



**Meeting Details: Anti-Bullying Advisory Committee Agenda**

**Date:** Thursday, September 30, 2021

**Time:** 3:30 to 5:30 pm

**Location:**

**ZOOM LINK:** <https://mhsaac-ca-gov.zoom.us/j/88445647889>

**FOR COMPUTER/APP USE:**

Meeting ID: 884 4564 7889

Passcode: nW0Nqc&M

**FOR DIAL-IN PHONE USE:**

Meeting ID: 884 4564 7889

Phone Number: 1-408-638-0968

Passcode: 81259200

**In Attendance:**

**MHSOAC Staff:** Anna Naify, Cody Scott, Maureen Reilly, Shannon Tarter, Toby Ewing

**Committee Members:** David Ball, Emily Chan, Jasmine Brooke Puente, Jessica Duong, Jinky Dolar, Keri Pesanti, Khoa-Nathan Ngo, Matthew Diep, Michelle Wright, Mico Mastrili, Sophie Suh, Stacy Alamo Mixson, Commissioner Shou Chen, Nkauj lab Yang

**Members of the Public:** Beau Biller, Brian Sala, Brianne Smith, Candice Medina, Celene Aridan, Christina Aguilar, Elissa Ouchida, Lester Robancho, Ofsana Popal, Sara Yeffa, Sarah Turner, Simon Vue, Wendy Desormeaux, Zak Ford, Laurel Benhamida, Norma Pate, Quentin, Unknown caller, Stephani Camacho-Van Dyke, Osamah

**Facilitators & Presenters:** Patty Barahona, Amber Amaya, Kody Stoebig, Dr. Charles Martin, Kelly Doherty, Miriam Bookey, Jenna Briand, Marie Martin, Carolyn Flores

**Important Links:**

[Meeting Agenda](#)

[Transcription](#)

[Zoom Video](#)

[Program11 Presentation](#)

## Anti-Bullying Advisory Committee September 30, 2021 Meeting Summary

### **Welcome and Check-In**

Anna welcomed participants and introduced Patty Barahona from YLI to lead the check-in. Patty Barahona shared the [Jamboard](#) slides 2 - 4 with Committee Members and asked members to answer the three questions in the Jamboard by using Post-Its. Below are the questions and the overall themes shared by Committee Members :

- What brings you to the anti-bullying committee? Committee Members shared an overall sense of care for young people who have and/or are experiencing bullying, wanting to ensure the connection between mental health and bullying is a factor in developing the social media program, and the willingness to share thier personal stories, intersectional identities, perspectives and experiences to address bullying.
- What do you want to learn about the committee members you are working with? Committee Members shared an overall desire to learn about Committee Members' backgrounds, interests, and priorities given the vast clinical, work, and lived experiences of the committee members. In addition, they are interested in learning what and how accessible resources will be implemented to support young people. Lastly, they want to learn about other models of support for young people that may be applicable and which would provide opportunities for healing and preventing future violence.
- What do you want to contribute to the anti-bullying committee? Committee Members want to contribute their clinical, work, and lived experiences to build a collective vision and own our power to address bullying based on race, language, country of origin, etc They want to contribute their knowledge of addressing bullying from an intersectional lens (i.e. anti-ableism, LGBTQ+ representation, racial bullying, and high rates of bullying related to religion).

Patty Barahona asked Committee Members to focus on the last question: What do you want to contribute to the anti-bullying committee? They asked Committee Members to circle or tag the post-it note(s) that stood out to them.

### ***Public Comment***

Dr. Lisa Pion-Berlin shared the following points during public comment:

- "Great that we're doing this work together"
- Including parents in prevention, intervention, support
- Shared personal story of child's struggle with bullying and what parents can be faced with

Christina Aguilar from [Muslim American Society Social Services Foundation](#) (MAS-SFF)'s [Muslim TAY Advocacy Program](#) shared the following points during public comment:

- Echo Dr. Lisa
- So important for youth
- Reminding everyone that bullying affects youth based on religion in larger numbers
- Muslim students are 2xs as likely to be bullied as their peers
- Bill doesn't name Religion as one of the distinct areas that can lead to bullying



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Ofsana Popal [Muslim American Society Social Services Foundation](#) (MAS-SFF)'s [Muslim TAY Advocacy Program](#) shared the following points during public comment:

- Highlighted personal experiences being bullied because of religious beliefs / being a person of color
- Important to highlight these experiences and address their long term effects

Celene Aridin [Muslim American Society Social Services Foundation](#) (MAS-SFF)'s [Muslim TAY Advocacy Program](#) shared the following points during public comment:

- This bullying can also come from teachers, not just peers
- Referenced personal bullying and discrimination she faced
- When teachers open this door, students feel they can bully as well

Committee Member, Sophie Suh shared the following points during public comment:

- Concerns around only sharing outreach on social media
- Bullying doesn't just come from peers, social media might not reach educators and school district staff
- School staff isn't properly educated on how to handle bullying

Committee Member, Jasmine Brooke Puente shared the following points during public comment:

- When looking at social media, we need to ensure that it is accessible to everyone
- Keep in mind not everyone will have access because of finances, disabilities, etc.

Commissioner Chen thanked members of the public and highlighted direct language from the bill.

**Commission Roll Call**

David Ball - Present  
Jinky Dolar - Present  
Keri Pesanit, PsyD - Present  
Maya Smith - Not Present  
Michael Trimble - Not Present  
Michelle Wright, PhD - Present  
Stacy Alamo - Present  
Sydney Pon - Not Present  
Matthew Diep - Present  
Mico Mastrilli - Present  
Sophie Sue - Present  
Mimi Mier- Rosales  
Nathan Ngo - Present  
Emily Chan - Present  
Jasmine Brooke Puente - Present  
Candy Li - Not Present  
Ashyah Hewage - Not Present  
Laura Walker - Not Present  
Sasha Neyra - Not Present  
Commission Shou Chen - Present



Jessica Duong - Present  
Andrea Margolis - Not Present  
Nkaujiab Yang - Present

### **Information: Open Meeting Act**

Maureen Reilly, MHSOAC staff, reviewed the Bagley-Keene Open Meeting Act rules for Committee Members. Key rules included adequate notice, meetings are open to the public, and public comment is included during committee meetings.

### **Presentation: Framework of Priorities for Project**

Program11 presentation led by Jenna Briand, Miriam Bookey, Dr. Charles Martin and Marie Martin. The presentation was a summary of the interviews with Committee Members and included 1) background & methodology, 2) The context and approach for this research, 3) Qualitative Research, 4) Who we talked to, what they said, 5) Appendix, and 6) Visual representation of themes and codes.

### **Discussion: Priorities and Next Steps**

Patty Barahona facilitated discussion with Committee Members following the presentation. Key feedback from Committee Members includes the following:

Committee Member, Jessica Duong shared the importance of providing trusted content for youth being bullied (resources from trusted partners). In addition, she shared the [Senate Bill](#) was always meant to be social media based, other work is focused on direct services.

Committee Member, Nathan Ngo shared that utilizing art and film to uplift stories and spread them on social media would be a good way to leverage artists of color.

Committee Member, Jasmine Puente re-emphasized that the social media platform is accessible to disabled and neurodivergent students so that they can easily use it and feel included.

Committee Member, Matthew Diep appreciated Program11. In addition he shared appreciation for the way they condensed and highlighted the information they gathered.

Patty Barahona introduced the [Jamboard Activity](#) slides 5 - 7 to highlight “The What” (recommendations) and asked Committee Members to brainstorm and share “The Who” (individuals that we need to engage to carry out the social media work). Committee Members shared their ideas for who could be engaged as contractors to lead this work. Their ideas were added to each Post-It in the Jamboard and are listed below:

- Youth running social media accounts that have success with education and engagement around topics of mental health/social justice. (i.e. [@Zenerations](#), [@asianmentalhealthproject](#), etc.)
- [MHASF Support Lines](#), [Trevor Project Crisis Line](#), [Youth Warm Line](#) - all for people who can help with 24/7 support experience



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- Mentors who can transform youth with lived experience into peer mentors to help those in their school/community
- To make it happen, “the who” should begin with youth. However, they should work hand-and-hand with someone who has more general knowledge of these topics; such individuals might include social media platforms and other adults who have experience on these topics
- Suicide hotline, and other hotlines
- Engage teachers/school administrators, help them create Youth Advisory Groups to build local anti bullying efforts with their students.
- Work with people who have statewide networks with youth at community levels and school levels
- Help artists of color exploring bullying, racism, and marginalization reach wider audiences
- Create ways to filter based on specific needs so that students receive content relevant to their communities and areas
- Grassroots Community Organizations

***Public Comment***

Dr. Lisa Pion Berlin

- [National Parent Hotline organization](#) has resources and can help
- Need to have a broad presence to the largest amount of youth can access it [social media]
- We need parents at the table

Ofsana Popal from [Muslim American Society Social Services Foundation](#) (MAS-SFF)'s [Muslim TAY Advocacy Program](#)

- [Muslim American Society Social Services Foundation](#) (MAS-SFF) has resources around cultural/religious competency training and has a youth help line, peer counseling, etc.

Quentin

- Question: What is the scope of the project?
- Question: Is there a restorative justice plan for the perpetrators of bullying, so that they don't face negative repercussions?

Osamah from [Muslim American Society Social Services Foundation](#) (MAS-SFF)'s [Muslim TAY Advocacy Program](#)

- [Muslim American Society Social Services Foundation](#) (MAS-SFF) can bring organizational and personal experience on addressing bullying
- Having someone who has had similar experiences can really help youth and relate to them in meaningful ways

Patty Barahona continued the discussion with Committee Members with a focus on brainstorming Target Audiences, Messages, and Platforms. Committee Members shared the following:

- Matthew Diep - organizations who are already leading the work, partnered with youth influencers such as: [Center for the Pacific Asian Family](#) (CPAF) in LA County, [Asian Americans Advancing Justice](#) (AAJ) in LA County, our organization, [California Youth Empowerment Network](#) (CAYEN) is connected with TAY mental health advocates at 15 advocacy organizations across California
- Tik Tok & Instagram are the most popular among youth



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- Jasmine Puente - target audience is broad, all youth. making sure all identities are represented -- organizations to connect with: [Los Angeles County Suicide Prevention Network](#) (LASPN), [California Teachers Association](#) (CTA),
- Kody - [Disability Rights California](#)
- Emily Chan - need to make sure to make content available on all platforms, but also make it available to youth groups and teachers who can help spread the word. maybe create our own app or website that provides peer to peer support and a place to share stories. Target audience suggestion: adolescent. Speaking to past perpetrators and having them share their stories
- Committee Member, Nathan Ngo - considering students who don't have access to the internet, particularly students in rural areas. Address past perpetrators who had experiences with the school to prison pipeline and how they were affected
- Committee Member, Matthew Diep: Can we create an inventory of local organizations across different CA regions that people can access through the social media campaign? There's so many
- Committee Member, David Ball - [YR Media](#) in Oakland has lots of experience with youth content creation and social justice work. Need to ensure that we bring someone on who has experience working with rural youth - and someone who has experience taking these resources into schools and youth groups
- Committee Member, Jasmine Puente recommends Los Angeles County Suicide Prevention Network (LASPN), [California Community College Wellness Ambassadors](#), [Art with Impact](#), [Active Minds](#)
- Key Messages: Empathy, community, interconnectedness. Empathy for the impact of bullying and how our experiences of experiencing/causing harm are connected and how healing is connected as well

**Wrap-Up and Adjourn**

Commissioner Shou Chen thanked the facilitators and everyone's input. She shared that the next steps would be to consolidate feedback from everyone. This information will support movement forwards in terms of contracting. Anna will circle back with Committee Members to confirm the next Anti-Bullying Advisory Committee meeting.