



ALFRED ROWLETT, Chair

RAYSELL CHAMBERS, Vice Chair

BRENDA GREALISH, Executive Director

COMMISSION FOR BEHAVIORAL HEALTH MEETING

NOTICE & AGENDA | January 23, 2026

Meeting Time: 9 a.m. to 1 p.m.

Location: 1812 9th Street, Sacramento, CA 95811 and Virtual

Zoom Access: Zoom meeting link and dial-in number will be provided upon registration. [Click here for free registration.](#)

Meeting Agenda

Opening Business and Administrative Items

9:00 a.m. 1. Call to Order and Roll Call – *Information*

Roll call will be taken.

9:05 a.m. 2. Announcements – *Information*

Chair Rowlett will share updates and announcements.

9:15 a.m. 3. General Public Comment – *Information*

This time is reserved for public comments on items not on the agenda.

Program Advisory Committee Updates and Recommendations

9:35 a.m. 4. Population-Based Prevention Panel – *Information*

Discussion of the impact of Behavioral Health Transformation and the Behavioral Health Services Act on prevention. *Presented by Brenda Grelish, CBH Executive Director; Trudy Raymundo, Public Health Consultant, California Department of Public Health; Carmen Katsarov, Executive Director, Behavioral Health Integration, CalOptima Health; Michelle Doty Cabrera, Executive Director, California Behavioral Health Directors' Association; Adrienne Shilton, Senior Vice President, Public Policy and Strategy, California Alliance of Child and Family Services; Le Ondra Clark Harvey, Chief Executive Officer, California Behavioral Health Association; and Stacie Hiramoto, Director, Racial and Ethnic Mental Health Disparities Coalition.*

11:35 a.m. 5. Strategic Plan Update – *Action*

Begin discussion of an updated strategic plan for the Commission to reflect the changes under the Behavioral Health Services Act and establish a Strategic Plan

Committee. Presented by Brenda Grealish, CBH Executive Director; Sandra Gallardo, Chief Counsel; and Eric Douglas, Leading Resources Inc.

1:00 p.m. **6. Adjournment**

Meeting Information and Public Participation

Get more information about this meeting by calling (916) 500-0577 or emailing bhsoac@bhsoac.ca.gov.

Action Items

The Commission may take action on any item labeled “Action,” though it may postpone or decline action at its discretion. Items may be heard in any order. Public comment is taken on each agenda item. Items not on the agenda will not be considered.

Meeting Notices

In compliance with the Bagley-Keene Open Meeting Act, agendas are posted at www.bhsoac.ca.gov at least 10 days before the meeting. For questions, call (916) 500-0577 or email bhsoac@bhsoac.ca.gov.

Accessibility

To request accommodations under the Americans with Disabilities Act, call (916) 500-0577 or email bhsoac@bhsoac.ca.gov at least one week before the meeting.

Public Comment: Verbal

- In person: Fill out a comment card. Staff will call your name.
- By phone: Press *9 to raise your hand. Staff will call you by the last three digits of your number.
- By computer: Use the “Raise Hand” function. Staff will call your name.
- Comments are typically limited to three minutes. The Chair may adjust time limits as needed.
- Those using a translator are entitled to twice the speaking time, per Gov. Code § 11125.7(c)(1).

Public Comment: Email

- Send comments to publiccomment@bhsoac.ca.gov.
- Comments received more than 72 hours before the meeting will be shared at the meeting.
- Comments received less than 72 hours before the meeting will be shared at a future meeting.
- No written responses will be provided.
- Email does not replace the public comment period for each meeting, and you may email a comment and give a comment in person.

Remote Participation

Phone lines will be muted to prevent background noise until public comment periods. The Commission will make reasonable efforts to ensure reliable remote access, but technical difficulties may occur. To guarantee participation, consider attending in person.