

Peer Support Specialists for Medi-Cal Behavioral Health Services

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DHCS Peer Certification Timeline

January 2021	 Peer Support Listening Session #1 Materials are available on the <u>DHCS website</u>
March 2021	 Peer Support Listening Session #2 Materials are available on the <u>DHCS website</u>
April 2021	Behavioral Health Stakeholder Advisory Committee Meeting • Materials are available on the DHCS website
July 2021	Release BH Information Notice on Peer Support Specialist Certification Program Standards, available on the <u>DHCS website</u>
July 2021 and beyond	Interested counties will have the opportunity to opt in to Medi-Cal peer support specialist services
2022 (Upon CMS approval)	Medi-Cal peer support specialist services under State Plan DMC, SMHS, and/or DMC-ODS would be billable



July 2021 Medi-Cal Peer Support Specialist Certification Program Behavioral Health Information Notice No: 21-041



Statute Requirements: Certification Standards

Certain requirements to obtain certification are outlined in statute and cannot be altered, including the following:

- 1. Be at least 18 years of age.
- 2. Possess a high school diploma or equivalent degree.
- 3. Be self-identified as having experience with the process of recovery from mental illness or substance use disorder either as a consumer of these services or as the parent or family member of the consumer.
- 4. Be willing to share their experience.
- 5. Have a strong dedication to recovery.
- 6. Agree, in writing, to adhere to a code of ethics.
- 7. Successfully complete the curriculum and training requirements for a peer support specialist.
- 8. Pass a certification examination approved by the department for a peer support specialist.



Statute Requirements: Certification Standards

Statute also details requirements to maintain certification as a Medi-Cal peer support specialist, including:

- 1. Adhere to the code of ethics and biennially sign an affirmation.
- 2. Complete any required continuing education, training, and recertification requirements.



Peer Support Specialist Certification **Standards BHIN**

Topics Covered in July 2021 Peer Support Specialist BHIN

- Certification guidelines:
 - Standards for Initial Certification
 - Biennial Renewal
 - **Lapsed Certification**
 - Areas of Specialization
 - Grandparenting
 - State/County Reciprocity
 - **Complaints and Corrective Actions**
- 2. Medi-Cal Peer Support Specialist Certification Program Plan Submission Requirements
- 3. Medi-Cal Code of Ethics for Peer Support Specialists in California
- **Practice Guidelines**
- Supervision Standards
- Reporting Requirements



Standards for Initial Certification

- For an initial certification of a peer support specialist, a Medi-Cal Peer Support Specialist Certification Program must:
 - Ensure a candidate agrees to adhere to the Medi-Cal Code of Ethics for Peer Support Specialists;
 - 2. Ensure a candidate has completed the training curriculum that includes 80 hours of training including didactic learning; and,
 - 3. Ensure the candidate has passed the initial certification exam.



Standards for Initial Certification: Code of Ethics

- The Medi-Cal Code of Ethics for Peer Support Specialists will be included in the BHIN and is posted on the <u>DHCS Peers webpage</u>.
- DHCS will update the Code of Ethics as appropriate and certification programs must ensure that candidates agree to adhere to the most recent version posted.



Standards for Initial Certification: Training Curriculum

The training curriculum must incorporate the following core competencies:

- 1. The concepts of hope, recovery, and wellness
- 2. The role of advocacy
- 3. The role of consumers and family members
- 4. Psychiatric rehabilitation skills and service delivery, and addiction recovery principles, including defined practices
- 5. Cultural and structural competence trainings
- 6. Trauma-informed care
- 7. Group facilitation skills
- 8. Self-awareness and self-care
- 9. Co-occurring disorders of

- mental health and substance use
- 10. Conflict resolution
- 11. Professional boundaries and ethics
- 12. Preparation for employment opportunities
- 13. Safety and crisis planning
- 14. Navigation of, and referral to, other services
- 15. Documentation skills and standards
- 16. Confidentiality
- 17. Digital Literacy



Standards for Initial Certification: Areas of Specialization

- A Medi-Cal Peer Support Specialist Certification Program must implement a curriculum in the area of specialization for "Parent, Caregiver, and Family Member Peers" upon implementation of the Peer Support Specialist Certification Program.
- The following three areas of specialization must also be implemented by January 1, 2023:
 - Crisis Services
 - Forensic (Justice Involved)

Homelessness



Standards for Initial Certification: Additional Items

- Certification Exam (Approved by DHCS, must provide reasonable accommodations)
- Standards for Biennial and Lapsed Renewals
- Standards for Grandparenting and State/County Reciprocity
- Standards for Complaints and Corrective Action
- Medi-Cal Peer Support Specialist Certification Program Plan Submission Requirements
- Practice Guidelines
- Supervision Standards
- Reporting Requirements



Thank You!

- All other comments and feedback related to the implementation of Medi-Cal peer support services can be submitted at anytime to <u>peers@dhcs.ca.gov</u>.
- If you have any questions regarding the submission of your county DMC-ODS Waiver Fiscal Plan, contact BHFSOps@dhcs.ca.gov
- DHCS will release more information in the coming months related to items not detailed in the released BHINs. The <u>peers</u> <u>website</u> will remain updated with new information throughout this process.