



Behavioral Health Student Services Act Statewide Technical Assistance Coordinator

BHSSA Grantee Quarterly Collaboration Meeting

6/4/25

"Leaders: Change is the narrative. Get proximate. Stay hopeful. Be willing to do the uncomfortable." - Bryan Stevenson

Welcome + Today's Flow

Welcome & Agenda Overview

BHSSA Community Connector

Updates for Our Work: Re-introducing BHSSA STAC & the TCTs , CBH Updates + WestEd Evaluation

Team

Mini Workshops facilitated by TCT Leads: *This quarter's theme is the Interconnected Systems Framework (ISF)* led by the Placer County TCT and supported by the fellow TCTs and STAC BHSSA.

Looking Ahead: Forecasting our BHSSA learning menu this coming year + Introducing the BHSSA Grantee Learning Hub! (and time to explore)

Closing & Next Steps



BHSSA Community Connector:

In your small groups, we invite you to share a moment of celebration, challenge and collaboration related to your BHSSA work





Updates for Our Work

Re-introducing BHSSA STAC & the TCTs, CBH Updates + WestEd Evaluation Team



What is BHSSA STAC?

The BHSSA STAC is a collaborative initiative involving the Center for Applied Research Solutions (CARS), the Commission for Behavioral Health (CBH), and the California School-Based Health Alliance (CSHA).

We offer statewide training and technical assistance (TTA) alongside project management services to collaboratively develop a variety of strategies aimed at enhancing the capacity for comprehensive student mental health systems.







What Will STAC Do?

The Statewide Technical Assistance Coordinator will:

Act as project lead and subject matter expert for statewide technical assistance for **Behavioral Health Student Services Act** grantee partners working in collaboration with the **Technical Coaching Teams** and the **Commission**.

Establish statewide and/or regional technical assistance learning collaboratives, virtual trainings, and group-based learning for interested grantee partners.

Offer individualized coaching and consulting support to grantee partners.

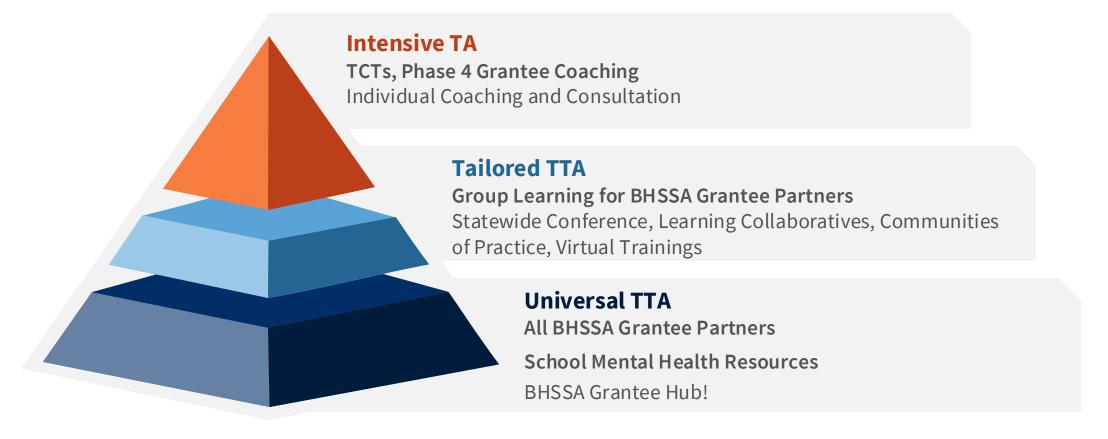
Develop and maintain a

BHSSA grantee partner
exclusive web hub to receive
and share information and
resources with TCTs and
BHSSA grantees to promote
BHSSA impact work to
broader school mental health
and related fields.



How Will We Do It?

- We ensure TTA services are trauma-informed, healing-centered, equity-driven, and culturally responsive.
- The STAC's TTA approach will include a tiered structure of universal, tailored, and intensive TTA services, rooted in evidence-based practice, practice-based evidence, and community-defined effective practices.







Mini-workshops!

This quarter's theme is the Interconnected Systems Framework (ISF) led by the Placer County TCT and supported by the fellow TCTs and STAC BHSSA.

BREAKOUT SESSION

Instructions for Breakouts

Now that you've had a brief overview of the Interconnected Systems Framework (ISF), it's time to dive deeper through small group discussions.

Choose your deeper dive room:

- 1. ISF and Data
- 2. ISF and Sustainability
- 3. ISF and Partnerships
- 4. ISF 101 More!

Invitations



Use the chat box as much as possible to contribute



Use names and spell out acronyms as much as possible



Be mindful of mic time (find your contributor vs listener sweet spot)



This is an experiment (first time doing this move during this gathering) so let's be patient and flexible



Contextual confidentiality (who says what stays in the room; how it impacts you can bring out and beyond



There is a conversation that only the people in this room right now can have.

Find It.

Share Out

- One takeaway from each break room
- Were there components of ISF that sparked your interest and would like to take deeper through future TA offerings? (Thumbs up in the chat)
- What components would you like to explore further (indicate number in the chat)
- 1. Forming and sustaining integrated implementation teams
- 2. Data-based decision making across tiers
- 3. Strategic and sustainable partnerships





Extended ISF Learning

All resources below were produced by the former Pacific Southwest Mental Health Technology Transfer Center in 2019

<u>ISF 101: An Introduction</u>. This factsheet introduces ISF and its positive impact on schools; offers strategies to align Positive Behavioral Interventions and Supports (PBIS) and Multi-Tiered Systems of Support (MTSS); guides how to engage appropriate community partners; and outlines the initial steps for implementing the ISF approach.

ISF 101: An Introduction (2019) – Recorded Presentation by Susan Barrett, MA, and facilitated by the school mental health leads of the Northwest MHTTC (Kelcey Schmitz) and the Pacific Southwest MHTTC (Leora Wolf-Prusan). The Interconnected Systems Framework (ISF) is a strategy to align all social-emotional-behavioral interventions through one system at the state or regional, district, and school level. ISF builds on the success of social service platforms and provides specific steps for integration and alignment to create healthier schools.

<u>ISF 201: When School Mental Health Is Integrated Within a MTSS – What's Different</u>. This factsheet provides strategies to develop an integrated ISF leadership team; details the foundation steps to establish ISF at the school or district level; defines the process of evaluating potential evidence-based practices for inclusion in schools; and discusses implementation challenges, solutions, and innovations with ISF practitioners.

ISF 201: When School Mental Health is Integrated Within an MTSS - What's Different (2019). Recorded Presentation by Susan Barrett, MA, and joined by school district- and system-based ISF practitioners from the Northwest and Pacific Southwest regions. This is part two of a three-part distance learning series that focuses on the three topics of the newly released ISF Fact Sheet Series (see the ISF 201 Fact Sheet). ISF enhances Multi-Tiered Systems of Support (MTSS) by integrating student mental health and wellness into the existing structures. It engages a broader range of partners, involves a wider scope of data, and expands interventions to address mental health. Presenters share their ISF implementation challenges, celebrations, and lessons learned.

ISF 301: Installing an Integrated Approach. This factsheet defines appropriate roles, functions, and mission of a District/Community Leadership Team (DCLT); discusses strategies to conduct a robust assessment of existing mental health and MTSS resources; explores the process through which the DCLT selects interventions and monitors outcomes; and identifies installation challenges, solutions, and innovations.

ISF 301: Installing an Integrated Approach (2019). Recorded Presentation by Susan Barrett, MA, and joined by school district- and system-based ISF practitioners from the Northwest and Pacific Southwest regions ISF is most transformative at the local level. This webinar details the installation process at the district, community, and school level that results in a comprehensive ISF action plan.

Extended ISF Learning

- 1. ISF District Installation Guide: Step-by-step process for installing ISF at the district level
- 2. <u>Installing an Interconnected Systems Framework at the District Community Level: Recommendations and Strategies for Coaches and District Leaders-</u> Description of how district/community leaders can embed mental health supports within the PBIS framework
- 3. <u>Installing an Interconnected Systems Framework at the School Level: Recommendations and Examples to Guide School Leadership Teams, Practitioners, and Coaches</u> Description of how school leaders can embed mental health supports within the PBIS framework
- 4. <u>Alignment of School Mental Health Quality Frameworks and Tools: Guidance to the Field</u> Description of the alignment of the three leading frameworks of Positive Behavioral Interventions and Support (PBIS), ISF, and Comprehensive School Mental Health Systems (CSMHS)
- 5. <u>Building a Culture of Staff Wellness through MTSS</u>- Recommendations to district and school leadership teams on how components of PBIS can be used to prioritize staff health and wellbeing
- 6. <u>Integrating a Trauma-Informed Approach within a PBIS Framework</u>- A how-to guide on integrated trauma and PBIS including strategies and tools
- 7. <u>ISF Implementation Inventory-</u> The 2021 Procedural manual for a valid and reliable tool measuring the extent to which core features are being applied
- 8. <u>ISF Action Planning Companion Guide to the SW-PBIS TFI</u> A 2016 action planning tool for ISF enhancement considerations for each item of the SW-PBIS TFI



Looking Ahead for us as a BHSSA Community

Forecasting our BHSSA learning menu this coming year + Introducing the BHSSA Grantee Learning Hub! (and time to explore)



What? (BHSSA Program)	When? (in chronological order)	For whom? (Which of all this stuff should I attend// is for me?)	By whom?
Quarterly newsletters	The week following each quarterly grantee call	Any one on the listserv	STAC BHSSA
BHSSA Grantee Hub	June 4th - ongoing	Any BHSSA grantee, partner, STAC (CARS, CSHA + Our Steering Committee), TCTs, CBH, and Alumni)	STAC BHSSA w/TCTs
Toolkits & resources	Annually, ongoing	Any BHSSA grantee and partner	TCTs
Quarterly grantee calls	First Wednesday of the first month in the quarter, 1-3pm	Any BHSSA grantee and partner + alumni	STAC BHSSA
Sunrise Community of Practice	July-August 2025	All 004 Grantees	STAC BHSSA + CBH
Sunset Community of Practice	October – November 2025	Any grantee leading the closing of their grant	STAC BHSSA + CBH
Marginalized & Vulnerable Youth CoP	October 2025 → Monthly	Alameda, Amador, Mariposa, Nevada, Orange, Riverside, Santa Cruz, Sonoma, Stanislaus, Tehama, Trinity counties	STAC (Oriana & Amy) w/CBH
Sustainability CoP	October 2025 → Monthly	Alameda, El Dorado, Fresno, Glenn, Lassen, Madera, Marin, Mendocino, Nevada, Placer, San Luis Obispo, Santa Barbara, Santa Clara, Santa Cruz, Solano, Sonoma, Tehama, Trinity, Tuolumne, and Yolo Counties	STAC (Angela C and Tina) w/CBH
Universal Screening CoP	October 2025 → Monthly	El Dorado, Lassen, Placer, San Diego, Santa Clara, Santa Cruz, Siskiyou, Stanislaus, and Yolo Counties	STAC (Leora and experts) w/CBH
BHSSA Leadership CoP	January, February, March 2026	Any BHSSA grantee and partner + alumni	STAC BHSSA (Leora, Oriana, and team)
Virtual Learning Events	August, October, February, April	Any BHSSA grantee and partner + alumni	STAC BHSSA and



STAC Virtual Learning Experiences Just for BHSSA-ers

Youth Voice & Choice: Partnering with Students to Uplift Mental Well-Being in Schools

With Amy Blackshaw & Marina Quintanilla, CSHA

Tuesday, August 12, 2025, 11:00 am - 12:30 pm PT

Billing & Bridging Strengthening Cross-Sector Partnerships

Sustaining Integrated Behavioral Health Services in a Rapidly Changing Funding Environment

With Michael Lombardo

Tuesday, October 7, 2025, 11:00 am – 12:30 pm PT

Youth Suicide Prevention & Postvention: Macro-Lessons Learned from YSPRN

With Tina Rocha & Angela Castellanos

Tuesday, December 2nd, 2025, 11:00 am – 12:30 pm PT

Other topics coming in 2026!

"Navigating Changes in the Federal Landscape" and "Crisis Aftermath: Grief, Loss & Trauma Care in the Weeks, Months and Years After "

REGISTER FOR THE SERIES ON THE GRANTEE HUB



More!

• The BHSSA Virtual Leadership Institute (January 2026 & 2027)

 Leaders Labs at California School-Based Health Alliance (April 2026 & 2027)

+

Other conferences to meet, learn, and gather in real life.

Opportunities for all grantees and partners

Support for the Phase 004 Grantees
Request Support at:

https://bit.ly/STAC_TA_Request

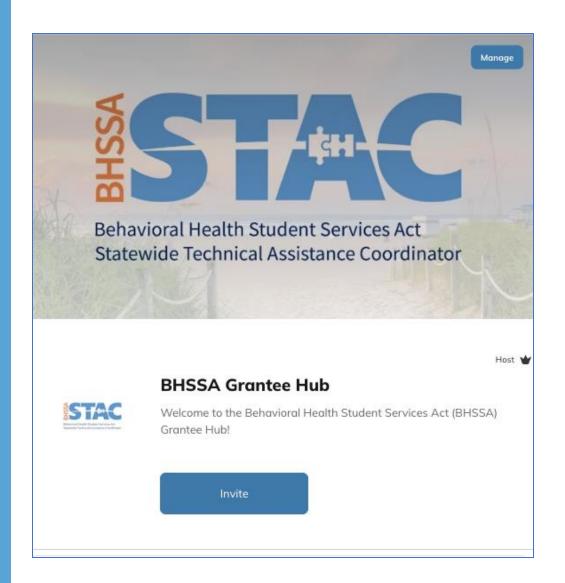


Sign Up for the BHSSA Grantee Hub

https://bhssa-hub.mn.co/



BHSSA Grantee Hub



What is the Grantee Hub?

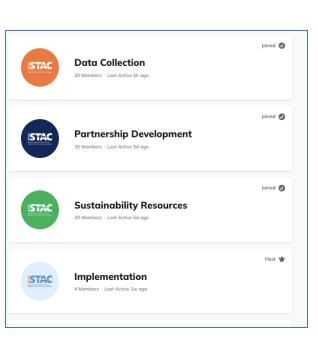
A space for all

- Engage with the STAC and TCT
- Peer support one another
- Share resources, events & links from the field
- One stop shop for all STAC related asks: TA requests, Event Registration, Resources



What is in the hub?

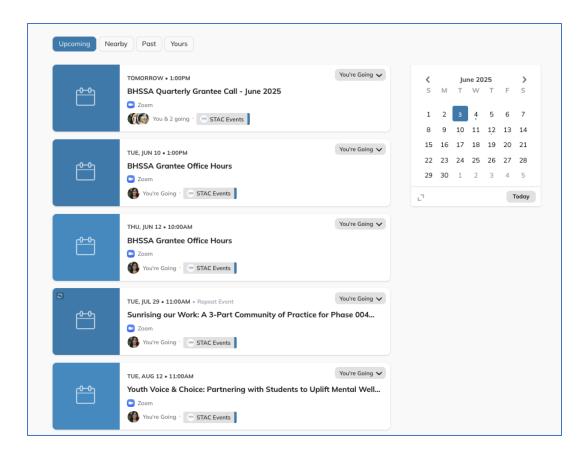
- Home Base the how and the what of the grantee hub
 - Welcome Mighty Networks Norms and Overview
 - How to Use Mighty Networks
 - How to Request TA
 - STAC Quick Links
- Coaching Areas
 - Data Collection
 - Partnership Development
 - Sustainability
 - Implementation
 - Phase 4 Grantee Groups: Marginalized & Vulnerable Youth, Sustainability & Universal Screening





What is in the hub?

- Resources
 - Resources from the Field
 - **OSTAC Resources**
- Events
 - STAC Events
 - Events from the Field



We invite you to share resources and events you hear about with our grantee community, too!



Questions, Needs, Issues?

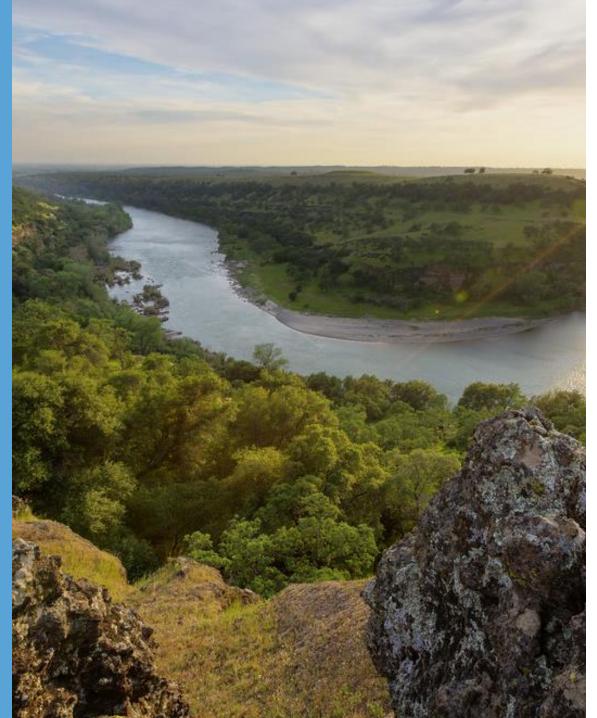
Email us at: STAC_BHSSA@cars-rp.org

Office Hours:

- Tuesday 6/10, 1 pm 2 pm
- Thursday 6/12, 10 am 11 am







Looking Ahead



Announcements, Announcements

Next BHSSA Collaboration Meeting:

September 3, 2025, from 1:00 p.m. to 3:00 p.m.

Please be sure sign up for the STAC BHSSA Listserv to receive all Commission announcements, peer resources, upcoming BHSSA trainings and more

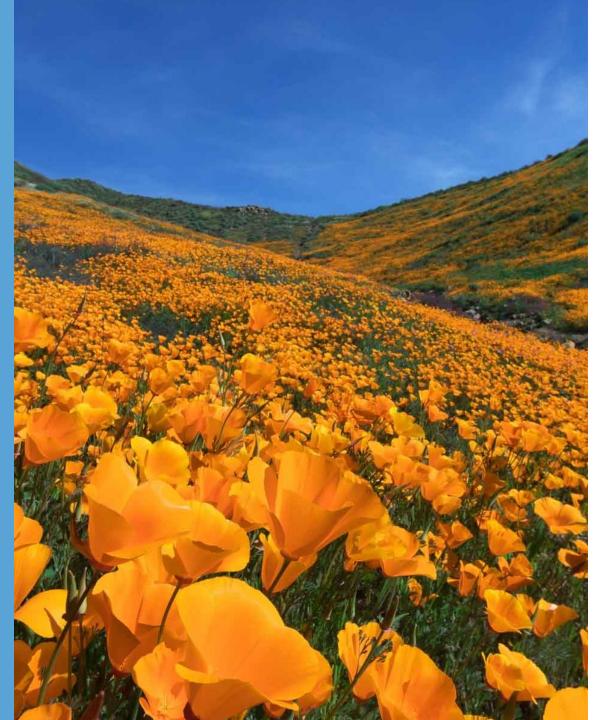


Grantees & Grantee Partners! Please Complete our Feedback Form

https://bit.ly/STAC_June2025





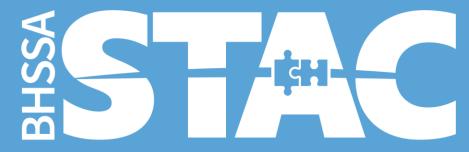


Hopes for a Soft Summer

Jen Shoop

This summer, I want softness. The slow fade of twilight into the dark bowl of the sky. Gentle wake-ups. Ripe seasonal fruit: peach, raspberry, watermelon. Lush leisurely reading on the grass. Breathable cotton. Any clothing that tells my body: relax, be free. Natural light. Uncaveated alone time. Soft serve in a cup. Music playing in the other room. Rain-awakened flowers. Hydrated, happy skin. Grace in my interactions with others. Routines that give.

THANKYOU



Behavioral Health Student Services Act Statewide Technical Assistance Coordinator









CONTACT INFO

Toll-Free: 888-558-6694

Email: STAC_BHSSA@cars-rp.org

Website: www.cars-rp.org







The BHSSA STAC is a collaborative effort between the Center for Applied Research Solutions (CARS), Commission for Behavioral Health (CBH), and California School-Based Health Alliance (CSHA).





