

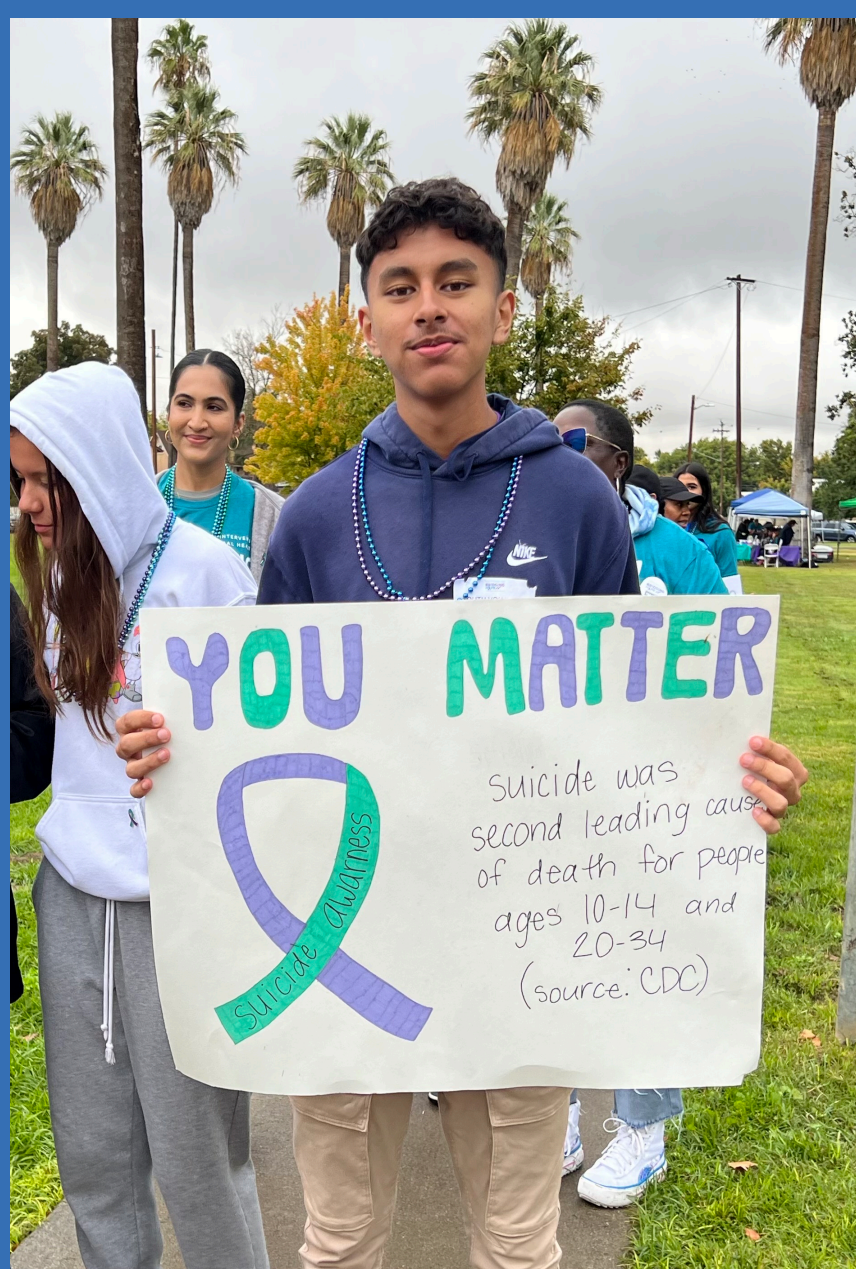
# STRIVING FOR ZERO EXCELLENCE AWARDS

Striving  
for  
Zero

## INVOLVING THE WHOLE COMMUNITY: EVERYONE CAN PLAY A ROLE IN SUICIDE PREVENTION

### Bridging Hope *Sutter County and Yuba County*

Bridging Hope was an event put on by the Sutter Yuba Behavioral Health (SYBH) Prevention and Early Intervention (PEI) Team. This event allowed community members to learn from survivors of suicide, hear their voices, and learn what a community can do to prevent suicide. The purpose of the event was to raise awareness about suicide during Suicide Prevention Month. Bridging Hope represents connecting people who may know someone, or they themselves, suffer from suicidal ideation, have attempted suicide, or know someone who has died by suicide to resources. Resources such as community and local agencies, that can provide support and connection. This was the first bi-county event that spanned both counties to unite all of us in suicide prevention, raising suicide awareness, and reducing stigma. The goal was to have 100 people pre-register for the walk and we ended with over 300 people pre-registered. Despite it pouring rain right before the event approximately 265 people attended the event. Amongst the volunteers were 48 High School volunteers, 26 County employee volunteers, 15 information and resource tables and the chairs from both Sutter County Board of Supervisors and Yuba County Board of Supervisors. We are already in the planning stages for Bridging Hope 2024.



PREVENTION AND EARLY INTERVENTION  
SUTTER-YUBA BEHAVIORAL HEALTH

# BRIDGING HOPE

A WALK FOR  
SUICIDE AWARENESS  
& PREVENTION

SATURDAY,  
SEPTEMBER 30, 2023  
Veterans Park 715 5th St. Marysville

8:00 am - 8:45 am Check-In  
9:00 am Opening Ceremony  
Walk to Follow (1.4 Miles)

FREE EVENT

RAIN OR SHINE

COMMUNITY RESOURCE TABLES

SAVE TIME!  
PRE-REGISTER ONLINE  
tinyurl.com/bridginghope2023  
BY 09/10/2023  
FIRST 100 PEOPLE  
GET A FREE SHIRT!

SCAN ME

SUTTER-YUBA BEHAVIORAL HEALTH  
BELIEVES  
Promoting Health & Wellness



SCAN ME TO WATCH  
EVENT VIDEO