all4youth

Fresno County Superintendent of Schools & Fresno County Behavioral Health

December 1, 2021









All 4 Youth Overview

- Existing Partnership with Fresno County Superintendent of Schools & Fresno County Department of Behavioral Health
- Provide Behavioral Health services to youth ages 0 to 22 years of age
- Services provided in schools and home
- Our goal is to ensure <u>ALL</u> students have access to mental health supports in the schools
- Provide services in all 32 school districts



Mental Health Services
Oversight and Accountability
Commission (MHSOAC)

Mental Health Student Services Act (MHSSA)

- \$6 Million Award
- Establish 4 Wellness Centers in Fresno County
- ► Hire Family Partners
- Bridging Education and Mental Health: A Toolkit for Integrating School-based Services

Our Wellness Center?

- ▶ Design 36x40 over 1400 square feet
- Modular Building
- Large space for Family engagement activities & Trainings
- ► Multi-use space -3 separate treatment rooms with separate outside entrances
- Separate Restroom/sink
- ▶ 3 Family Partners (staff with lived experience) at each Wellness Center
- Behavioral Health Clinician
- Program Supervisors for supervision of staff



Family Partner Activities at our Wellness Centers

Prevention & Wellness activities as well as Treatment

Professional Development for youth & families

Outreach Events

Linkage and referral to resources

Community engagement and activities events

Peer to peer with caregiver or youth support



Outreach Efforts - Examples

- Story Time with preschoolers
- Books, Blocks, and Balls -Developmental Screening
- Pumpkin decorating activities
- Pies with Parents
- ► Trunk or Treat event
- Open House for elementary staff
- Coming soon: Plan, Shop, Save & Cook -4-week nutrition and food management curriculum (Meal planning, Food Labels, Saving Money, Cooking a meal)



Wellness Center Locations

- Fresno Pacific University
- Tarpey Elementary-Clovis Unified
- Riverdale High school opening Feb 2022
- ► Fowler High school opening Feb 2022

Things to Consider for your Wellness Center

- School site
- What type of agreement with the district? Lease agreement
- 1 Items to include in the agreement: internet, janitorial, utilities
- Location on your campus
- Activities that will occur in the Wellness Center
- **** Staff at the Wellness Center
- Design of the Wellness Center
- Modular building or room on campus

Lessons Learned

- Start early
- Work with school board for approval presentations are helpful
- Agreement with school site can take time due to need Board approval
- Bring in your facilities person early in the design and planning phase
- Frontload plenty of time for planning and design
- Work with school site where Wellness Center is located to set up activities, parents visiting etc.



Questions?

Thank you for your time!





