

## Cultural and Linguistic Competency Committee Meeting Minutes Date: Wednesday, September 13, 2017 | Time: 1:00pm-3:30pm

## MHSOAC Office 1325 J Street, Suite 1700, Sacramento, CA 95814 Darrell Steinberg Conference Room

#### \*\*DRAFT\*\*

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Committee Members:	Staff:	Other Attendees:
Commissioner Aslami-Tamplen	Angela Brand	John Aguirre
Herman DeBose	Katherine Elliot*	Dana Barber*
Kim Diggles	Kayla Landry	Katherine Ferry*
Michael Helmick	Tom Orrock	Pete LaFollette
Elisa Jimenez	Cody Scott	Laura Leonelli
JoAnn Johnson	Filomena Yersohek	Stacie Hiramoto
Kalima Llyas*		Richard Krzyzanowski
Rita Mehia		Mandy Taylor
Elaine Peng		Gerald White
Miriam Vega*		
Poshi Walker		

<sup>\*</sup>Participation by phone

Committee members absent: Commissioner Reneeta Anthony, Tando Goduka, Leslie Hillenbrand, Kali Patterson, Hector Ramirez, Edward Soto

## Welcome/Introductions

Commissioner Aslami-Tamplen, Committee Chair, called the meeting to order and welcomed everyone. Introductions were provided by all present in the room as well as on the phone.

## Agenda Item 1: Adoption of the Meeting Minutes

The Committee reviewed the minutes and noted a typo in that the minutes were from the July meeting, not the May meeting.

Poshi Walker made a motion to approve the minutes with the minor correction as noted. The motion was seconded by JoAnn Johnson and the minutes were approved by the Committee.

*Vote recorded with participating members as follows:* 

• <u>Approve</u>: Commissioner Aslami-Tample, Kimberly Diggles, Elisa Jimenez, JoAnn Johnson, Elaine Peng, Miriam Vega, and Poshi Walker

• Abstain: Herman DeBose

# Agenda Item 2: Proposed Amendments to the Prevention and Early Intervention (PEI) and Innovation (INN) Regulations (Regs)

Filomena Yeroshek, MHSOAC Chief Counsel provided the Committee with an overview of the regulations process including the development of the regulations and the public feedback received. As part of the implementation process, the Commission created a subcommittee to address challenges in implementation of the regs. This included meetings throughout California to gather feedback on the challenges as well as to identify possible solutions. In response, the subcommittee drafted a report for adoption by the Commission regarding the barriers faced by counties with regard to fulfilling requirements of the regs. Recommendations included in the paper included amending the regs.

The proposed amendments were presented to and approved by the Commission at the August 2017 Commission meeting. Ms. Yeroshek reviewed the process for submitting public comment:

- The public comment period opened on August 11. Proposed amendments and documents were posted in the registry of regulations.
- Public comment can be submitted in person to the Commission during the public comment period of the Commission meeting on September 28, 2017.
  Alternatively, comments can be submitted in writing via email or through mail delivery services.
- All public comments must be received by September 28, 2017

Ms. Yeroshek provided a review of all materials provided to the Committee and noted the following:

- In the copy of the proposed amendments, all language with a strikethrough is proposed to be deleted. All underlined text is proposed new text.
- Initial Statement of Reasons (ISOR) outlines all changes and justifications.
- Both the PEI and the INN regulations are the same; they are just separate documents.

Ms. Yeroshek encouraged the Committee to send all comments in writing to ensure receipt as time may be limited during the public comment period during the hearing at the September Commission meeting. After the public hearing, individuals can only provide written public comment submitted via email or regular mail

Commission will respond in writing to all oral and written comments; staff will collect, catalogue and respond to all public comments received and present to the Commission at either the October or November Commission meeting. The Commission will review all public comments and staff recommendations and will

consider what to accept and what changes will be made. At that point, the changes will go back out for public review and comment for 15 days.

Committee discussion included:

Clarification if comments and discussion at the Committee meeting would be considered public comment. Ms. Yeroshek clarified that the discussion would not be considered public comment and encouraged Committee members to submit all comments in writing to the OAC.

Review of Initial Statement of Reason (ISOR) as the rationale for all changes including substantive and non-substantive changes.

Clarification that when regs go into effect will depend on when all documents are approved by the Office of Administrative Law (OAL).

Review of the proposed amendments including clarification that language with strikethrough is recommended for removal and underlined language is new.

Consideration of expansion of African populations; not just African America or Egyptian or Nigerian

Consider older adults 75yrs+

Guidance was provide that if individuals have requested changes in the language that it should include specific suggestions for new language, be proactive and propose language and specific suggestions for a better chance of adoption.

Noted concern with allowing exceptions for counties for requirements that may be difficult but not impossible.

Consideration of intersection of queer and transgender children who are also children of color

Clarification on why regulations do not require data collection for children under 12.

Consideration that there is stigma and just because people are uncomfortable doesn't mean data shouldn't be collected or sensitive questions not asked; practices should not perpetuate effects of the stigma.

Rural county challenges are more often around collection of gender identity and sexual orientation data collection.

How to support organizations to collect as much information through consistent and ongoing training to staff on how to ask questions, how to collect and document information and to better support staff to ask questions.

Subcommittee report included recommendations to develop learning collaboratives and training for counties and providers. The regs require counties to ask data collection questions, but individuals do not have answer.

Consideration that for some communities, there is a challenge with applicability of evidence based programs (EBP). Ms. Yeroshek clarified that the goal of PEI is to provide mechanism to expand programs outside of EBP.

Efforts should protect young queer kids who need mental health care in unsafe situations; prior to 12 parents have access to records and can see everything; disclosures can be dangerous and threatening for children at home.

Clarification that designation of small county as under 100,000 is from the CBHDA definition.

Commissioner Aslami-Tamplen noted the regs are still a work in progress; Commission is still making shifts and looking at what is working in the counties.

### **Agenda Item 3: Charter Activity Planning | Commission Training**

Commissioner Aslami-Tamplen began the discussion by reviewing the prior meeting prioritization of a Commission training as the first charter activity for the CLCC. The group would be discussing what communities should be considered for the training and next steps with regard to forming a workgroup that would support the development of the training and identification of materials.

Trainings to be offered to the Commission as directed by the CLCC Charter. OAC staff is looking at resources for recording the training to be used as a reference and archived and/or disseminated to a wider community.

Prior trainings have been on employment, transgender youth, and transition age youth (TAY). While the Committee would not have to choose only one training, members could consider prioritizing one community for the first training and identifying additional topics for follow up trainings.

### Discussion included:

- Consideration of training on DACA, including community trauma associated with DACA and the current political climate, the community experience, students engaging with community supports.
- Clarification on how immigrant population was selected as a possible topic; Commission Aslami-Tamplen noted that it was chosen by prior committee cycle and would be subject to approval by the current committee.
- Consideration of the difference different between immigrant, refugee, and undocumented populations.
- Use of training videos as a community resource.
- How to use training efforts to acknowledge disproportionate numbers of African Americans in jails and hospitals.

- Do not limit training to OAC; consider including Office of Health Equity (OHE) and the California Mental Health Planning Council (CMHPC) and other interested entities and agencies.
- Identification of individuals and agencies that may have resources and trainings already developed around populations.
- Consideration of impact of early onset psychosis in immigrant youth as a result of trauma and stress.
- How to use training to improve situation, how to help communities, and use training to address disparities in access to care.
- Inclusion of historical trauma, displacement, and other multiple forms of trauma; how to address PTSD as a result of trauma of coming to US and how it ties into early psychosis.
- Clarification that there is a difference between PTSD and other types of trauma; differentiate as PTSD has own specific symptomology; an individual may have trauma and not have PTSD.
- Address regression of community members afraid to come out given current climate of immigration and racism.
- Consideration of effects of institutional racism on society; effects of the increased visibility and profile of the alt-right; consider how conversations about DACA are a reflection of current climate of racism. How to address the pervasive nature of racism and the effects as it realtes to those who need and are seeking mental health services.
- How to address institutional racism and inappropriately served communities and provide feedback and information to the Commission to foster understanding and support and how to use the conversation to influence policy and legislation.
- Consider a training on institutional racism in the mental health system; how to think through training that will also address needs within law enforcement and other first responders that work with mental health clients to avoid mistreatment that can occur as a result of racism and bias.

Commissioner Aslami-Tamplen confirmed group consensus to prioritize training to the Commission on immigrant, refugee, and undocumented populations. The second training efforts will focus on the impacts of institutional racism with regard to mental health and mental health systems.

Workgroup participants to include Michael, Mandy, Rita, Poshi, Elisa, Herman. Workgroups will also be open to the public, subject to Bagley Keane.

The first workgroup meeting will establish timeline, identification of materials and organizations, training framework, next steps, and action items.

## **Agenda Item 4: General Committee**

The Committee reviewed upcoming dates and activities including the upcoming Criminal Justice and Mental Health subcommittee meeting and the release of the project paper, the Commission meeting on September 28, and the Community Forum scheduled for October 28 in Los Angeles.

## **Adjournment**

Meeting adjourned at 3:30pm