

## Client and Family Leadership Committee Meeting Minutes Date: Wednesday, September 13, 2017 | Time: 9:30am-12:00pm

## MHSOAC Office 1325 J Street, Suite 1700, Sacramento, CA 95814 Darrell Steinberg Conference Room

#### \*\*DRAFT\*\*

<b>Committee Members:</b>	Staff:	Other Attendees:
Commissioner Aslami-Tamplen	Angela Brand	Joy Anderson
Richard Krzyzanowski	Kayla Landry	John Aguirre
Pete LaFollette	Tom Orrock	Chris Barton
Laysha Ostrow*	Cody Scott	Mariah Corder
Min Suh*		Haydée Cuza
Sandy Villano*		Annabelle Gardner
Emily Wu Truong*		Dave Hosseini
Sharon Yates		Maureen Njamfa
		Robb Layne
		Steve Leoni
		Susan Manzi
		Raja Mitry*
		Steve McNally*
		Sydnee Perez
		Aundrea Stuckey
		Mandy Taylor
		Aisa Villarosa
		Amanda Wallner
		Gerald White

<sup>\*</sup>Participation by phone

Committee members absent: Commissioner Gladys Mitchell, Michaele Beebe, Andrea Crook, Carmen Diaz, Jeff Decker, Yvette McShan, Darlene Prettyman, Julia Sweeney, Jairo Wilches, Sam Woolf

## Welcome/Introductions

Commissioner Aslami Tamplen, Committee Chair, called the meeting to order and welcomed everyone. Introductions were provided by all present in the room as well as on the phone.

## **Agenda Item 1: Adoption of the Meeting Minutes**

Committee members were asked to review the minutes for any errors or suggested amendments. The Committee took a moment to review the minutes.

On the May minutes, members asked to change the language on page 2 under the charter discussion to include the roles of the Committee to "support and engage" with the Commission.

Pete LaFollette made a motion to approve the May meeting minutes with the minor correction as noted. The motion was seconded by Sharon Yates and the minutes were approved by the Committee.

*Vote recorded with participating members as follows:* 

- Approve: Commissioner Aslami-Tamplen, Pete LaFollette, Laysha Ostrow, Sandy Villano, Sharon Yates
- Abstain: Richard Krzyzanowski, Sam Woolf, Emily Wu Truong

On the July minutes, a name correction was noted.

Sharon Yates made a motion to approve the July meeting minutes with the minor correction as noted. The motion was seconded by Pete LaFollette and the minutes were approved by the Committee.

Vote recorded with participating members as follows:

- <u>Approve</u>: Commissioner Aslami-Tamplen, Ricahrd Krzyzanowski, Pete LaFollette, Darlene Prettyman, Laysha Ostrow, Sandy Villano, Emily Wu Truong, Sharon Yates
- Abstain: Sam Woolf

## Agenda Item 2: California Youth Connection (CYC) Project Update

Haydée Cuza, along with representatives from the California Youth Connection (CYC) collaborative No Stigma, No Barriers (NSNB) presented the Committee with an update of the work completed during year one of the transition age youth stakeholder contract administered by the MHSOAC. Panelists included youth, staff, and those who had participated in activities conducted by CYC. Panelists also provided information on the collaborative's plan for year two including the launch of a new website, plans for enhanced youth engagement at the local level, and regional events planned using feedback and lesson learned from year one activities. The Committee was encouraged to sign up for the collaborative's list serve to stay notified of all activities and events.

Committee members praised the panelists for their presentation and encouraged their continued efforts to stay engaged with the Commission. Members asked the panelists to discuss:

• How their activities address diversion and prevention.

- o NSNB activities include robust social media efforts that highlight mental health and community resources. Content is created by and for youth to increase engagement, outreach, and partnerships.
- Plans for youth in middle school and engagement for young people still in the school system.
  - One of the partners in the collaborative, PEERS, is exploring collaboration with school districts and how to use partnerships to include mental health in schools.
- How the members practice self-care to avoid getting overwhelmed by the sometimes "depressing" nature of work done in mental health.
- Discussion on self-stigma, how to handle how society labels us and how we label ourselves, how through diversity and difference we can contribute to the world, and always keeping a healthy skepticism.

### **Agenda Item 3: Charter Activity Discussion**

At the July Committee members, members prioritized the development of a policy document on best practices for client and family engagement. The goal for the discussion was to focus on a subject and then solicit volunteers to participate in a workgroup to support the development of the document.

#### Discussion included:

- Leveraging existing documents so as to not reinvent the wheel. The workgroup should focus on reviewing what has already been developed and how to use that with planning.
- Review of the MHSOAC Transformation Paper; review the document to consider what to revise and update to avoid duplication of prior efforts.
- Consideration of the CBHDA Social Justice Advisory Committee document on stakeholder engagement and essential ingredients for a successful stakeholder process. The document also included the consideration of age, race, ethnicity, cultural values, and hope. It was also noted that CBHDA is currently looking to revamp the committee and increase representation.
- Identify individuals to support the project, including those who were involved in the creation of prior documents.
- Revisions may not be evident until review begins.
- Rereleasing something may be more strategic for recognition and public support.
- Consider how paper can add value through where we are and what we need to do including where are we with stakeholder engagement and what can we do to improve and enhance.

- How document can support ongoing Committee goals.
- Policy document to be inclusive of all stakeholders and stakeholder communities.
- Consider how to integrate the transformation paper and the CBHDA document with a focus on client engagement.

#### Moving forward, next steps include:

- The Committee workgroup will meet in the off months, opposite of the scheduled Committee meetings. The workgroup will review the transformation paper, the CBHDA document for possible revisions and updates. All workgroup meetings are to be public and subject to Bagley-Keane.
- Workgroup to include Sharon, Richard, and Laysha as well as any other individuals who would like to participate.
- OAC staff will locate all materials as well as contact individuals that were part
  of the development of the materials including Chair Tina Wooton, Committee
  member Darelne Prettyman, and Eduardo Vega.

# Agenda Item 4: Proposed Amendments to the Prevention and Early Intervention (PEI) and Innovation (INN) Regulations (Regs)

Filomena Yeroshek, MHSOAC Chief Counsel provided the Committee with an overview of the regulations process including the development of the regulations and the public feedback received. As part of the implementation process, the Commission created a subcommittee; the subcommittee drafted a report for adoption by the Commission regarding the barriers faced by counties with regard to fulfilling requirements of the regs. Recommendations included in the paper included amending the regs.

The proposed amendments were presented and approved by the Commission at the August Commission meeting. Ms. Yeroshek reviewed the process for submitting public comment:

- Public comment can be submitted in person to the Commission during the public comment period of the Commission meeting on September 28, 2017.
   Alternatively, comments can be submitted in writing via email or through mail delivery services.
- All public comments must be received by September 28, 2017

Ms. Yeroshek provided a review of all materials provided to the Committee and noted the following:

• In the copy of the proposed amendments, all language with a strikethrough is proposed to be deleted. All underlined text is proposed new text.

- Initial Statement of Reasons (ISOR) outlines all changes and justifications.
- Both the PEI and the INN regulations are the same; they are just separate documents.

Ms. Yeroshek encouraged the Committee to send all comments in writing to ensure receipt as time may be limited during the public comment period during the hearing at the September Commission meeting.

The public comment period for the proposed amendments is 45 days. That period will end on September 28.

Ms. Yeroshek shared that written comments will not be read at the Commission meeting, but every single comment will be presented in writing along with staff recommendations regarding each and every comment, suggestion, change etc. The document will be publically available.

Staff will compile all public comments received through the September 28 deadline and incorporate into a master document with staff responses to be presented to the Commission at either the October or November 2017 meeting.

If the Commission approves any of the suggested changes and/or amendments, a new period of public comment will open for 15 days. This will be only for the new round of changes.

After the process is complete and no additional changes are made, the Commission will vote on new amendments and will vote to adopt the new regulations. After that, staff will submit changes and a final statement of changes to the Office of Administrative Law (OAL). The OAL will review to ensure all processes were followed.

Upon approval by the OAL, the regs will go into effect in either April or July depending on when the regs are submitted to OAL.

#### Discussion included:

- Whether the OAL had its own 45 day public comment period. Ms. Yeroshek confirmed that OAL does not have a separate 45 day period for review and comment. They only review the regs and the process undertaken by the OAC to amend the regulations, including public comment, documentation, etc.
- Changes regarding due dates came from feedback that encouraged alignment with fiscal year and not calendar year.
- Clarity around referrals from the county are referrals that are made for treatment purposes to programs funded and administered by county mental health.
- Change in definition of referral and what constitutes a referral; not just a resource list.

Demographic on child/youth only to collected by the extent to what is permissible under law and code; feedback to be more explicit; not to interfere with privacy laws

Clarification on threshold of age with regard to certain information not being collected for minors under 12; based on laws that establish 12 as the threshold.

Regs will allow for counties with populations under 100K to combine all demographic reporting for PEI programs instead of separating into individual program.

Options for counties with population of less than 100K to opt out of access and linkage programs; counties can also combine and integrate PEI programs (current standalone program requirement can be difficult); counties do not have to combine, but this change will give them flexibility.

All carve outs are for counties with populations under 100K

Consideration that legal terms can be difficult to understand and do not reflect recovery based language

Comments previously submitted regarding requests that original language be amended to something more helpful for clients/consumers

With regard to integration of healthcare, what is the method for transparency regarding integration of PEI programs. Ms. Yeroshek reviewed that the regs have specific language regarding the development of the 3 year plans through the Community Planning Process (CPP) and fidelity to that practice and process. The annual updates are to address evaluations and to determine if programs were successful based on measures of the 7 negative outcomes.

Public has access to plans and updates but the OAC and DHCS have challenges in posting because the documents may contain personal information that may identify individuals within the counties.

## **Agenda Item 5: General Committee Updates**

The Committee reviewed upcoming dates and activities including the upcoming Criminal Justice and Mental Health subcommittee meeting and the release of the project paper, the Commission meeting on September 28, and the Community Forum scheduled for October 28 in Los Angeles.

## **Adjournment**

Meeting adjourned at 12:00pm