Shifting the Current Forum Series

Day 2: State and local evaluation of Prevention and Early Intervention activities delivered by the Mental Health Services Act

March 24, 2021



# Welcome

Help us create an inclusive virtual space:

- Please mute wile not speaking
- Use the raise hand reaction ©+
- Video is encouraged (but not required)
- Closed captioning is available
- Chat feature is limited during main session

\*\*For technical assistance message "MHSOAC Tech" in the chat\*\*





## **Prevention and Early Intervention in Mental Health**

Presentation by Kali Patterson, M.A. and Ashley Mills, M.S.

**Shifting the Current Forum Series**March 24, 2021





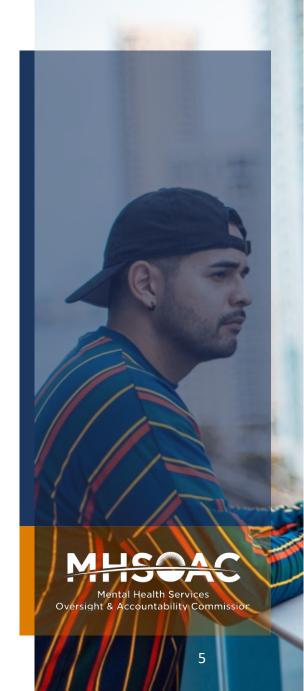
# Prevention and Early Intervention in Mental Health

Mental Health Services Act (MHSA)

Mental Health Services Oversight and Accountability
 Commission

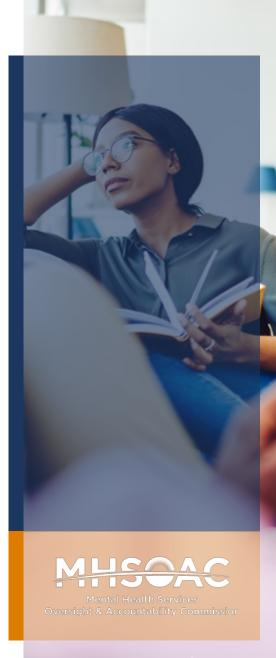
MHSA Prevention and Early Intervention

PEI Project



### Prevention and Early Intervention Project

- Initiated by Senate Bill 1004 (Wiener, 2018)
  - Establish priorities
    - Childhood trauma PEI
    - Psychotic and mood disorder PEI and suicide prevention
    - Youth outreach and engagement
    - Culturally and linguistically appropriate PEI
    - PEI strategies for older adults
  - Develop strategies for data monitoring and evaluation and technical support
- Advance prevention and early intervention



#### The Need

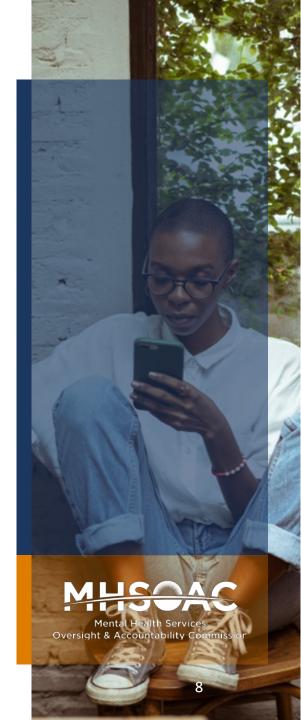
- Over 60% of Californians have experienced negative and harmful childhood events that threaten their development, health and longevity; the majority of which are preventable. (January 2020)
- The Healthy Minds Study found the prevalence of depression and anxiety in young people continues to increase, now reaching its highest levels, a sign of the mounting stress factors due to the coronavirus pandemic, political unrest, and systemic racism and inequality. (February 2021)
- Involuntary psychiatric detentions have risen sharply over the past decade, according to a new study by researchers at the UCLA Luskin School of Public Affairs. (November 2020)



### The Opportunity

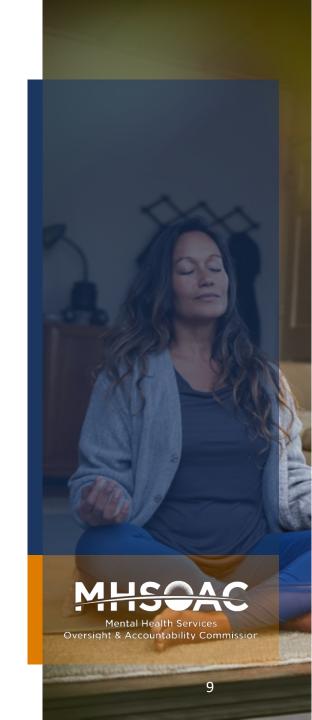
- Address broad population factors increasing risk and promote factors that buffer against risk
- Deliver high quality prevention and early intervention programs and services using MHSA PEI funding

 Reduce the negative outcomes associated with mental health needs when those needs go unmet



### How

- Policy, local planning, infrastructure, capacity building, collaboration, etc.
- Leveraging data population and program outcomes
- Technical support



### **PEI Forum Series**



**Day 1** – Mental health risk and protective factors' role in strategic PEI planning and program delivery.

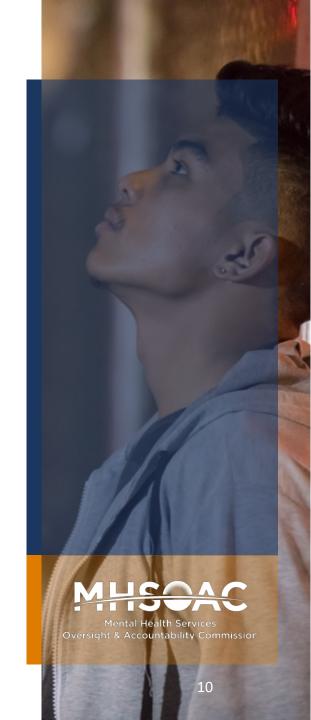
#### What we heard...

- Culturally grounded measures
- Story behind the numbers

- Connect data with practice
- Democratize the data

#### Day 2 - State and local MHSA-PEI Evaluation

**Day 3** – Reducing mental health negative outcomes.





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# Today's Agenda

#### **Inspiring Speakers**

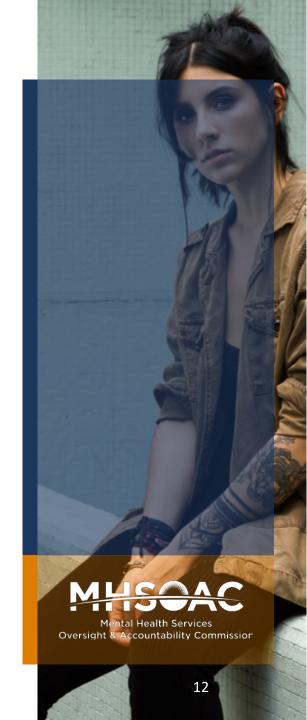
... what do we need to know as a collective to support our discussion today?

#### **Compelling Storytelling**

... how can we fill the gaps in our data and use creative expression to elevate the stories of lived experience to improve outcomes?

#### **Facilitated Dialogue**

... how can we use MHSA-PEI evaluation to tell a local and statewide story? And what support do we need to be effective?

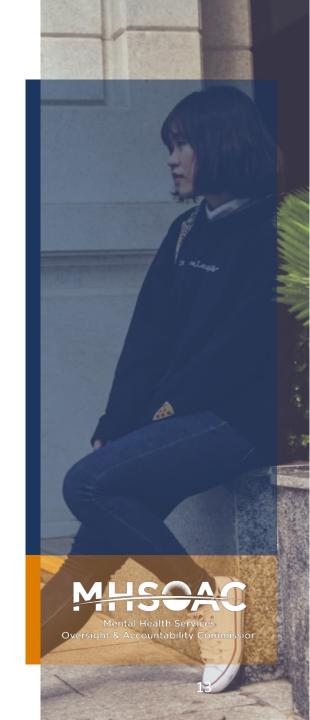


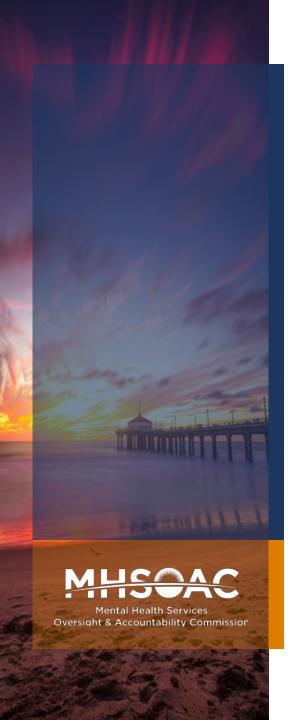
### Our Virtual Space: Asks and Offerings

• Step up, step back

Respect pronouns

- Embrace creativity while elevating our shared strengths
- Breaks throughout the forum
- Forum video will be recorded, and summaries prepared





### Your MHSOAC Crewmembers for the Day

Kali Patterson, M.A., Research Scientist

#### **Breakout One**

- Ashley Mills, M.S., Research Supervisor
- Vicque Kimmel, Psy.D., Health Program Specialist

#### **Breakout Two**

- Sheron R. Wright, M.P.H., Research Data Analyst
- Anna Naify, Psy.D., Consulting Psychologist

#### **Supporting Our Virtual Experience**

- Kara Chung, M.S., Health Program Specialist
- Cody Scott, Logistical Support Analyst



### Presentation



### Break



### **County Panel Discussion**

#### **Panelists**

Kara Taguchi, PsyD - Los Angeles County
Robin K Roberts, MFT - Mono County
Ahmad Bahrami, MBA - Fresno County

### **Topics**

- Challenges and successes with MHSA-PEI evaluation
- Statewide MHSA-PEI (data and metrics)
- Technical Support



### Break and Short Film

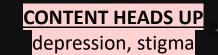


# The Conversation That Never Happened

By Gordon Yao AWI Winner, April 2020



https://artwithimpact.org/film/conversation-that-never-happened/



### Welcome Back

#### **Breakout Groups**

- Automatically assigned to group
- Closed captioning in main room (Group 2)
- Chat is available for the group
- Video is encouraged (but not required)
- Sessions are recorded

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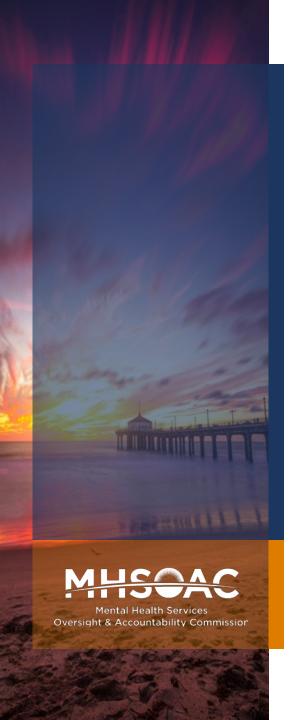






Mental Health Services
Oversight & Accountability Commission





# Thank you

Please complete our Forum 2 Survey

https://www.surveymonkey.com/r/PEIF2FB

Additional PEI Event information MHSOAC.ca.gov

For additional information contact Amanda Lawrence, Ph.D. Amanda.Lawrence@mhsoac.ca.gov