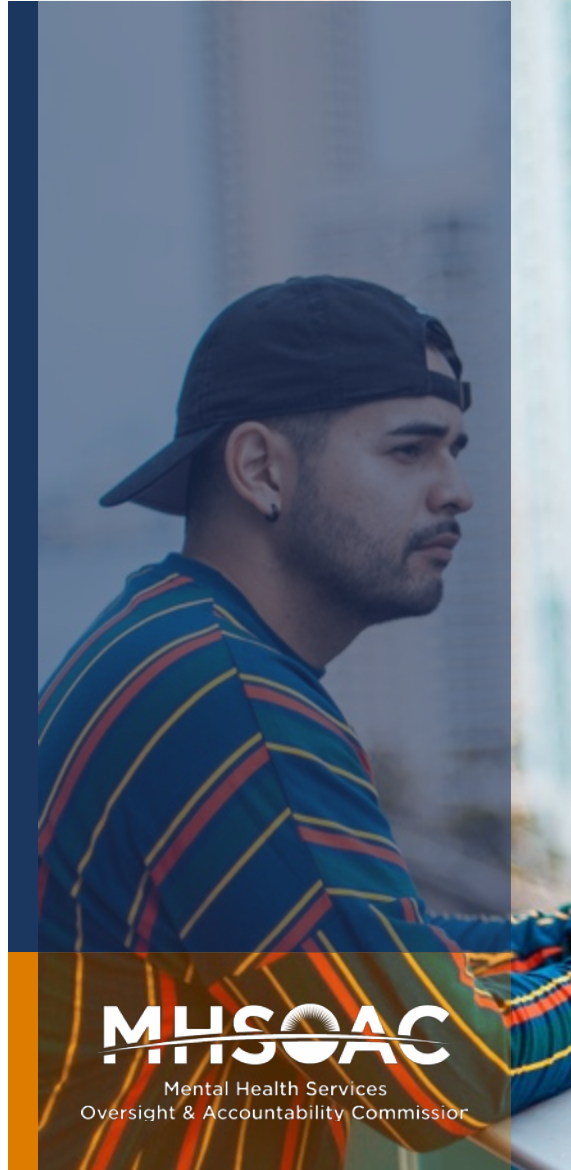
Shifting the Current Forum Series
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What is PEI?

Prevention and Early Intervention in Mental Health

- Mental Health Services Act (MHSA)
- Mental Health Services Oversight and Accountability Commission
- MHSA Prevention and Early Intervention
- PEI Project

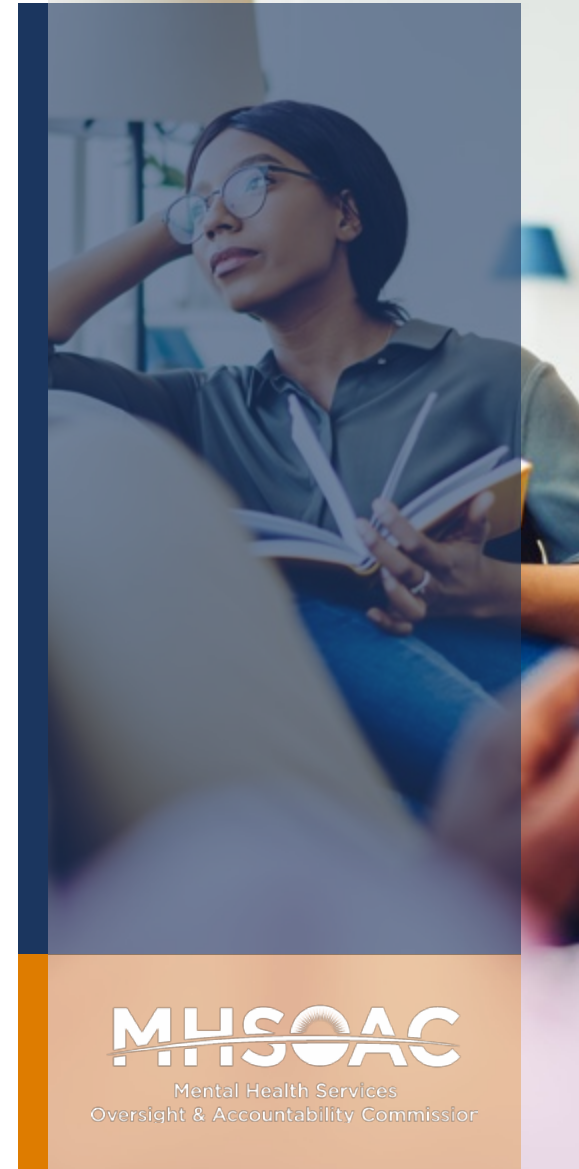


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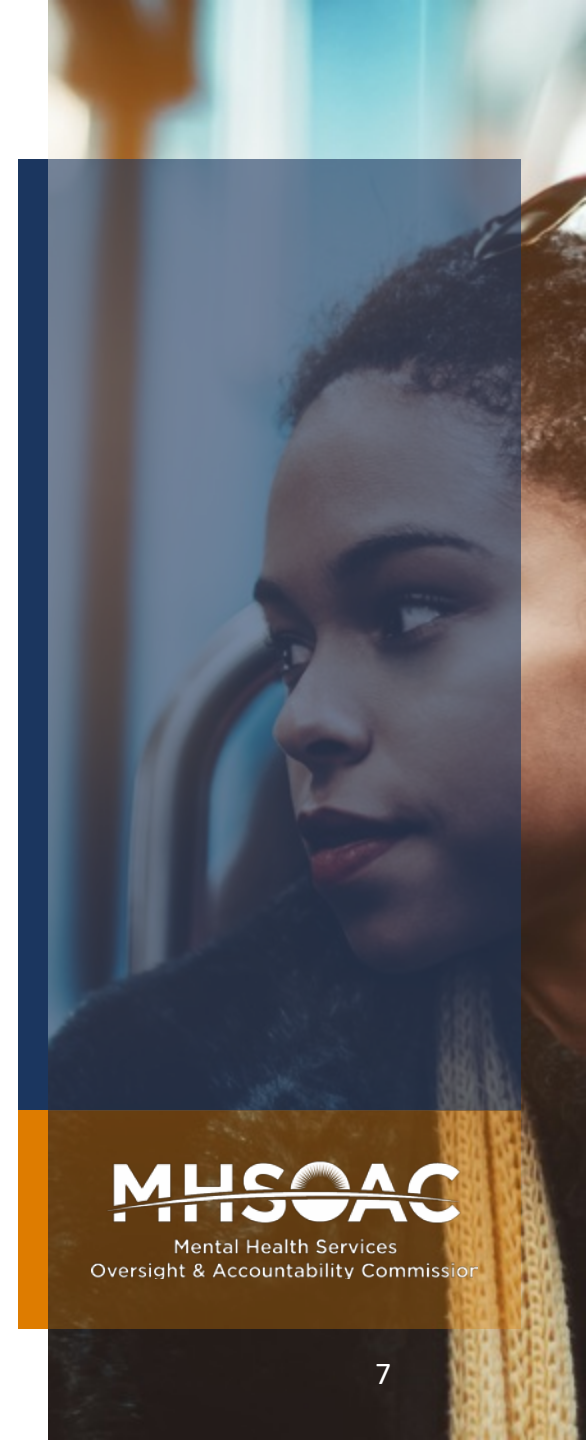
Prevention and Early Intervention Project

- Initiated by Senate Bill 1004 (Wiener, 2018)
 - Establish priorities
 - Childhood trauma PEI
 - Psychotic and mood disorder PEI and suicide prevention
 - Youth outreach and engagement
 - Culturally and linguistically appropriate PEI
 - PEI strategies for older adults
 - Develop strategies for data monitoring and evaluation and technical support
- Advance prevention and early intervention



The Need

- Over 60% of Californians have **experienced negative and harmful childhood events** that threaten their development, health and longevity; the majority of which are preventable. (January 2020)
- The Healthy Minds Study found the **prevalence of depression and anxiety** in young people continues to increase, now reaching its highest levels, a sign of the **mounting stress factors** due to the coronavirus pandemic, political unrest, and systemic racism and inequality. (February 2021)
- **Involuntary psychiatric detentions have risen sharply** over the past decade, according to a new study by researchers at the UCLA Luskin School of Public Affairs. (November 2020)

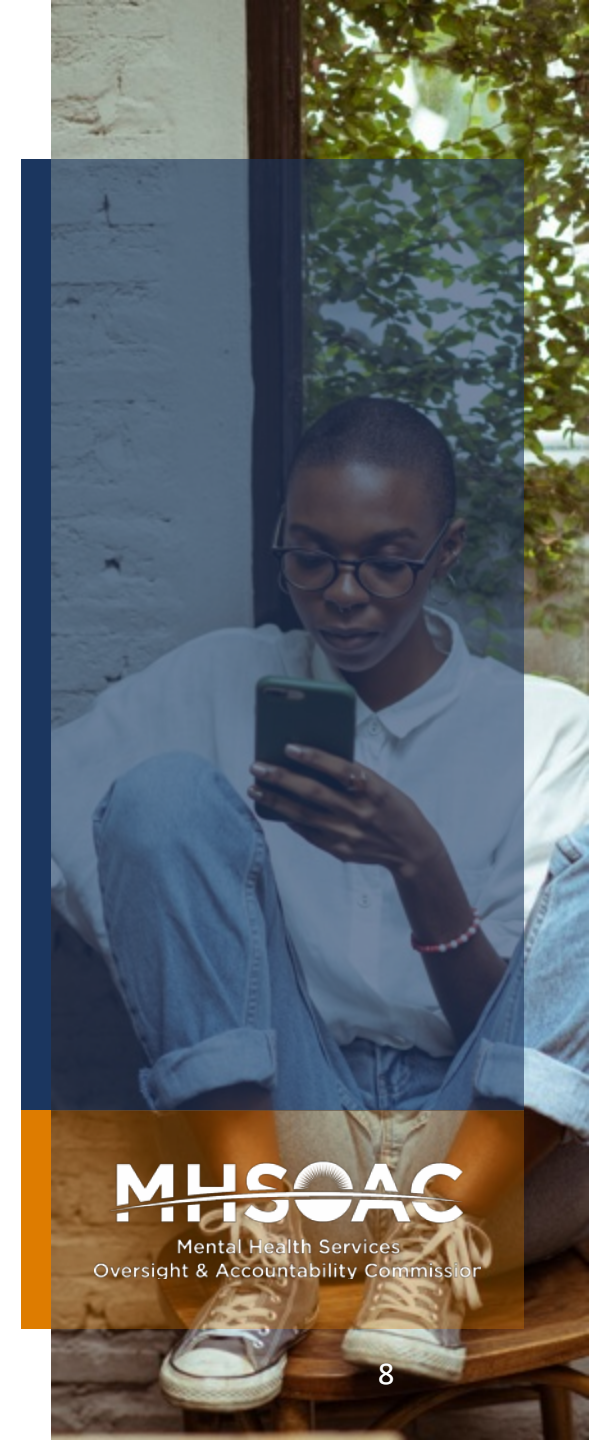


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The Opportunity

- Address broad population factors increasing risk and promote factors that buffer against risk
- Deliver high quality prevention and early intervention programs and services using MHSA PEI funding
- Reduce the negative outcomes associated with mental health needs when those needs go unmet

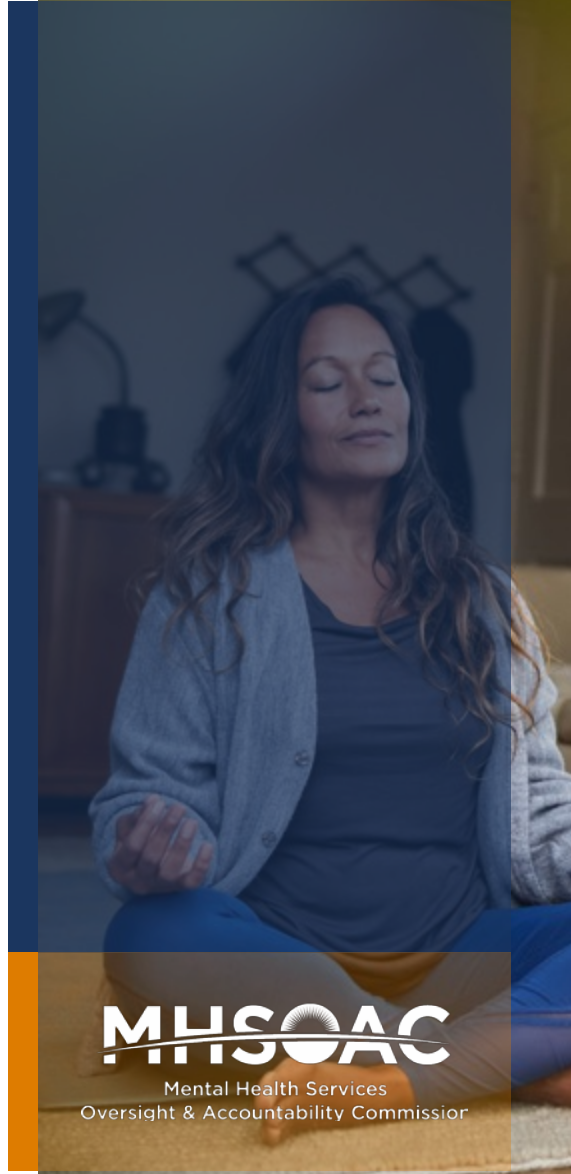


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How

- Policy, local planning, infrastructure, capacity building, collaboration, etc.
- Leveraging data – population and program outcomes
- Technical support



PEI Forum Series

Day 1 – Mental health risk and protective factors’ role in strategic PEI planning and program delivery.

Day 2 - State and local MHSA-PEI Evaluation

Day 3 – Reducing mental health negative outcomes.



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Today's Agenda

Inspiring Speakers

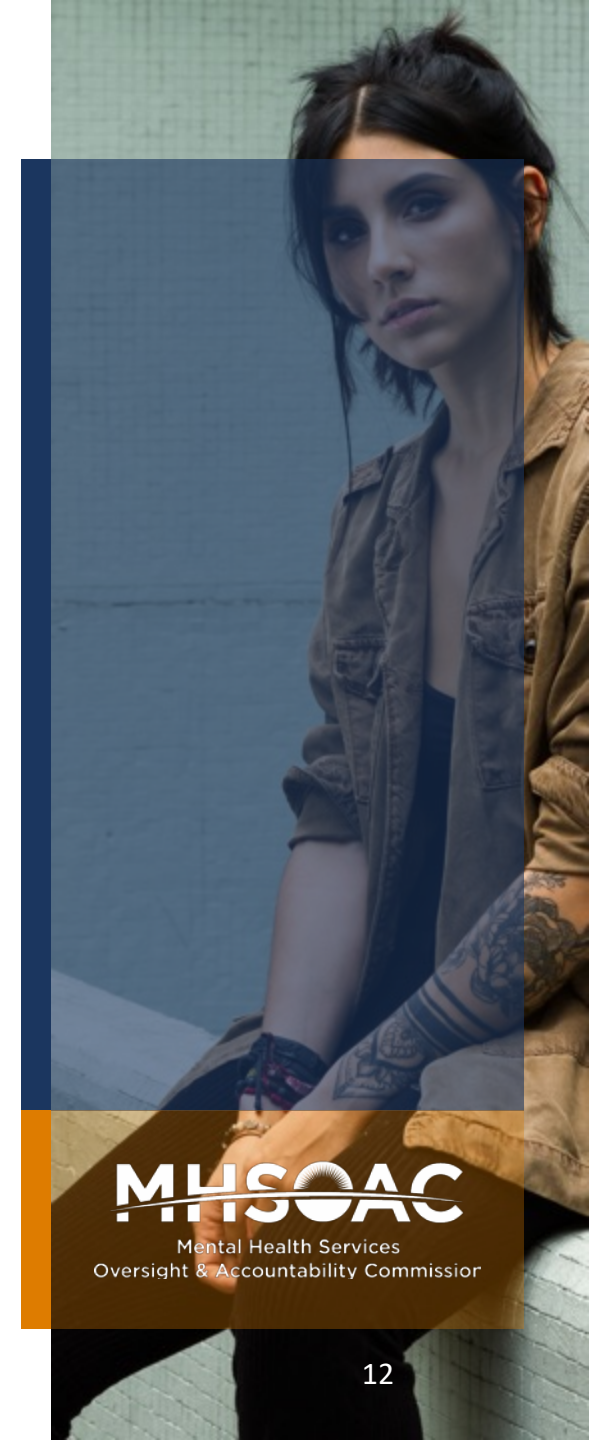
... what do we need to know as a collective to support our discussion today?

Compelling Storytelling

... how can we fill the gaps in our data and use creative expression to elevate the stories of lived experience to improve outcomes?

Facilitated Dialogue

... how can available data support our ability to meet the needs of community members? And what support do we need to be effective?

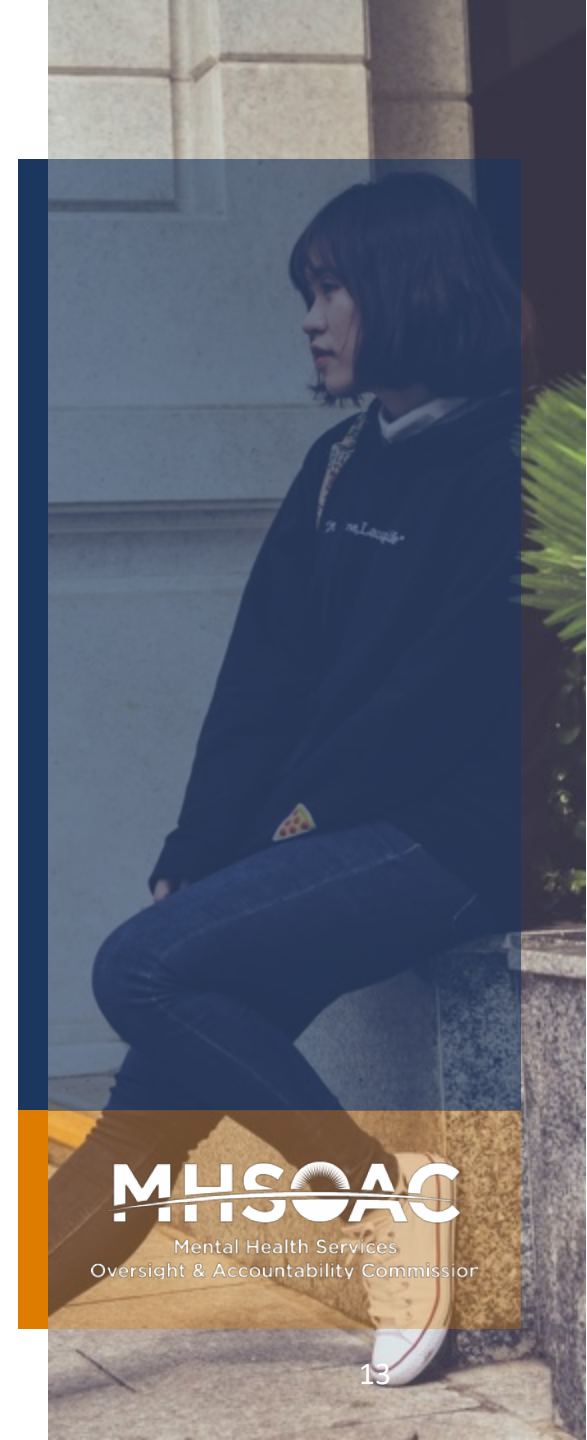


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Our Virtual Space: Asks and Offerings

- Step up, step back
- Respect preferred pronouns
- Embrace creativity while elevating our shared strengths
- Breaks throughout the forum
- Forum video will be recorded and summaries prepared



Your MHSOAC Crewmembers for the Day

Kali Patterson, M.A., Research Scientist

Ashley Mills, M.S., Research Scientist

Breakout One

- Latonya Harris, Ph.D., Research Scientist
- Anna Naify, Psy.D., Consulting Psychologist

Breakout Two

- Amanda Lawrence, Ph.D., Research Analyst
- Vicque Kimmel, Psy.D., Health Program Specialist

Supporting Our Virtual Experience

- Kara Chung, M.S., Health Program Specialist
- Cody Scott, Logistical Support Analyst

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Thank You



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Presentations

Break and Short Film

Crooked Beauty

By Ken Paul Rosenthal
AWI Winner, June 2012



<https://artwithimpact.org/film/crooked-beauty/>

CONTENT HEADS UP

Discussion of stigma, medication management

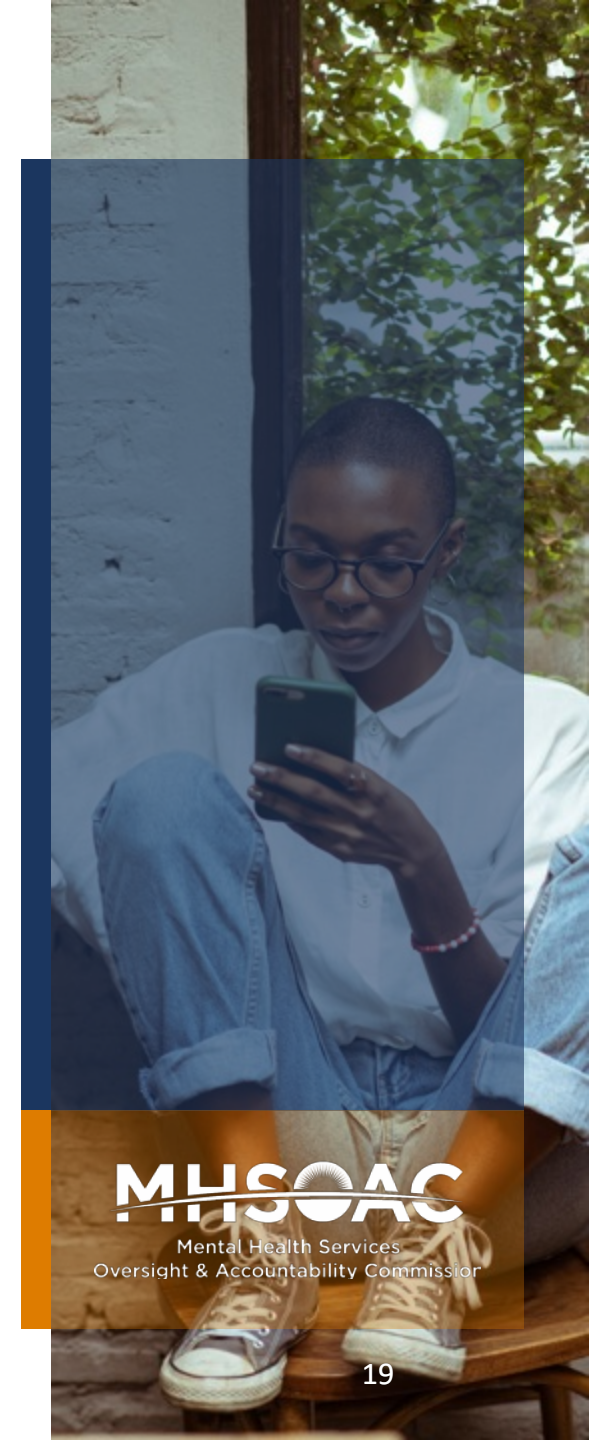
Welcome Back

Breakout Groups

- Automatically assigned to group
- Closed captioning in main room (Group 2)
- Chat is available for the group
- Video is encouraged (but not required)
- Sessions are recorded
- Return at 4:00pm



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What we heard

Thank you

Please complete our Forum 1 Survey

<https://www.surveymonkey.com/r/PEIF1FB>

Additional PEI Event information

[MHSOAC.ca.gov](https://mhsoc.ca.gov)

For additional information contact Amanda Lawrence, Ph.D.

Amanda.Lawrence@mhsoc.ca.gov

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