



Youth Innovation Project Committee Meeting Minutes
Date: Saturday, March, 27 2019 | Time: 10:30am-2:30pm

Public Location, 333 Hegenberger Rd Ste 250, Oakland, CA 94621

****DRAFT****

Committee Members:	Staff:	Other Attendees:
Commission Chair Khatera Tamplen Celeste Walley Juan Acosta Kalyn Jones Amanda Simon Samskruthi Madireddy Michel'le Bailey Marisol Beas Kylene Hashimoto Irene Wei Courtney Potts* Gabriel Garcia Matthew Diep Carina Romero*	Sharmil Shah Anna Naify Elisa Bupara Angela Brand Shannon Tarter	Smitha Gundavajhala Zak Franet

*Participation by phone

Committee members absent: Jeanavy Perez, Megan Larson

Welcome/Introductions

Commission Chair Tamplen, called the meeting to order and welcomed everyone. Introductions were provided by all present in the room as well as on the phone.

Committee created a Community Agreement to encourage a supportive meeting environment: I will not act on my personal biases; I will support a non-judgmental space; I will understand both intention and impact; I will assume positive intention I will not yuck someone else's yum; My experiences, my words, and my thoughts are valid; I will approach other's differences with curiosity; I will throw glitter and not shade; I will respect other's first draft; I will let the stories stay and the lessons continue; Bad spellers are welcome!

Agenda Item 1: Orientation

OAC staff provided Committee members with information about the MHSOAC, MHSA, Innovation, travel reimbursements, and Bagley-Keene Open Meeting Law.

Agenda Item 2: Vision Setting/ Project Mapping

Commission Chair Tamplen, MHSOAC staff, and Committee members discussed project goals and next steps. Overview of project vision included:

- MHSOAC is currently partnered with the Born This Way Foundation to gather statewide data through a survey and focus groups to support the project
 - this will help inform the committee (with the addition of other data sources like the state of the community report, data recommended by Committee members)
- Using the data, Committee will identify 1-3 core challenges for this project to focus on.
- Committee will engage with contractor to support committee to prepare for Idea Lab by providing training on INN thinking in April.

Additional committee discussion on this topic included:

- Request for a list of MHSA coordinators
- Request for a list of existing innovation programs (specifically music related INN)
- Request for a discussion of youth empowerment programs
- Request for a discussion of how INN programs come to the Commission
- Request for communication for volunteers
- MHSOAC staff to look into a training on Community Planning Processes

Additional items discussed:

The Committee participated in an activity to imagine a viral news headline in 2050 about youth mental wellness. Results included the following themes: mental health disparities; crisis services; juvenile justice system; and integration of behavioral health and physical health. Specifics:

- Too many crisis units...too little crises
 - no more stereotypes
 - federal law for mandatory crisis units with schools hosting mental health days
 - Crisis unit act of 2030 brought mental health services into schools
 - in partnership with Kaiser Permanente
 - emphasis on public schools
- Data shows mental health disparities among youth no longer exist
 - increase in mental health professionals
 - increase in community awareness of available resources
 - integration of mental health in education system
 - increased awareness through social media
 - culturally competent services
 - stigma reduction, normalizing conversations about mental health
 - reduced costs of resources
 - state funding

- decrease requirements, expand coverage
- more inclusive services
- Historic Supreme Court Decision Abolishes the Juvenile Justice System
 - students and young people will receive mental health and rehabilitation services instead of being incarcerated
 - minors should not be charged as adults
 - The decision is supported by a collaboration between teachers/school officials, school psychologists, government and law enforcement, social workers and more
- Doctors, Dentists, Therapists-Oh My!
 - Doctors and Dentists are already normalized, why not therapists?
 - Funding is provided to schools so that they can provide mental health resources
 - Major health concerns have behavioral roots
- Social media uses artificial intelligence to track and analyze posts to identify mental health and provide resources

Items listed for future discussions

- challenges working with schools and other barriers
- understanding the mental health system
- request for fidget spinners at meetings
- hearts ladder of meaningful youth participation
- history of lack of inclusion of youth voice
- juvenile justice system
- opportunities to contact/work with local mental health systems/ learning how to do that/ committee can create a training
- what is realignment and how does it relate to mental health
- cross-funding streams for innovation and other youth projects
- what collaboration looks like under Bagley-Keene (especially: google and other online collaborative tools like google forms and doodle)
- Youth INN Committee, is there an opportunity to review upcoming county inn proposals and give feedback to report out to MHSOAC?
- Idea- county focus groups
- discussion of whether counties can blend public/private funding at project level-yes
- idea lab-promote collaboration
- add networking to future agenda
- discussion of how to plan for all counties

Adjourn

Meeting adjourned at 2:30pm