

**MENTAL HEALTH SERVICES
OVERSIGHT AND ACCOUNTABILITY COMMISSION**

MHSSA Collaboration Teleconference Meeting Summary
December 7, 2022

MHSOAC
1812 9th Street
Sacramento, CA 95811

Staff Facilitators:

Tom Orrock, Chief of Community Engagement and Grants	Lester Robancho, Health Program Specialist
Michelle Nottingham, Health Program Specialist	Cheryl Ward, Health Program Specialist

Participating MHSSA County Partnerships Present (partial list):

Alameda County:

- Kate Graves

City of Berkeley:

- Rosina Keren
- Jonathan Maddox

Contra Costa:

- Ade Gobir

Inyo County:

- Maricela Baez

Humboldt County:

- Carolyn Albee
- Julie Beach
- Gabe Bennett
- Jeremy Nelson
- Wendy Scott

Mariposa County:

- Sheila Baker

Mendocino County:

- Nanette Barker

Modoc County:

- Krissy Hess

Mono County:

- Pon Tingsuk

Napa County:

- Jill Barnes

Nevada County:

- Charlie White

Orange County:

- Janel Alberts
- Candice Alvarado
- Amelia Azzam

San Bernardino County:

- Zakiya Otis

San Joaquin County:

- Sheri Coburn
- Nora Hana

Santa Barbara County:

- Jessie Funes
- Christine Lombard

Santa Cruz County:

- Michael Paynter

Siskiyou County:

- Tracie Lima

Solano County:

- Tracy Lacey
- Kristian Skillman

Stanislaus County:

- Alisa Yanez

Tehama County:

- JoNell Wallace

Tri-City:

- Debbie Johnson
- Erin Sapinoso
- Jasmin

Welcome and Introductions

Cheryl Ward, Health Program Specialist, called the Mental Health Student Services Act (MHSSA) Learning Collaboration teleconference meeting of the Mental Health Services Oversight and Accountability Commission (MHSOAC or Commission) to order at approximately 1:00 p.m. and welcomed everyone. A video was shown showcasing “Children First,” which is supported by Tulare County’s MHSSA grant and supports social workers on school campus. The video demonstrated one of the ways the MHSSA grant is improving the lives of students and their families.

Ms. Ward stated 57 of 58 counties are now participating in the MHSSA grants. She reviewed the goals, purpose, and structure of the meeting and noted that the 37 grantees from the Request for Applications (RFA)_001 and the 20 grantees from RFA_002 operate under different rules and for this meeting will be referred to as Round 1 and Round 2 grantees.

Announcements/Updates

- Meeting materials are now posted on the MHSSA Webpage. The MHSSA Learning Collaboration Contact List can be accessed under the Resources Section of the MHSSA Webpage.
- Contract amendments and budget updates for Round 1 and Round 2 grantees were reviewed.
- Screening materials have been sent to grantees as an opportunity to hold screenings of the “Hiding in Plain Sight Youth Mental Illness” documentary to use as a starter for discussion in communities. Contact information is included in the flyer.
- The next scheduled MHSSA data submission is at the end of February of 2023.
 - Staff will be following up with questions to some grantees on the August data submission.
 - A meeting will be held with Round 2 grantees in January of 2023 to answer data submission questions.

Presentation: School Health Assessment and Performance Evaluation (SHAPE) System

Ms. Ward stated this agenda item provides an opportunity to learn about the School Health Assessment and Performance Evaluation (SHAPE) System as a potential resource. She asked the representative of the National Center for School Mental Health (NCSMH) to present this agenda item.

Samantha Reaves, Ph.D., Assistant Professor, NCSMH, University of Maryland School of Medicine, presented on the SHAPE System, a free public-access, web-based platform that offers schools, districts, and states a workspace and targeted resources to support school mental health quality improvement. She provided an overview, with a slide presentation, of the mission, comprehensive school mental health systems, School

Mental Health National Quality Assessment domains and indicators, current assessments, how to use SHAPE, and re-assessment.

Dr. Reaves stated other states have used the SHAPE System to refine teaming structures and processes, study screening procedures, investigate the capabilities of data systems, establish relationships with community partners, and investigate impacts of services and supports. She stated the SHAPE System can support teams by providing a free data system, assessment tools, data monitoring, and a robust resource library geared toward implementation. It is also a conversation starter.

Dr. Reaves noted that a video is available to assist in navigating the SHAPE website.

Ms. Ward invited the representatives from a school district in California that utilizes the SHAPE System to share their insights.

Cara Lee and Denise Rizo, Alternative Education Programs and Support Department, Norwalk-La Mirada Unified School District (NLMUSD) in Los Angeles County, stated the school district is in its second year of using SHAPE as part of a learning collaborative with the Safe and Supportive Schools Department. They provided an overview of how the NLMUSD has utilized the SHAPE System in its violence prevention grant. SHAPE provides the structure of what comprehensive mental health support systems should look like and helps define strengths, weaknesses, and next steps.

Discussion

A grantee asked if schools that use the assessment tool chose to implement it or if a partner with a mental or behavioral health department introduces this tool to them for use.

Dr. Reaves stated SHAPE allows entities that have a different structure from schools and districts to create an account as well. Anyone can use SHAPE without any additional supports.

Tom Orrock, Chief, Community Engagement and Grants Division, asked about the amount of staff time it takes to input and update the SHAPE System.

Dr. Reaves stated it takes approximately 45 minutes for an individual to input the information. It can take approximately 2 to 3 hours split over two to three meetings to input information as part of a group.

Presentation: MHSSA Website (Orange County) & General Discussion

Michele Nottingham, Health Program Specialist, stated all MHSSA grantees are required to provide a Communication Plan on how their program(s) will increase awareness of and access and linkage to mental health services for students and their families and to provide related information on the partnership website(s). She asked the representative from Orange County to present the county's website.

Amelia Azzam, Regional Mental Health Coordinator, Orange County Department of Education (DOE), provided an overview of Orange County's MHSSA program and highlighted key features, resources, and tools as she showcased the Orange County DOE website.

Discussion

A grantee thanked Orange County for sharing their website as a model to other counties.

A grantee asked if the screening tools within the SHAPE System are meant for individuals who are not licensed but are paraprofessionals in mental health work.

Mr. Orrock stated each screening tool typically notes who can administer that type of screening. He suggested including a link to the screening manual for each tool for further information.

A grantee noted that learning the differences in the scopes of practice for county behavioral health and school-based mental health that is provided by school-based personnel is a struggle to ensure that the right services are being delivered in the right way.

A grantee stated county behavioral health plans are shifting to having paraprofessionals such as mental health specialists answering the access line and doing the access screening to determine if an individual needs to move forward for an assessment. The more individuals who can be trained to screen the better during this workforce crisis. After students are identified, individuals who are appropriately trained can then do the next steps.

A grantee agreed that, although there is excitement around bringing peers and paraprofessionals into the system, there is also uncertainty when considering the transition, the amount of new paperwork required, the new pathways, and how it can be done within the grants.

A grantee suggested a California Advancing and Innovating Medi-Cal (CalAIM) screening tool that is coming out in January of 2023. This might be something to consider for youth screening tools.

Technical Assistance Next Steps and Zoom Survey

Mr. Orrock provided a brief update on the next steps in the technical assistance process. A preliminary survey was conducted at the September meeting around the top-ten technical assistance needs. He asked grantees to take today's MHSSA Grantee Poll, which will examine technical assistance needs in greater detail.

Mr. Orrock reviewed today's survey questions and results.

Wrap-Up & Questions

Ms. Ward asked about topics for the next meeting.

A grantee suggested a discussion on the anxiety around boundaries and where the roles and responsibilities are of county behavioral health clinicians versus clinicians in the schools. She stated Orange County has found that having regular meetings and half-day retreats with the county office of education and behavioral health partners has been beneficial. There is a lot of mystery between what clinicians in the schools do, how they are trained, and what they are able to do. Having conversations about where roles

overlap and where they are distinct in terms of working with students and families has been a useful strategy in Orange County.

Topic requests for the next meeting (via chat):

A grantee suggested “sustainability and private insurance partnerships.”

A grantee suggested “crisis mobile.”

A grantee suggested a discussion around how other grantees have organized their data collection process to fulfill the MHSOAC requirements.”

A grantee suggested more presentations of what other grantees are doing well.

Adjourn

The next meeting will be held on March 1, 2023, from 1:00 p.m. to 3:00 p.m. There being no further business, the meeting was adjourned at approximately 3:00 p.m.