

# CYBHI: Grants to Scale Evidence-based and Community-defined Practices

Mental Health Services Oversight and Accountability  
Commission (MHSAOAC)

# Evidence-based and community-defined evidence practices (EBP/CDEP) grant program: overview and stakeholder engagement

In 2021, **\$4.7B of State General Funds** was invested to establish the **CYBHI** to improve access to behavioral health services for children and youth across California

Per the legislative mandate, **DHCS, in partnership with the MHSOAC, will disburse \$429M in grants to EBPs and CDEPs** seeking to improve youth behavioral health

DHCS intends to improve access to critical behavioral health interventions, specifically for **children and youth from populations of focus**

To inform EBP/CDEP workstream development, **DHCS applied a community-driven approach:**

11

**Think Tank and Public Work Group** sessions completed between April and October

100+

**EBPs and CDEPs generated** through stakeholder input

100+

**Members of the public** engaged

~65

**Empaneled Think Tank and Work Group** members

# EBP/CDEP Grant Program: Stakeholder-prioritized Outcomes

Throughout the stakeholder engagement process, **Think Tank and Workgroup members prioritized three outcomes** for the EBP/CDEP grant program:

1

**Increase protective factors for children and youth**, as measured by improvements in reported well-being for children, youth, parents, and caregivers

2

**Build incremental capacity, access, integration, and uptake** in selected evidence-based and community-defined evidence BH services, including in non-clinical settings

3

**Support codification of practices** that can be adapted or normed on populations of focus

# EBP/CDEP Grant Program: Equity-driven Approach

**Reducing health disparities and promoting health equity is a central component** of the overall grant strategy.

**Taking an equity-driven approach, DHCS selected EBPs/CDEPs that:**

- **Maximize impact and reduce disparities** for all children and youth with an emphasis on programs/practices that focus on marginalized communities
- **Incorporate youth and family voices** to ensure that the selected programs/practices resonate with a diverse audience
- **Focus on the upstream continuum of care** to reduce the risk of significant BH concerns in the future
- **Affirm the right to access timely help** and provide accessible, high-quality, appropriate care for all children and youth
- **Destigmatize community support** to enable every community to recognize the signs of BH concerns and be willing to support those with BH concerns without prejudice and discrimination.
- **Have a data driven-approach** to expand the use of evidence-based and community-defined evidence BH services

# EBP/CDEP Grant Program: Stakeholder-identified Populations of Focus

## Populations of focus as identified by the California Reducing Disparities Project:<sup>1</sup>

- African Americans
- Asians and Pacific Islanders
- Latinos
- LGBTQIA+
- Native Americans

## Other populations of focus identified through the stakeholder engagement process:

- Justice-involved
- Low-income
- Persons with physical, intellectual, and/or developmental disabilities
- Refugees, migrant workers, and immigrants
- Rural communities
- Non-English speakers
- Those experiencing housing insecurity and homelessness
- Children in foster care

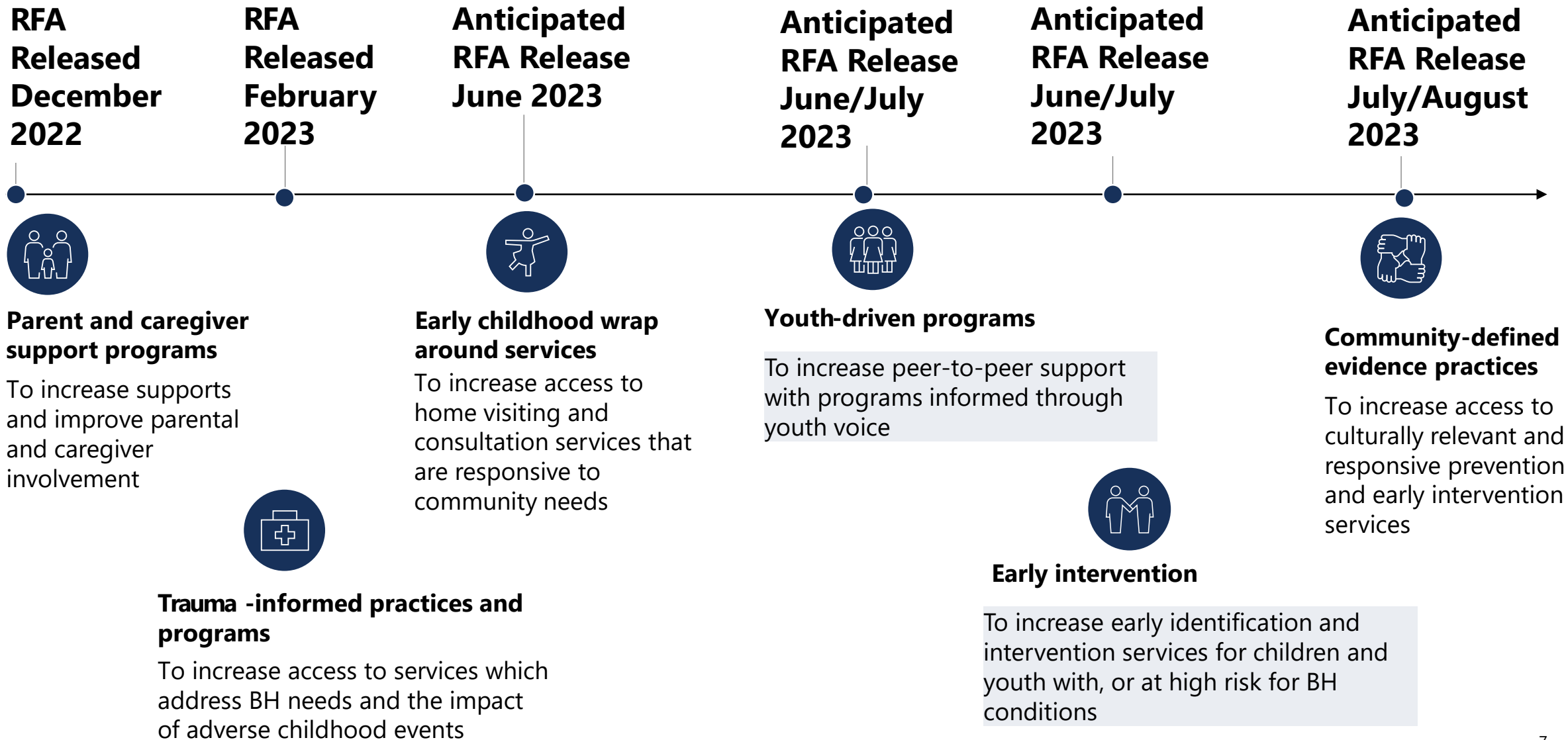
<sup>1</sup> [California Reducing Disparities Project](#)

**DHCS published a grant strategy  
overview document**




# DHCS, in partnership with the MHSOAC, is scaling EBPs/CDEPs across six distinct rounds of grant funding

To be implemented in partnership with MHSOAC (as lead)



# EBP/CDEP Grant Program: Grant Round Focus Areas and Practice Selection

 To be implemented in partnership with MHSOAC (as lead)

**For Rounds 3-6, the final list of programs and practices will be included in the published RFA for each grant round and may be subject to change and/or coverage requirements. In addition to round 6, CDEPs are eligible across grant rounds. Funding allocation across rounds 3-6 is TBD.**

<b>Round 3</b> <i>March 2023</i>	<b>Round 4</b> <i>March/April 2023</i>	<b>Round 5</b> <i>April/May 2023</i>	<b>Round 6</b> <i>May/June 2023</i>
<b>Early childhood wraparound services</b>	<b>Youth-driven programs</b>	<b>Early intervention programs and practices</b>	<b>Community-defined evidence programs and practices</b>
Healthy Families America Nurse Family Partnership Infant and Early Childhood Mental Health Consultation Other practices for specified populations of focus	<div style="background-color: #fce4ec; padding: 5px;">             Peer Support              Youth drop-in centers (e.g., allcove™)              Other practices for specified populations of focus, for example:              Fostering Healthy Futures – Preteen, Peer respite, TIP Model           </div>	<div style="background-color: #fce4ec; padding: 5px;">             Early psychosis services (e.g., Coordinated Specialty Care)              Other practices for specified populations of focus, for example:              Blues Program, CIFFTA, Familias Unidas, RAP-A           </div>	<i>TBD: DHCS is partnering with the Office of Health Equity at the CA Department of Public Health to identify CDEP selection and scaling strategy that will complement the work done under the CA Reducing Disparities Project</i>



# MHSOAC Interagency Agreement

- » MHSOAC, in collaboration with DHCS, with lead grant administration activities for rounds 4 (youth driven programs) and round 5 (early interventions)
  - Round 4 includes allcove
  - Round 5 includes Coordinated Specialty Care – First Episode Psychosis
- » MHSOAC will leverage existing contracts with Stanford and UC Davis to provide training and technical assistance to grantees
- » The IAA is with MHSOAC for final review – anticipate execution no later than early May

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# Appendix



# EBP/CDEP Grant Program: Grant Round Focus Areas and Practice Selection

DHCS issued RFAs for these rounds in December and February, respectively

DHCS published an [EBP/CDEP Grant Strategy Overview](#) outlining its robust stakeholder process and overall approach to scaling EBPs/CDEPs across the state

**Round 1 - \$30 million<sup>1</sup>**  
*December 2022*

## Parent/caregiver support

HealthySteps/Medi-Cal Dyadic Incredible Years  
Parent-Child Interaction Therapy  
Positive Parenting Practices (Triple P)  
Other practices for specified populations of focus (e.g., Parents Anonymous®, Effective Black Parenting Program, Strong African American Families, Positive Indian Parenting)

**Round 2 - \$100 million**  
*February 2023*

## Trauma-informed programs and practices

Attachment and Biobehavioral Catch-up  
Child Parent Psychotherapy  
Cognitive Behavioral Interventions for Trauma in Schools  
Dialectical Behavior Therapy  
Family Centered Treatment  
Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems  
Trauma-Focused Cognitive Behavioral Therapy  
Multisystemic Therapy  
Functional Family Therapy  
Cross-over Youth Practice Model  
Other practices for specified populations of focus (e.g., Family Acceptance Project)