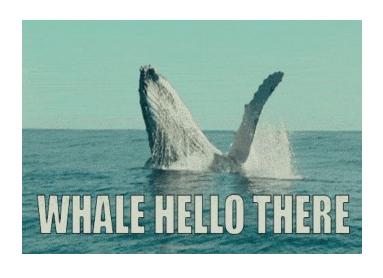
YOUTH-LED INNOVATION FOR CHANGE

May 24th 2019 Youth Leadership Institute



WELCOME & REMINDERS



Welcome!

SO EXCITED TO BE HERE!

Reminders!

Restrooms

INTRODUCTIONS

				Managara Managara
	Subject	Object	Pronoun	Pronunciation
Gender Binary	she	her	hers	as it looks
	he	him	his	as it looks
Gender Neutral	they*	them*	their*	as it looks
	ze	hir	hirs	zhee, here, heres
	ze	zir	zirs	zhee, zhere, zheres
	хе	xem	xyr	zhee, zhem, zhere
	*used as singular			

- Name
- Gender Pronouns
- City/ County
- Check-In Question: What emoji do you feel like this morning?

- 10:20-10:35am: Community Builder
- 10:35-10:50am: Project Roadmap
- 10:50-11:05am: Review SurveyMonkey Results on Areas of Opp
- 11:05-11:25pm: Community Wheel
- 11:25-12: Power Mapping Pt 1
- 12-12:30pm: Lunch + Moderated LA talk
- 12:30-1:15pm: Power Mapping Pt 2
- 1:15-2:15pm: Facilitation 101
- 2:15-2:20pm: Evaluation
- 2:20-2:50pm: Committee Business, Next Steps
- 2:50-3pm: Closing Activity

AGENDA FOR TODAY





GOALS

- Equip youth participants to think innovatively and creatively about addressing mental health issues facing youth in California in partnership with adult allies.
- Prepare youth to facilitate and lead a mental health innovation idea lab in 2019.

COMMUNITY AGREEMENTS



- Have fun!
- One mic, One Diva
- Let's keep phones aside!
- We are all culture keepers in this space
- Keep a sense of humor
- Be present
- High five your neighbor
- Additional ones??

COMMUNITY BUILDER



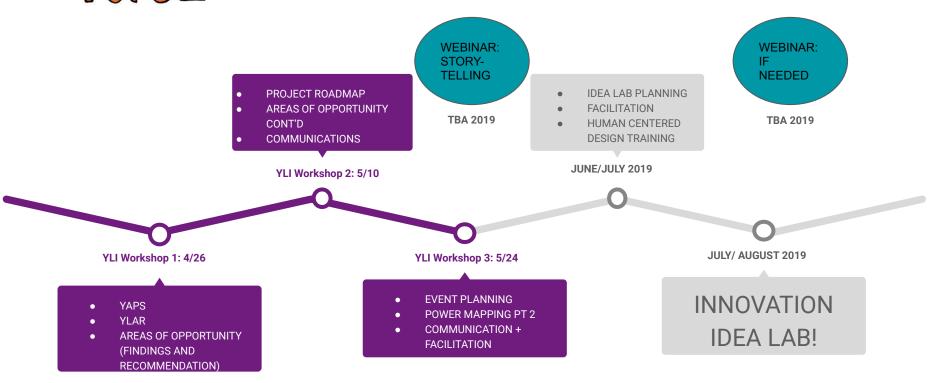
Entourage

Paper, Scissor, Rock

HYPE UP YOUR TEAM!

we've got a

YOUTH INNOVATION ROADMAP REVIEW



- YAPs
- YLAR
- AREAS of OPP

On April 26th, 2019, YLI partnered with the statewide Youth Innovation Project Planning Committee to facilitate a Youth-Led Innovation workshop to build capacity for innovative problem solving around mental health issues facing youth across the state. In the morning session, committee members explored the qualities of healthy and effective youth and adult partnerships and how those partnerships can lead to powerful change. Committee members also learned creative strategies (youth-led action research) for building and maintaining productive and equitable youth and adult partnerships to support their current project and future projects. In the afternoon, committee members examined and analyzed statewide **survey data** and developed findings and began the process of generating innovative recommendations to address mental health issues facing youth in California.

- PROJECT ROADMAP
- AREAS OF OPP
- COMMUNICATIONS

On May 10th, 2019, YLI partnered with the statewide Youth Innovation Project Planning Committee to facilitate a Youth-Led Innovation workshop to build capacity for innovative problem solving around mental health issues facing youth across the state. In the morning session, committee members reviewed the **project roadmap** and refined their findings and recommendations developed from statewide survey data and continued the process of generating innovative **areas of opportunity** to address mental health issues facing youth in California. In the afternoon, youth worked on their **'elevator pitch'** and practiced talking points around the committee's purpose and project. Committee members also had opportunities to explore and define 'innovation' in their own words. Youth defined innovation as:

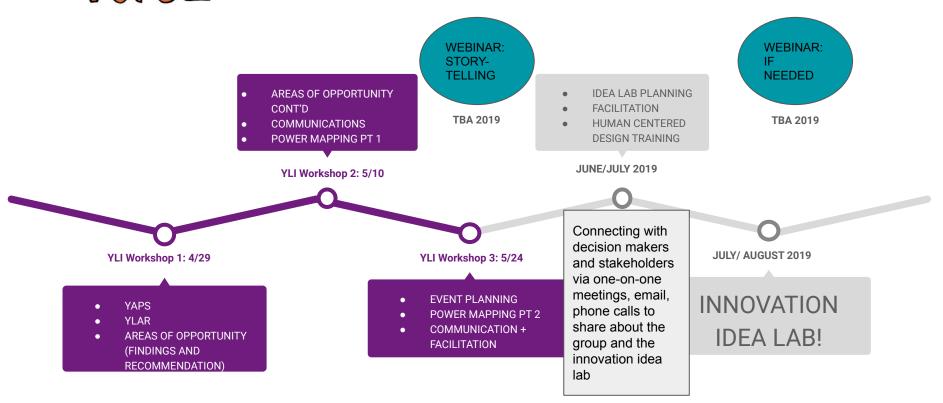
- representation and collaboration
- progress in community
- community ideas
- development of ideas and process
- Improving and introducing new approaches
- changing perspectives
- maintaining transparency and accountability

- AREAS OF OPP
- PROJECT
 ROADMAP REVIEW
- POWER MAPPING
- FACILITATION

On May 24th, we will review our current areas of opportunities with a focus on narrowing down to 1-2 areas of opportunities to highlight at the innovation idea lab in Summer 2019. We will develop our "guest list" through the community wheel activity and identify which decision makers have the power to move the needle on the areas of opportunities the committee has identified. Through **power mapping**, youth committee members will research community leaders, city electeds, and explore their relationships to community stakeholders in their own communities to invite and start building relationships with them. Additionally, youth committee members will gain basic **facilitation skills** in preparation for the innovation idea lab.

we've got a

YOUTH INNOVATION ROADMAP REVIEW



- PROJECT ROADMAP REVIEW
- IDEA LAB PLANNING
- HUMAN CENTERED DESIGN TRAINING

In June 2019, youth committee members will have solidified areas of opportunity in order to develop outreach materials for innovation idea lab. Through human centered design concepts, they will develop activities, an agenda, facilitation techniques, and expected outcomes for innovation idea lab. Through the power mapping outcomes, they will have a list of invites and would have connected with key community leaders and stakeholders to make the innovation idea lab a success.

INNOVATION IDEA LABS: PLANNING

- 1. Decide who to invite
 - a. who needs to be there? unlikely partners?
- 2. Choose a gathering location and venue
- 3. Create an agenda and design the meeting (HCD Training will help to support this piece)
 - a. What will we do and how? Who will do what?
- 4. Plan for logistics
 - a. Food, technology, supplies, etc.

WHAT IS AN INNOVATION IDFA LAB?

Diverse folks gathering to share their ideas, experiences, and expertise to solve problems together.



INNOVATION IDEA LABS

YLI Case Study:

Innovate for Good Project O Rose Foundation in Denver, CO

Key to a Successful Youth-Led Innovation Idea Lab:

- Defined issue/problem
- High-quality facilitation
- Diverse youth and stakeholder participation
- Fast moving and well planned
- Inspiring Venue and Space
 - lots natural light, room to move around, wall space, table space





REFINING AREAS OF OPPORTUNITY PT 2

Let's take a look at the SurveyMonkey data!





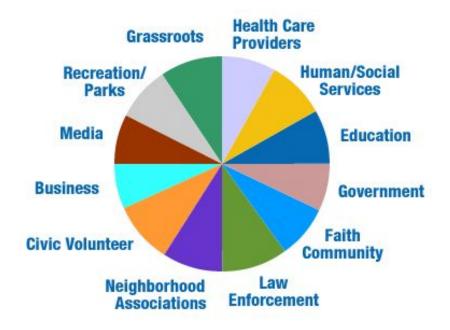
INTRO TO POWER MAPPING

All power mapping starts with a goal.

What is our end game for this Youth Innovation Project?

INNOVATION IDEA LAB in Summer

2019



The Community Wheel

COMMUNITY WHEEL ACTIVITY

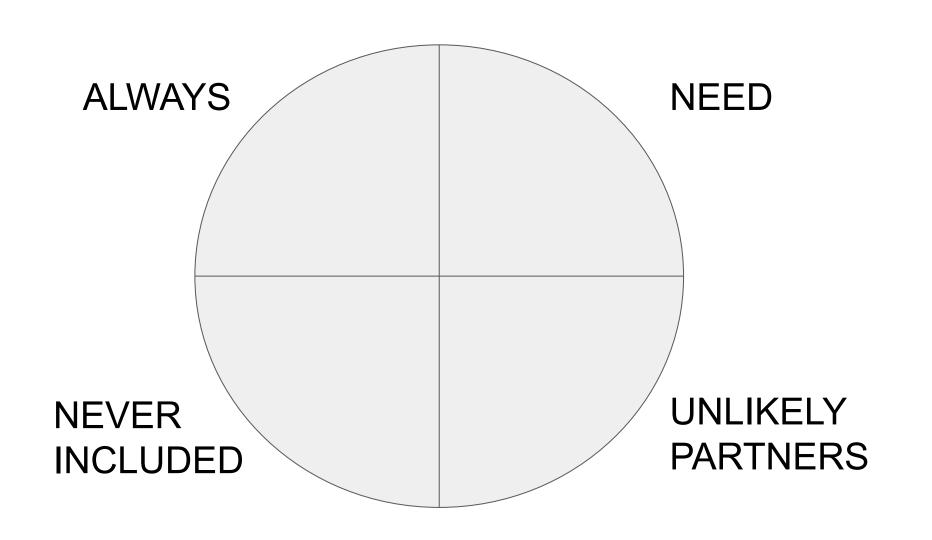
Which sectors are **ALWAYS** at the table?

Putting on our statewide representation hats on, which sectors **NEED** to be part of your conversations on mental health innovation?

Which sectors have not been included/ are not being engaged?

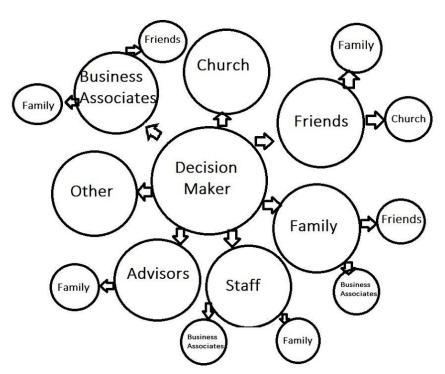
Who can be **unlikely partners** that can be part of the conversation?

www.MarinInstitute.org



LUNCH

WHO ARE THE DECISION MAKERS IN YOUR COUNTY?



- 1. ID Goal $\sqrt{}$
- Map Out Major Institutions (Community Wheel)
- 3. Who are your decision makers and community leaders?
 - a. Based on the partners in community wheel
 - b. Put a name, position to this sector/partner
 - c. Use tablets to research
 - d. Are they any connections?



LET'S CREATE YOUR OWN POWER MAP



Who can make the agenda a reality?

ENERGIZER

ROLE OF THE FACILITATOR

- To create a forum for group discussion
- To educate
- To articulate and respond to the questions and concerns of group members
- To clarify and address issues

LISTENING TOOLS

Paraphrasing

- 1. Using your own words to explain what the speaker said
- 2. Summarize long statements
- 3. "It sounds like you were saying____. Did I get that right?"

Mirroring

Repeat the speaker's words as closely as possible

Drawing people out

Use your words tp prompt more explanation.

EX. "Please say more about that?"

Summarizing

Recap main points

LISTENING TOOLS: QUESTIONS

- 1. Open Questions—solicits information that requires more than yes/no answers. They begin with WHO, WHAT, WHEN, WHERE, WHY and HOW.
- 2. Closed Questions—solicit yes/no answers, should be used sparingly as they can have a "ping-pong" effect, i.e. question, answer, question, answer, etc. with no real discussion.

It is important to be a good listener when you use open questions.

LISTENING PRACTICE



TOOLS FOR ENCOURAGING PARTICIPATION

- Structured Go-Arounds
- Small Groups
- Popcorn
- Pair and Share
- Debriefs



ENCOURAGING PARTICIPATION PRACTICE

Facilitator Go-Round Game

- One person starts as the facilitator
- Facilitate for 2 minutes
- Debrief for 2 minutes with group: Do more of this...Less of that...
- New person picks up the discussion as the facilitator
- Process repeats

NEXT STEPS

EVALUATIONS



https://tinyurl.com/y5zhnyva

CLOSING

A

Aspire to do after this workshop

A

Accolade or acknowledgement for someone or something learned today



A-HA moment you had throughout the day