

## **Suicide Prevention Subcommittee**

## Site Visit Agenda

Friday, March 16, 2018 9:00 AM – 12:00 PM

TOPIC	TIME
Site Visit: Shasta County Health and Human Services Agency (HHSA) 2615 Breslauer Way, Redding	9:00 am
HHSA Director Donnell Ewert, Adult Services Branch Director Dean True, Children's Services Branch Director Dianna Wagner, and Public Health Branch Director Terri Fields Hosler will discuss how the Health and Human Services Agency works to prevent suicide in a rural community. A <i>Brave Faces</i> speaker who survived a suicide attempt will share his/her story.	
Site Visit: Redding Rancheria Tribal Health Center 1441 Liberty Street, Redding	10:00 am
Kara Russell, Behavioral Health Director, and Kathy Waurig, Health Operations Director, will discuss how the center approaches mental wellness and suicide prevention to support Tribal community members.	
Site Visit: The C.A.R.E. Center 1401 Gold Street, Redding	11:00 am
Site Manager Amy McCune will give a tour and describe how this Mental Health Services Act-funded project improves access to services for underserved clients, reduces mental health crises, bridges service gaps, and connects people with needed resources. The drop-in mental health crisis center provides peer support, education groups, pre-crisis and emergent crisis access to mental health professionals, case management and more. Together, these services help people in varying stages of crisis, including those who are experiencing suicidal ideation. Susan Power, President of Shasta County NAMI will share her perspective as a loss survivor and describe how families can support suicide prevention efforts.	
Break for lunch	12:00 pm

All meeting times are approximate and subject to change. Agenda items may be taken out of order to accommodate speakers. Pursuant to the Americans with Disabilities Act, individuals who, because of a disability, need special assistance to attend or participate in a Mental Health Services Oversight and Accountability Commission or Committee Meeting may request assistance at the Commission office, 1325 J Street, Suite 1700, Sacramento, CA 95814, by calling 916-445-8696, or by emailing the MHSOAC at mhsoac@mhsoac.ca.gov. Requests should be made one week in advance whenever possible. To accommodate people with chemical sensitivity, please do not wear heavily scented products to MHSOAC meetings.



## Suicide Prevention Subcommittee Meeting Agenda

Friday, March 16, 2018 1:00 PM – 4:00 PM The McConnell Foundation

800 Shasta View Dr, Redding, California

Call-in Number: 866-508-0938; Code: 1765491 (Listen-in Only)

TOPIC	TIME
Welcome from The McConnell Foundation	1:00 pm
Introductions and Site Visit Report Out	1:10 pm
Subcommittee Members: Commissioner Tina Wooton (Chair), Commissioner Khatera Aslami-Tamplen and Commissioner Mara Madrigal-Weiss	
Project Staff Lead: Ashley Mills, MHSOAC Senior Researcher	
Project Overview and Meeting Goals	
Attendee Introductions	
Site Visit Report Out	
Presentation with Q & A: Survivor Story   Rhonda Marglon, survivor of suicide loss and grief group facilitator	1:30 pm
Presentation with Q & A: Suicide Prevention in Shasta County   Presented by Amy Sturgeon, Community Education Specialist, Suicide Prevention, Shasta County	1:45 pm
Open Public Discussion: Suicide Prevention in Rural Communities   Challenges and potential solutions to preventing suicide and suicide attempts, and improving outcomes for survivors of suicide attempts and their families	2:30 pm
Next Steps	3:45 pm
Adjourn	4:00 pm

All meeting times are approximate and subject to change. Agenda items may be taken out of order to accommodate speakers. Pursuant to the Americans with Disabilities Act, individuals who, because of a disability, need special assistance to attend or participate in a Mental Health Services Oversight and Accountability Commission or Committee Meeting may request assistance at the Commission office, 1325 J Street, Suite 1700, Sacramento, CA 95814, by calling 916-445-8696, or by emailing the MHSOAC at mhsoac@mhsoac.ca.gov. Requests should be made one week in advance whenever possible. To accommodate people with chemical sensitivity, please do not wear heavily scented products to MHSOAC meetings.