

Biographical Sketch

A. Jonathan Porteus, PhD

Chief Executive Officer

Education: PhD Clinical Psychology

Certifications: Licensed Clinical Psychologist (CA, NY). Registered Addiction Specialist (RAS)

A Licensed Clinical Psychologist and Addictionologist, Dr. Porteus has extensive experience in health and behavioral health integration, evidence-based practice and clinical research and evaluation. He also has extensive experience in program development, including outpatient, residential, and systems-level interventions (e.g. creation of trauma-informed initial assessment for NY State Office of Mental Health psychiatric facilities). His clinical practice includes addiction and compulsive behavior, trauma practice, integrated behavioral health, primary care, and behavioral health treatment across all levels care. As a trainer, Dr. Porteus has conducted training in Motivational Interviewing, behavioral interventions around compulsive behavior, PTSD, complex trauma, and co-occurring disorders treatment and built the Outpatient Drug Treatment system for the Republic of Vietnam.

Dr. Porteus brings unique perspectives to the understanding of addiction, health care, supply and demand reduction, and our current opioid epidemic. He began his work with WellSpace Health as Clinical Director in 2002. He has been Chief Executive Officer since 1/1/11 and has received accolades for his systems integration work bringing a 'blanket of care' comprised of a network of Federally Qualified Community Health Centers to a region with a historically tattered 'safety net.' In his tenure as CEO, Dr. Porteus has overseen a ten-fold expansion of the patient population (5,000-70,000 persons served in the FQHC CHCs) across multiple regional Health Centers.

Board and Professional Appointments

- Chair, Continuum of Care Advisory Board
- President. Central Valley Health Network, CA
- President. Capitol Health Network, Sacramento CA
- Chair, California Primary Care Association, Behavioral Health Workgroup, Sacramento CA
- Chief Executive Officer. WellSpace Health (formerly The Effort, Inc.) Sacramento, CA
- Executive/Clinical Director. The Effort, Inc. Sacramento, CA
- Director of Clinical Research and Evaluation - Daytop Village, Inc. New York, N.Y.
- Director, Compulsive Behavior Program- The New York Center for Neuropsychology and Forensic Behavioral Science. Brooklyn Heights, NY
- Member, Sacramento County Managed Medi-Cal Advisory Board
- Member, Sacramento County Managed Denti-Cal Advisory Board

Teaching & Training Appointments

- Faculty. California NorthState School of Medicine. Sacramento CA
- Faculty. Peace Officer Standards and Training (POST) Academy. State of California
- Tenured Assistant Professor, College of Education- Department of Counselor Education. California State University, Sacramento. Sacramento CA
- Adjunct Professor-Master's Program in Psychology. Gordon F. Derner Institute of Advanced Psychological Studies. Adelphi University: Garden City and Manhattan Campuses, NY
- International Trainer/Consultant. United Nations. Drug Control Programme-Development and implementation of community-based drug treatment system for the Republic of Vietnam.
- Consultant to Office of Multicultural Affairs, State of Maine – role of trauma in difficulties associated with secondary Somali migration to Lewiston, Maine.

Biographical Sketch

Liseanne Wick, MS, D.Min.

Director, WellSpace Health Suicide Prevention Program

Education: Doctorate in Ministry, Masters in Counseling

A nationally known expert in the field of suicide prevention, Liseanne has extensive experience in the field of suicidology, behavioral health, and child abuse prevention. As a trainer, she provides expertise on suicide-related issues including prevention, intervention, and postvention to groups, individuals, groups, clinicians, agencies, local law enforcement, faith-based communities, and more recently serving as a Subject Matter Expert on suicide for POST training for dispatchers statewide.

While previously serving as Regional Coordinator for Healthy Start Family Resource Centers in Calaveras County, she also volunteered her time as a Crisis Line Counselor at WellSpace Health 14 years ago, and was promoted ultimately to Director of the Suicide Prevention Program where she continues to serve, inspire, and lead. She also understands the trauma of suicide loss, having lost a brother to suicide. She is passionate and creative in her approaches to suicide prevention, seeking to develop innovative ways to reach individuals in mental health crisis and preserve lives in CA.

WellSpace Health

Achieving regional health through high quality comprehensive care.



A. Jonathan Porteus, PhD

CEO

Liseanne Wick, MS, D.Min

Director

About WellSpace Health



Connections

Regional population health

Access to prevention services





Suicide Prevention & Crisis Services

- **Celebrating 50 years of experience** providing professional expertise and 24hr Suicide Prevention Crisis Line services in CA
 - Nationally Accredited (*American Association of Suicidology*)
- Regional provider for the National Suicide Prevention Lifeline #'s and
 - local Suicide Prevention Crisis Line
 - Maternal Support Line
 - Parent Support Line
 - Crisis Chat & Crisis Texting – text HOPE to 916.668.iCAN or go to:
www.suicideprevention.wellspacehealth.org



Suicide Prevention & Crisis Services

- **Support for Survivors of Suicide Loss-**
follow up calls, materials, crisis response, consultation
- **Emergency Department Follow Up program** - *(attempt or ideation-post discharge)*
- **Outreach materials-** *Posters, wallet cards, magnets, brochures, stat/fact sheets*
- **Trainings-** *Suicide prevention, Assessment skills, Crisis Intervention, ASIST*



Innovative Hospital Connections

EMERGENCY DEPARTMENT FOLLOW UP suicide prevention program

- Established 2010 – following suicide crisis in local ED & bridging a large gap in services
- Currently partnering with Emergency Departments in 4 counties.
- Utilizes evidence-based and Best Practices in suicide prevention, intervention, postvention
- Referrals are as simple as a one-page faxed consent form
- First contact within 24 hours of discharge – risk assessment, monitoring, safety planning, emotional support, resource linkages, 24hr access to SPCL crisis counselors
- Outstanding outcomes during a high risk period for re-attempt/re-admits
- Helped set a model for other crisis centers to follow nationally
- Presented at 3 national conferences



Innovative Primary Care Connections

Primary Care Follow Up Suicide Prevention program (PCFU)

- Established 2016 at WellSpace Health- *moving upstream to known risk*
- Initiated via PHQ-9 screening in our Primary Care Health Centers
- Integrated Behavioral Health-based approach
- Simple one-click specialty referral through electronic health records system to WellSpace Health's 24hr Crisis Lines
- Patient receives 30 days of 24hr evidence-based expert follow up, risk monitoring, emotional support, resource linkage, and safety planning.



Innovative Research Connections

UCDavis Medical Center Primary Care Randomized Controlled Trial- *Men And Providers Preventing Suicide (MAPS) study*

- Again moving upstream from emergency departments to where the individuals at known risk are
- Screens middle aged males seen by UCDavis Primary Care providers (76) for depression and suicidality within the last 4 weeks and provides interventions and follow up.
- 3 year Study funded by CDC
- Collaboration with WellSpace Health Suicide Prevention Crisis Line for 24hr access and *warm transfers of trial participants in suicidal crisis for additional support, intervention, resources, and follow up calls.*
 - Connection with WellSpace Health's Suicide Prevention Crisis Center adds a vital layer of content expertise to the study
 - Innovative Research connects participants and creates a seamless care transition in the midst of suicidal crisis.

<https://clinicaltrials.gov/ct2/show/NCT02986113>



Innovative Law Enforcement Connections

- **POST Academy statewide suicide prevention training for peace officers and 911 dispatchers**
 - Collaborated as subject matter expert (SME) on suicide
 - Multi-media training for dispatchers and peace officers throughout CA
 - Helping officers and dispatchers to have better understanding and preparation for suicidal callers
 - Training to be released soon!



Innovative Rural Connections

- **SPARC (Suicide Prevention and Rural Counties Intervention)**
- Engages Crisis Center (WellSpace Health) with first responders on suicide-related calls or 5150's (local law enforcement) to address a large gap in response/service.
 - Referrals faxed (one-page consent) (5150's and those who don't meet criteria also)
 - Contact within 24hours from Crisis Center Counselors for up to 30 days of follow up by phone (risk assessment, monitoring, safety plan, resources, empathic support)





WELLSPACE
— HEALTH —

Comprehensive care since 1953

Crisis Center Connections

- CA Network of Suicide Prevention Crisis Centers
 - Benefits Crisis Centers, state, counties, individuals, families
 - Consistency among centers, yet unique
 - Adherence to national standards & best practices
 - National Accreditation
 - Backup
 - Advocacy



WELLSPACE
— **HEALTH** —

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Questions & Comments?

WellSpace Health

916.737.5555

For more information contact:

Liseanne Wick, MS, D.Min.

Director

Suicide Prevention & Crisis Services

916.368.3118 or lwick@wellspacehealth.org

