

-YOUTH-LED INNOVATION FOR CHANGE



May 10th 2019
Youth Leadership Institute



WELCOME & REMINDERS



Welcome!

- SO EXCITED TO BE HERE!

Reminders!

- Restrooms
-

INTRODUCTIONS

	Subject	Object	Pronoun	Pronunciation
Gender Binary	she	her	hers	as it looks
	he	him	his	as it looks
Gender Neutral	they*	them*	their*	as it looks
	ze	hir	hirs	zhee, here, heres
	ze	zir	zirs	zhee, zhere, zheres
	xe	xem	xyr	zhee, zhem, zhere

**used as singular*

- Name
 - Gender Pronouns
 - City/ County
 - Check-In Question: What emoji do you feel like this morning?
-

AGENDA FOR TODAY

- 11-11:05am: Welcome, Intros, Objectives, Community Agreements
 - 11:05-11:20am: Community Builder
 - 11:20-11:30am: Project Roadmap Review
 - 11:30-12pm: Review Findings and Recommendations
 - 12-12:30pm: Lunch + Q&A with Shasta County
 - 12:30-1:10pm: Communications Workshop
 - 1:10-1:20pm: Energizer
 - 1:20-1:40pm: Community Wheel Activity
 - 1:40-2:10pm: Intro to Power Mapping
 - 2:10-2:50pm: Committee Business, Next Steps, Evaluations
 - 2:50-3pm: Closing Activity
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HALF WAY TO THE GOAL



YES

GOALS

- Equip youth participants to think **innovatively and creatively** about addressing mental health issues facing youth in California in partnership with adult allies.
 - Prepare youth to **facilitate and lead a mental health innovation idea lab in 2019.**
-

COMMUNITY AGREEMENTS



- Have fun!
 - One mic, One Diva
 - Let's keep phones aside!
 - We are all culture keepers in this space
 - Keep a sense of humor
 - Be present
 - High five your neighbor
 - Additional ones??
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COMMUNITY BUILDER



The Ultimate Game

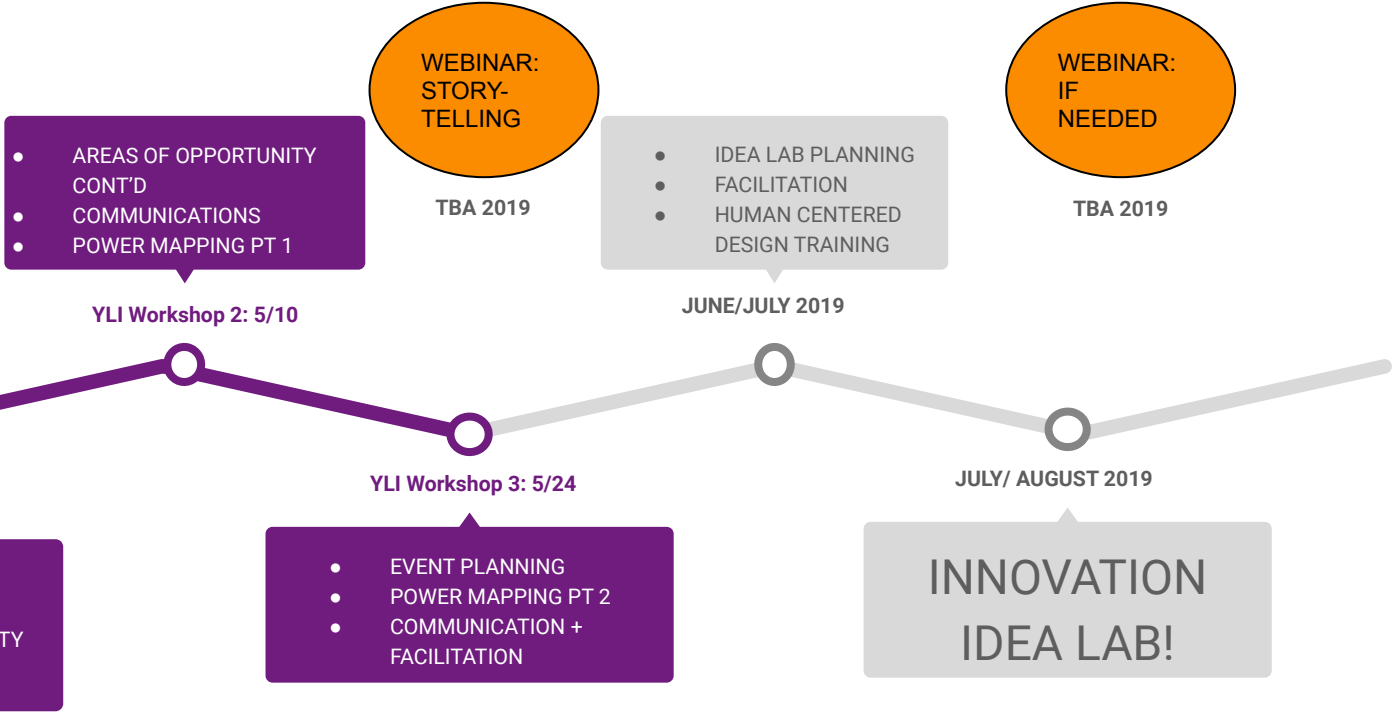
Two Teams (count of 1, 2)
Team Name

Write down **ONE** word that
comes to mind when you
hear the word innovation?

Round 1: Guess Word
Round 2: Charades
Round 3: One Word
Tie Round: Pictionary

we've got a
VOICE

YOUTH INNOVATION ROADMAP REVIEW



we've got a
VOICE

REFINING AREAS OF OPPORTUNITY PT 2

Let's take one more look at the data!



we've got a
VOICE

REFINING AREAS OF OPPORTUNITY PT 2

ROUND 1 (15 mins)

1. Review
2. Theme Finding In Groups
3
3. Narrowing to 3-5 areas of opportunity per group
 - a. Compile and Organize
4. Sharing



RECOMMENDED

ROUND 2 (survey)

1. Red Post It: FIRST CHOICE
 2. Green Post It: SECOND CHOICE
 3. Yellow Post It: THIRD CHOICE
-

LUNCH

COMMUNICATIONS: ELEVATOR PITCH

INNOVATION

WHAT'S OUR COMMON DEFINITION?



WHAT IS IT?

A brief, but persuasive speech to spark interest and to sell yourself, or in our case, the commission. It shouldn't be more than 20 to 30 seconds long - about the same time as an elevator ride.

- Who am I?
 - What do I do?
 - How do I do it?
 - Why do I do it?
 - Who do I do it for?
-

ENERGIZER



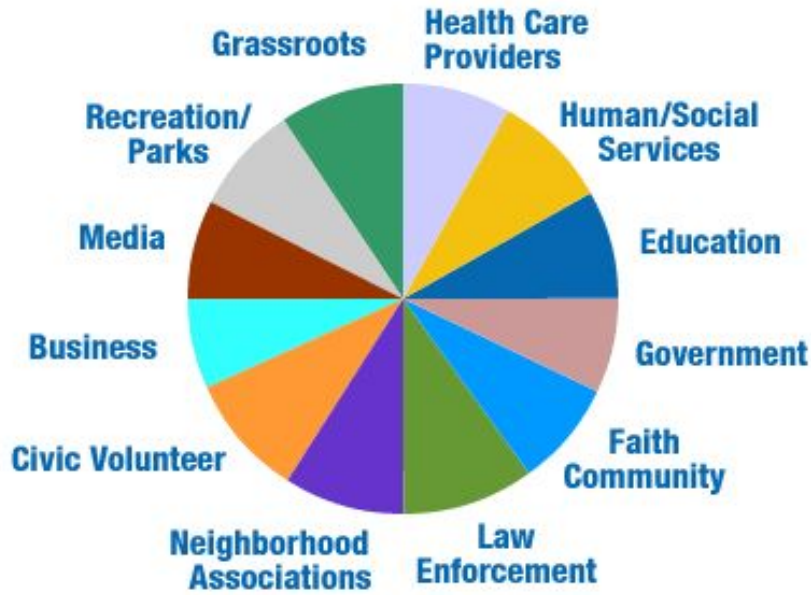
INTRO TO POWER MAPPING

All power mapping starts with a goal.

What is our end game for this Youth Innovation Project?

INNOVATION LAB

in Summer 2019



The Community Wheel

www.MarinInstitute.org

COMMUNITY WHEEL ACTIVITY

Which sectors are **ALWAYS** at the table?

Putting on our statewide representation hats on, which sectors **NEED** to be part of your conversations on mental health innovation?

Which sectors **have not been included/** are not being engaged?

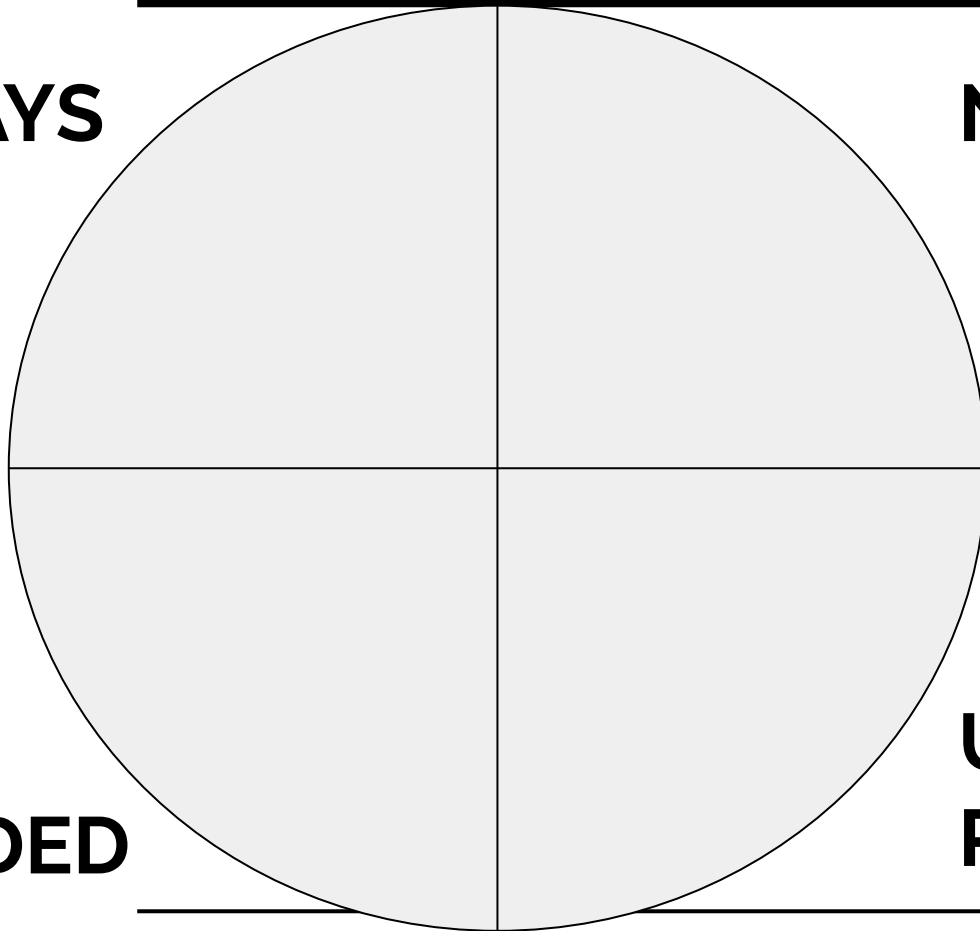
Who can be **unlikely partners** that can be part of the conversation?

ALWAYS

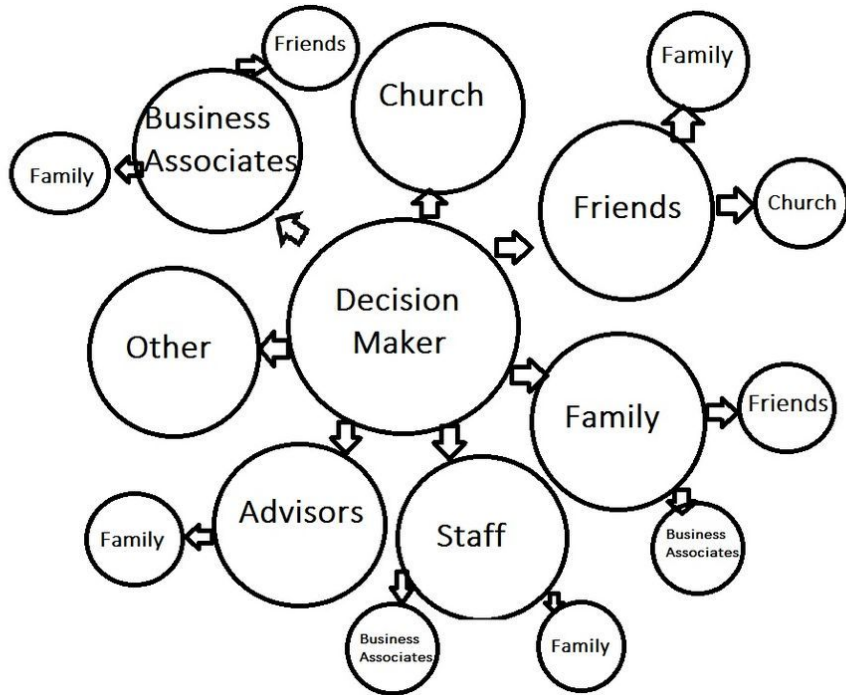
NEED

**NEVER
INCLUDED**

**UNLIKELY
PARTNERS**



WHO ARE THE DECISION MAKERS IN YOUR COUNTY?



1. ID Goal ✓
 2. Map Out Major Institutions (Community Wheel) ✓
 3. **Who are your decision makers and community leaders?**
 - a. Focus on your county leaders for this activity
 - b. Map out ALL possible stakeholders (use Community Wheel sectors as guide)
-

DIG DEEP + FIND PERSONAL TIES/ASSOCIATIONS TO DECISION MAKER



- Think of who you may know that may know a decision makers.
 - Do they have a history of supporting mental health efforts/ public health?
 - Do they carry a health equity lens in their positions?
 - Voting histories, passing resolutions, policies, etc.
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More tips and Influence Chart Next Time

If you are researching elected officials:
What did they do prior to elected office?
How could this have influenced their current positions/work? Do you see that influence in their positions as elected officials?
Who has endorsed them? Who has opposed them?
Who funded their campaigns?
What are the demographics of their district?
Who do they listen to from their district?
What are their positions (votes) on major issues/bills facing your jurisdiction?



NEXT STEPS

EVALUATIONS



<https://www.surveymonkey.com/r/YIPPC>

CLOSING

A

Aspire to do after this workshop

A

Accolade or acknowledgement for someone or something learned today

A

A-HA moment you had throughout the day
