

Population-Based Prevention Discussion

January 23, 2026

Trudy Raymundo

Public Health Consultant

Trudy has been a leader in public health for many years. Currently she is supporting the California Department of Public Health (CDPH) with their health care/public health systems alignment and integration work and Behavioral Health Transformation efforts across the department. Prior to this she supported CDPH as their External Affairs and Guidance and Policy Lead during the COVID response. Prior to her work with the State, she was the Director of Public Health for San Bernardino County and served as president of the County Health Executives Association of California. She has vast experience in external affairs, financial operations, building community partnerships and understanding and navigating the complex administrative functions of local health departments.



Carmen Katsarov

Executive Director, Behavioral Health Integration, CalOptima Health

Carmen Katsarov, LPCC, CCM, is responsible for the management and oversight of CalOptima Health's Behavioral Health Integration department and the implementation of state and county behavioral health initiatives.



Katsarov is a social worker, Licensed Professional Clinical Counselor and Certified Case Manager with direct practice in community, hospital, utilization and case management. She brings more than 20 years of experience in both clinical and leadership roles, overseeing behavioral health utilization management, case management, social services, and leading initiatives for commercial, Medicaid and Medicare plans, including most recently at Magellan Health and Blue Shield of California Promise Health Plan. Katsarov holds a bachelor's degree in social work from Northeastern University and a master's degree in psychology from Illinois School of Professional Psychology.

Michelle Doty Cabrera

Executive Director, CBHDA

Michelle Doty Cabrera joined CBHDA as Executive Director in May 2019. Prior to joining CBHDA she served as the Healthcare Director for the California State Council of the Services Employees International Union (SEIU California), where she advocated on behalf of healthcare workers and consumers, including SEIU California's county behavioral health workforce, on issues related to the implementation of the Affordable Care Act, Health Equity, Health4All, and cost containment, among others. She served as a Senior Consultant for the Assembly Human Services Committee, where she specialized in child welfare issues and staffed legislation which extended foster care in California to age 21. Cabrera also served as a Program Officer for the California Healthcare Foundation, working as a liaison on state health policy in Sacramento.



Ms. Cabrera served as a member of Governor Newsom's Council of Regional Homeless Advisors and was recently appointed to the California Disability and Aging Community Living Advisory Committee, representing the needs of individuals with behavioral health conditions. Ms. Cabrera has been an inaugural member of the National Quality Forum's Standing Committee on Disparities and has served on the California Pan-Ethnic Health Network (CPEHN) Board of Directors since 2015.

Adrienne Shilton

Senior Vice President, Public Policy and Strategy, California Alliance of Child and Family Services

Adrienne is the Senior Vice President of Public Policy and Strategy, overseeing the work of the policy team.



She is a recognized expert in behavioral health policy who has devoted her career to improving the well-being of people living with mental health and substance use conditions. Adrienne became involved in mental health policy as a staff person in the campaign to pass the 2004 Mental Health Services Act. For the past three years, she has directed the multi-faceted legislative and budget advocacy program of the California Alliance, from developing strategic policy goals, to lobbying, building effective coalitions and partnerships, and working with departments and oversight agencies to effectuate policy changes that enable providers to better serve children and families in public systems.

She has been a champion for culturally relevant program design, incorporating peer support as a crucial piece of recovery, and using evaluation and outcomes-based reporting to drive strategy. Adrienne has served as an adviser on a number of statewide efforts, and currently sits on multiple task forces working to improve behavioral health policy in California, with a particular focus on youth, young adults, and families.

She holds a bachelor's degree in psychology from Knox College, and a master's degree in public policy and administration from California State University, Sacramento.

Le Ondra Clark Harvey, Ph.D.

Chief Executive Officer, California Behavioral Health Association

Dr. Clark Harvey received a B.A. in psychology, from Cal Poly Pomona, and a M.S. in community counseling and Ph.D. in counseling psychology from the University of Wisconsin-Madison.



While pursuing her Ph.D., she was licensed as a Professional Counselor and practiced in community and hospital settings in Wisconsin for five years. She completed a pre-doctoral internship at USC's Children's Hospital Los Angeles and a post-doctoral fellowship at UCLA's Mattel Children's Hospital.

Dr. Clark Harvey was a Social Justice Fellow at the Center for Policy Analysis where she researched the mental health provisions of the Affordable Care Act. She was a Science and Technology Fellow at the California Senate. She was a Principal Consultant in the Senate Business, Professions and Economic Development (BPED) Committee. She served as the Chief Consultant to the Assembly Committee on Business and Professions before transitioning to the California Behavioral Health Association where she served as the Director of Policy and Legislative Affairs before her appointment as CEO. She also serves as the Executive Director of the California Access Coalition.

Dr. Clark Harvey was appointed by the California Lieutenant Governor to the CIRM Board, and is a past appointee to SAMHSA's Advisory Committee for Women's Services. She is a Board member of the National Council for Mental Wellbeing, California Association of NonProfits and is a past board member of the American Psychological Association, Association of Black Psychologists, First 5 California Advisory Committee, Sacramento Children's Coalition and Sacramento County Public Health Advisory Committee. She is an alumna of the Nehemiah Emerging Leaders Program and an American Leadership Forum fellow.

Stacie Hiramoto, MSW

Director, REMHDCO

Stacie Hiramoto, MSW, has been a mental health advocate and proud social worker for many years. She is one of the founders and presently Director of the Racial and Ethnic Mental Health Disparities Coalition (REMHDCO), a statewide mental health policy and advocacy organization representing BIPOC communities. REMHDCO has been an integral part of the highly acclaimed California Reducing Disparities Project for over a decade. Stacie served as staff under the former Assembly Speaker Willie Brown, as well serving as Director of Legislative Affairs and Government Relations for the California Chapter of the National Association of Social Workers. She is also honored to have worked for the late Rusty Selix for over a decade.

