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**March 28, 2019**  
**PowerPoint Presentations and Handouts**

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# Eastern Sierra Strengths-Based Learning Collaborative

MONO COUNTY | FY 18-19 | INNOVATION PLAN EXTENSION REQUEST

Robin K. Roberts, MFT | Rick Goscha, PhD



# Overview of Original INN Plan

## ▶ Need

- ▶ To create and sustain transformative strengths-based systems change, Mono County providers need an intensive learning opportunity; however, travel is too far to send all providers to an off-site training and on-site training is too expensive for one tiny county

## ▶ Program Goal

- ▶ Contribute to learning and meet local professional development needs by creating a cross-county learning collaborative for behavioral health staff and community partners

## ▶ Solution

- ▶ Partner with Alpine and Inyo Counties to create a strengths-based learning collaborative
- ▶ Bring instructors from CIBHS to the Eastern Sierra (rotating between the 3 counties) for 9 learning sessions
- ▶ Contribute to learning by creating a template for cross-county collaboration, a lessons learned factsheet, and a feasibility checklist

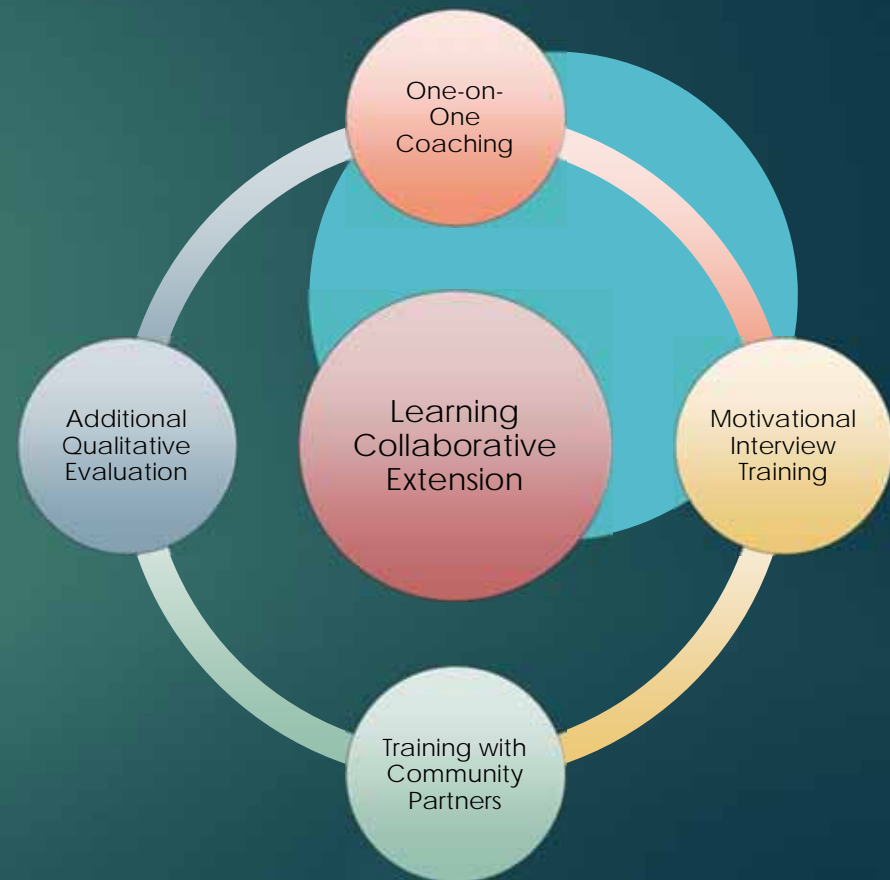
## ▶ Funding & Timeframe

- ▶ Original: \$259,049 over 24 months
- ▶ Extension: Additional \$84,935 over 28 total months



# The Need for INN Extension

- ▶ Implementation of the Strengths Model took longer than expected
  - ▶ Strengths Model Champions
  - ▶ One-on-One Coaching
- ▶ Identified need for additional skill development
  - ▶ Motivational Interviewing
- ▶ Challenges for community partners to travel to trainings in Inyo and Alpine
  - ▶ Bring facilitators to Mono for partner training
- ▶ **This extension will provide a boost to the long-term sustainability of this project**



# Evaluation Components

## Status of Existing Evaluation

- ▶ Measuring all implementation activities to create a “toolkit” that outlines our learning around:
  - ▶ Facilitating cross-county and inter-agency collaboration
  - ▶ The factors that serve as facilitators or barriers to cross-county collaboration
  - ▶ The benefits of such a collaboration in remote, rural environments

## Additional Learning Questions

- ▶ How will community partners benefit from in-person, tailored training?
- ▶ Will additional MI training and one-on-one coaching help build staff capacity in Mono County?
  - ▶ Additional funding for qualitative evaluation will help answer these learning questions and provide richer data on original learning questions

# Eastern Sierra Strengths-Based Learning Collaborative Budget

Expenditures	FY 17-18 Original	FY 18-19 Original	FY 19-20 Original	FY 18-19 Extension	FY 19-20 Extension	Total 28 Months
Personnel Costs: Salaries	\$56,754	\$75,672	\$18,918		\$29,935	\$181,279
Operating Costs: Indirect	\$8,513	\$11,351	\$2,838			\$22,702
Consultant Costs: Direct*	\$31,800	\$42,492	\$10,708	\$20,000	\$35,000	\$140,000
<b>Total Innovation Budget</b>	<b>\$97,067</b>	<b>\$129,515</b>	<b>\$32,464</b>	<b>\$20,000</b>	<b>\$64,935</b>	<b>\$343,981</b>

\*The consultant costs and salaries also include funds for the evaluation.

# Questions & Discussion



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## Proposed Motion:

THE COMMISSION APPROVES MONO COUNTY'S INNOVATION PROJECT, AS FOLLOWS:

**NAME:** EASTERN SIERRA STRENGTHS-BASED LEARNING COLLABORATIVE (ESSBLC)

**ADDITIONAL AMOUNT:** \$84,935 FOR A TOTAL INN PROJECT BUDGET OF \$343,981

**ADDITIONAL PROJECT LENGTH:** (4) MONTHS FOR A TOTAL PROJECT DURATION OF (28) MONTHS.







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## MHSA Innovation Extension Request: San Mateo County Pride Center

MHSOAC Meeting – March 28, 2019



# Overview

1. The Need
2. Proposed Innovation
3. Accomplishments To-Date
4. Learning Goals and Evaluation Findings
5. Extension Request and Budget
6. Sustainability



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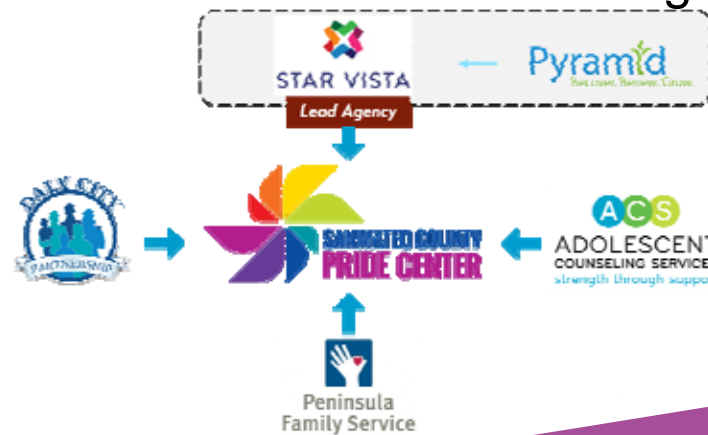
# The need

- LGBTQ+ Community 3x more likely to experience a mental health condition
- Suicide is the 2nd leading cause of death for LGBTQ+ individuals aged 10-24 and over 40% of Transgender Adults have attempted suicide
- Increased substance abuse, homelessness, social isolation, bullying, harassment, and discrimination
- Historical trauma, shame, and stigma



# Innovation – The Pride Center

- There is no prior model of a **coordinated service approach** across behavioral health clinical services, psycho-educational and community/social supports and training, including capacity building and resources for the LGBTQ+ community.
- The Pride Center is a formal **collaboration** of community-based organizations with StarVista as the lead agency



# Accomplishments



- Handout – programming and community engagement
- Over 2,500 individuals served through FY17-18
- 1,011 individuals accessed programs on site
  - 15% accessed therapy services
  - 4% used case management services
- Over two-thirds identify as LGBTQ+
- Most are ages 16-59
- Over half are people of color or multiracial
- 5 in 6 are below County's median household income

# Learning Goals & Evaluation

#1 Does the coordinated service approach improve **service delivery**?

*"In the past when I needed mental health services, I needed to find someone supportive and understanding of what I was feeling...I would have felt much safer [at the Pride Center]."*

—Youth participant

*"It's a one-stop shop...[which is important] when you're homeless and have to get everywhere on foot. There's only so many places you can go in a day."*

—Adult participant

#2 Does the Pride Center improve **access** to behavioral health services?

*"I've been involved in a lot of LGBTQ organizations... focused on a particular issue. This [Center] brings it all together."*

—Older adult participant

*"When I went to cisgender, heteronormative therapists... They didn't get it. The [therapists] here understand it on the inside."*

—Adult participant

- Handout – Evaluation Overview



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# Extension Request

- Added value – Extension Goals
  1. Strengthen internal and external **collaboration efforts**.
  2. Measure **clinical outcomes** of clients with severe mental illness.
  3. Develop a **replicable best practice model** to share statewide and nationally.
- Requesting a two-year extension in the amount of \$1,550,000
  - Services Contract: \$1,400,000
    - \$700,000 for FY 19/20
    - \$700,000 for FY 20/21
  - Evaluation Contract: \$150,000
    - \$75,000 for FY 19/20
    - \$75,000 for FY 20/21
  - Plus rollover \$220,000 of originally approved Innovation budget





# Sustainability



# Thank you!



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[smchealth.org/mhsa](http://smchealth.org/mhsa)  
[sanmateopride.org](http://sanmateopride.org)



[mhsa@smcgov.org](mailto:mhsa@smcgov.org)



Proposed Motion: The Commission approves San Mateo County's request for \$1,550,000 additional funding and extension of time as follows:

Name: LGBTQ Behavioral Health Coordinated Services (The Pride Center)

Additional Amount: \$1,550,000 for a total INN project budget of \$3,750,000

Additional Project Length: Two years for a total project duration of five years



# Calendar of Commission Meeting Draft Agenda Items

Proposed 03/21/19

Agenda items and meeting locations are subject to change

## April 25: Anaheim, CA

- **Awarding of the Immigrant/Refugee Stakeholder Contracts**  
The Commission will consider awarding stakeholder contracts to five organizations in the amount of \$2,012,500 to the highest scoring applicants for the Immigrant and Refugee Stakeholder RFP.
- **Innovation Project: Butte County**  
The Commission will consider approval of Butte County's Center CARE (Collective Action for Resiliency and Education) Project. This project would address the lack of resources to support the mental health of young, developing children (infant to five-years old) in Butte County.
- **Legislative Priorities**  
The Commission will consider legislative priorities for the 2019 legislative session.
- **Strategic Planning Session**  
The Commission will continue its Strategic Planning process facilitated by Applied Survey Research. The Commission will engage in a facilitated discussion around results-based-planning, prioritizing, and identifying indicators for success.
- **Consent Calendar for Innovation:**  
The Commission will discuss inclusion of a consent calendar for future Innovation projects.
- **Executive Director Report Out**  
The Executive Director will report out on projects underway and other matters relating to the ongoing work of the Commission.

## May 23: TBD

- **Governor's May Budget Revise Update**  
The Commission will be presented with information regarding the impact of the Governor's May Revision on the Mental Health Services Act and community mental health.
- **Legislative Priorities**  
The Commission will consider legislative priorities for the 2019 legislative session.
- **Transition Age Youth RFP Outline**  
The Commission will consider approval of an outline for a Transition Age Youth RFP.
- **Innovation Projects**  
The Commission will consider approval of county Innovation plans.
- **Use of County Innovation Funds**  
The Commission staff will provide an overview of county uses of Innovation funds outside of Innovation approval.
- **Executive Director Report Out**  
The Executive Director will report out on projects underway and other matters relating to the ongoing work of the Commission.

## June: No Meeting

**No meeting planned for June**

# Calendar of Commission Meeting Draft Agenda Items

Proposed 03/21/19

Agenda items and meeting locations are subject to change

## July 25: TBD

- **Budget Overview**  
The Commission will consider approval of its Fiscal Year 2019-20 Operations Budget and will hear an update on expenditures.
- **Innovation Projects**  
The Commission will consider approval of county Innovation plans.
- **Legislative Priorities**  
The Commission will consider legislative priorities for the 2019 legislative session.
- **Executive Director Report Out**  
The Executive Director will report out on projects underway and other matters relating to the ongoing work of the Commission.
- **Awarding of the Transition Age Youth Stakeholder Contract**  
The Commission will consider awarding a stakeholder contract to in the amount of \$2,010,000 to the highest scoring applicants for the Transition Age Youth Stakeholder RFP.

## August 22: TBD

- **Legislative Priorities**  
The Commission will consider legislative priorities for the 2019 legislative session.
- **Innovation Projects**  
The Commission will consider approval of county Innovation plans.
- **Executive Director Report Out**  
The Executive Director will report out on projects underway and other matters relating to the ongoing work of the Commission.

## September 26: TBD

- **Suicide Prevention Strategic Plan**  
The Commission will be presented with the first read of the statewide Suicide Prevention Strategic Plan.
- **Legislative Priorities**  
The Commission will consider legislative priorities for the 2019 legislative session.
- **Innovation Projects**  
The Commission will consider approval of county Innovation plans.
- **Executive Director Report Out**  
The Executive Director will report out on projects underway and other matters relating to the ongoing work of the Commission.

# Calendar of Commission Meeting Draft Agenda Items

Proposed 03/21/19

Agenda items and meeting locations are subject to change

## October 24: San Diego, CA

- **Legislative Priorities**  
The Commission will consider legislative priorities for the 2019 legislative session.
- **Innovation Projects**  
The Commission will consider approval of county Innovation plans.
- **School Mental Health Policy Project**  
The Commission will be presented with the first read of the School Mental Health Policy Project findings.
- **Executive Director Report Out**  
The Executive Director will report out on projects underway and other matters relating to the ongoing work of the Commission.