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Mental Health Services  
Oversight & Accountability Commission

## **Commission Packet**

**Commission Teleconference Meeting**  
**September 23, 2021**  
**9:00 AM – 1:00 PM**



Mental Health Services  
Oversight & Accountability Commission

1325 J Street, Suite 1700, Sacramento, California 95814

Phone: (916) 445-8696 \* Email: [mhsoac@mhsoac.ca.gov](mailto:mhsoac@mhsoac.ca.gov)

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## Commission/Teleconference Meeting Notice

**NOTICE IS HEREBY GIVEN** that the Mental Health Services Oversight and Accountability Commission will conduct a **teleconference meeting on September 23, 2021.**

This meeting will be conducted pursuant to Governor Newsom's Executive Order N-29-20, issued March 17, 2020, which suspended certain provisions of the Bagley-Keene Open Meeting Act during the declared State of Emergency response to the COVID-19 pandemic. Consistent with the Executive Order, in order to promote and maximize social distancing and public health and safety, this meeting will be conducted by teleconference only. The locations from which Commissioners will participate are not listed on the agenda and are not open to the public. All members of the public shall have the right to offer comment at this public meeting as described in this Notice.

**DATE: September 23, 2021**

**TIME: 9:00 a.m. – 1:00 p.m.**

### **ZOOM ACCESS:**

#### **FOR COMPUTER/APP USE:**

**Link :** <https://mhsoac-ca-gov.zoom.us/j/84218258551>

**Meeting ID:** 842 1825 8551

**Passcode:** A2Jt95s!

#### **FOR DIAL-IN PHONE USE:**

**Dial-in Number:** 1-408-638-0968

**Meeting ID:** 842 1825 8551

**Passcode:** 46415287

**Public Participation:** The telephone lines of members of the public who dial into the meeting will initially be muted to prevent background noise from inadvertently disrupting the meeting. Phone lines will be unmuted during all portions of the meeting that are appropriate for public comment to allow members of the public to comment. Please see additional instructions below regarding Public Participation Procedures.

**\*The Commission is not responsible for unforeseen technical difficulties that may occur in the audio feed.**

**PUBLIC PARTICIPATION PROCEDURES:** All members of the public shall have the right to offer comment at this public meeting. The Commission Chair will indicate when a portion of the meeting is to be open for public comment. **Any member of the public wishing to comment during public comment periods must do the following:**

- **If joining by call-in, press \*9 on the phone.** Pressing \*9 will notify the meeting host that you wish to comment. You will be placed in line to comment in the order in which requests are received by

the host. **When it is your turn to comment, the meeting host will unmute your line and announce the last three digits of your telephone number.** The Chair reserves the right to limit the time for comment. Members of the public should be prepared to complete their comments within 3 minutes or less time if a different time allotment is needed and announced by the Chair.

- **If joining by computer, press the raise hand icon on the control bar.** Pressing the *raise hand* will notify the meeting host that you wish to comment. You will be placed in line to comment in the order in which requests are received by the host. **When it is your turn to comment, the meeting host will unmute your line and announce your name and ask if you'd like your video on.** The Chair reserves the right to limit the time for comment. Members of the public should be prepared to complete their comments within 3 minutes or less time if a different time allotment is needed and announced by the Chair.

### **Our Commitment to Excellence**

The Commission's 2020-2023 Strategic Plan articulates three strategic goals:

- 1) Advance a shared vision for reducing the consequences of mental health needs and improving wellbeing – and promote the strategies, capacities and commitment required to realize that vision.
- 2) Advance data and analysis that will better describe desired outcomes; how resources and programs are attempting to improve those outcomes; and, elevate opportunities to transform and connect programs to improve results.
- 3) Catalyze improvement in state policy and community practice by (1) providing information and expertise; (2) facilitating networks and collaboratives; and, (3) identifying additional opportunities for continuous improvement and transformational change.

### **Our Commitment to Transparency**

Per the Bagley-Keene Open Meeting Act, public meeting notices and agenda are available on the internet at [www.mhsoac.ca.gov](http://www.mhsoac.ca.gov) at least 10 days prior to the meeting. Further information regarding this meeting may be obtained by calling (916) 445-8696 or by emailing [mhsoac@mhsoac.ca.gov](mailto:mhsoac@mhsoac.ca.gov)

### **Our Commitment to Those with Disabilities**

- Pursuant to the American with Disabilities Act, individuals who, because of a disability, need special assistance to participate in any Commission meeting or activities, may request assistance by calling (916) 445-8696 or by emailing [mhsoac@mhsoac.ca.gov](mailto:mhsoac@mhsoac.ca.gov). Requests should be made one (1) week in advance whenever possible.

## **AGENDA**

**Lynne Ashbeck**  
Chair

**Mara Madrigal-Weiss**  
Vice Chair

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### **Commission Meeting Agenda**

All matters listed as “Action” on this agenda, may be considered for action as listed. Any item not listed may not be considered at this meeting. Items on this agenda may be considered in any order at the discretion of the Chair.

**9:00 AM**      **Call to Order**

Chair Lynne Ashbeck will convene the Commission meeting, make announcements, and hear committee updates.

**9:15 AM**      **Roll Call**

Roll call will be taken.

- 9:20 AM**      **General Public Comment**  
General Public Comment is reserved for items not listed on the agenda. No discussion or action by the Commission will take place.
- 9:50 AM**      **Action**  
**1: August 26, 2021 MHSOAC Meeting Minutes**  
The Commission will consider approval of the minutes from the August 26, 2021 teleconference meeting.
- Public Comment
  - Vote
- 10:00 AM**      **Action**  
**2: Art With Impact Contract**
- **Presenter: Andrea Anderson, Chief of Communications**
- The Commission will receive a presentation on the work of Art With Impact. Commission staff are recommending approval of a two-year contract not to exceed \$500,000 to continue these services.
- Public Comment
  - Vote
- 10:45 AM**      **Action**  
**3. Crossings TV Contract**
- **Presenter: Andrea Anderson, Chief of Communications**
- The Commission will hear a summary of the work performed by Crossings TV. Commission staff are recommending approval of a one-year contract not to exceed \$110,000 to continue these services.
- Public Comment
  - Vote
- 11:10 AM**      **Action**  
**4: Marin County Innovation Plan**
- **Presenter: Talia Harter, Student Board Member, San Rafael City Schools Board of Education**
- The Commission will consider approval of \$1,648,000 in Innovation funding for Marin County’s Student Wellness Ambassador Program: A County-Wide, Equity-Focused Approach Project.
- Public Comment
  - Vote
- 11:50 AM**      **BREAK**

**12:00 PM      Action**

**5: Mental Health Wellness Act of 2013 (Triage)**

- **Presenters: Norma Pate, Deputy Director and Toby Ewing, Executive Director**

Commission staff will provide an overview of the Mental Health Wellness Act of 2013 and opportunities for new investments in the 2021-22 Fiscal Year.

- Public Comment
- Vote

**1:00 PM      Adjournment**

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# AGENDA ITEM 1

**Action**

**September 23, 2021 Commission Meeting**

**Approve August 26, 2021 MHSOAC Teleconference Meeting Minutes**

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**Summary:** The Mental Health Services Oversight and Accountability Commission will review the minutes from the August 26, 2021 Commission teleconference meeting. Any edits to the minutes will be made and the minutes will be amended to reflect the changes and posted to the Commission Web site after the meeting. If an amendment is not necessary, the Commission will approve the minutes as presented.

**Presenter:** None.

**Enclosure:** August 26, 2021 Meeting Minutes

**Handouts:** None.

**Proposed Motion:** The Commission approves the August 26, 2021 meeting minutes.

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**State of California**

**MENTAL HEALTH SERVICES  
OVERSIGHT AND ACCOUNTABILITY COMMISSION**

Minutes of Teleconference Meeting  
August 26, 2021

MHSOAC  
1325 J Street, Suite 1700  
Sacramento, CA 95814

890-9029-5267; Code 506?LGqj

Lynne Ashbeck  
Chair  
Mara Madrigal-Weiss  
Vice Chair  
Toby Ewing, Ph.D.  
Executive Director

**Members Participating:**

Lynne Ashbeck, Chair  
Mara Madrigal-Weiss, Vice Chair  
Ken Berrick  
John Boyd, Psy.D.  
Keyondria Bunch, Ph.D.

Steve Carnevale  
Shuonan Chen  
Itai Danovitch, M.D.  
Gladys Mitchell  
Khatera Tamplen

**Members Absent:**

Mayra Alvarez  
Sheriff Bill Brown  
Assembly Member Wendy Carrillo

David Gordon  
Tina Wooton

**Staff Present:**

Toby Ewing, Ph.D., Executive Director  
Anna Naify, Consulting Psychologist  
Maureen Reilly, Acting General Counsel  
Norma Pate, Deputy Director, Program,  
Legislation, and Administration  
Brian Sala, Ph.D., Deputy Director,  
Research and Chief Information Officer

Tom Orrock, Chief of Stakeholder  
Engagement and Grants  
Sharmil Shah, Psy.D., Chief of Program  
Operations

## **CALL TO ORDER**

Chair Lynne Ashbeck called the teleconference meeting of the Mental Health Services Oversight and Accountability Commission (MHSOAC or Commission) to order at 9:01 a.m. and welcomed everyone.

Commissioner Tamplen spoke on behalf of the people of Afghanistan during this difficult time. She asked everyone to visit [change.org](http://change.org) and the petition to support the categorical humanitarian crisis in Afghanistan.

Commissioner Boyd asked for a moment of reflection for the people of Afghanistan.

Amariani Martinez, Commission staff, reviewed the meeting protocols.

Chair Ashbeck gave the announcements as follows:

### Announcements

- The next MHSOAC meeting is scheduled for Thursday, September 23<sup>rd</sup>. The agenda will be posted on September 13<sup>th</sup>.
- A slide was shown of the six Innovation projects that were approved through the delegated authority of the Executive Director and the Chair. The project plans and staff analysis for each Innovation project were included in the meeting materials.

### Research and Evaluation Committee Update

Commissioner Berrick, Vice Chair of the Research and Evaluation Committee, provided a brief update of the work of the Committee since the last Commission meeting:

- The Committee has had a number of preparation meetings that have focused on using the Senate Bill (SB) 82 triage crisis services outcomes evaluation as a format for broader evaluation, focusing initially on children and youth and ultimately moving to each of the major component areas of the MHSA.
- The next Research and Evaluation Committee meeting is scheduled for Wednesday, September 1<sup>st</sup>, and will include a comprehensive review of triage crisis services outcomes evaluation and a discussion on the broader Children's Mental Health Services Initiative, led by the Governor and the Administration, and how that relates to the Commission and its evaluation process.

### Client and Family Leadership Committee Update

Tom Orrock, Chief of Stakeholder Engagement and Grants, provided a brief update of the work of the Client and Family Leadership Committee (CFLC) Committee since the last Commission meeting:

- The Committee has continued to focus on opportunities to advance the work of peers in the mental health workforce and to provide input on the implementation of the peer specialist certification process, which is under the authority of the Department of Health Care Services (DHCS).



- Committee Members heard presentations at the August 19<sup>th</sup> meeting from the California Association of Mental Health Peer-Run Organizations (CAMHPRO) and the DHCS on the implementation of SB 803 peer certification and peer provider billing.
- Committee Members also heard a presentation at the August 19<sup>th</sup> meeting from staff on a school-based mental health implementation guide example that was created by the Commission in collaboration with the Department of Education, the School-Based Health Alliance, and the California Mental Health Services Authority (CalMHSA) that could be used as a sample for the Committee's creation of a implementation guide for peer certification processes at the county level to assist county behavioral health departments that are interested in launching a peer certification program.
- An additional CFLC meeting is scheduled for Tuesday, September 28<sup>th</sup>, to discuss the specific components of the implementation guide.
- The next regular CFLC meeting is scheduled for Tuesday, October 19<sup>th</sup>.

#### Cultural and Linguistic Competency Committee Update

Mr. Orrock stated the next Cultural and Linguistic Competency Committee (CLCC) meeting is tentatively scheduled for Thursday, October 14<sup>th</sup>.

#### Prevention and Early Intervention Subcommittee Update

Vice Chair Madrigal-Weiss, Chair of the Prevention and Early Intervention (PEI) Subcommittee, thanked Stacie Hiramoto, Director, Racial and Ethnic Mental Health Disparities Coalition (REMHDCO), for sending the Commission a letter from the MHSA Partners Forum and the California Reducing Disparities Project (CRDP) regarding items covered by the PEI Subcommittee. She stated she will be responding to this letter shortly.

Vice Chair Madrigal-Weiss stated a virtual panel discussion is scheduled for Wednesday, September 1<sup>st</sup>, co-hosted in partnership with the California Alliance of Child and Family Services and the Children's Partnership. She thanked Commissioner Boyd for agreeing to facilitate the panel discussion.

#### Roll Call

Maureen Reilly, Acting General Counsel, called the roll and confirmed the presence of a quorum.

### **GENERAL PUBLIC COMMENT**

David Smith stated concern about data collection and measurement of outcomes in crisis situations and post-recovery. The speaker suggested that some of the things that are happening in treatment services may circumvent longer-term recovery and are limiting individuals from reaching their full potential. The speaker asked how to locate data on this.

Chair Ashbeck asked Mr. Smith to send an email to staff for assistance.

Mary Ann Bernard, retired lawyer, family member, and advocate for the severely mentally ill, reminded Commissioners that the last clause of Section 5840(c) of the Mental Health Services Act (MHSA) has always required that PEI “shall also include components similar to programs that have been successful in reducing the duration of untreated severe mental illnesses and assisting people in quickly regaining productive lives,” which means that PEI is also relapse prevention.

Mary Ann Bernard also reminded Commissioners that the Office of Administrative Law (OAL) required this Commission to include relapse prevention for individuals with existing severe mental illness in the existing PEI Regulations because it is a statutory mandate. The speaker noted that crisis intervention without relapse prevention is cruelty.

Stacie Hiramoto thanked staff for putting the letter regarding the PEI Subcommittee from the MHSA Partners Forum in the meeting materials and Vice Chair Madrigal-Weiss for her note that she will be responding to the letter soon.

Stacie Hiramoto noted that the CRDP was able to obtain the \$63.1 million it sought to extend the project for another four years.

Poshi Walker, LGBTQ Program Director, Cal Voices, and Co-Director, #Out4MentalHealth, stated, as per the letter to the Commission dated July 28, 2021, Cal Voices is requesting that a presentation on the Help@Hand Multi-County Innovation Collaborative Project, formerly known as the Tech Suite Collaborative Innovation Project, be added to an upcoming agenda, which is in accordance with Commissioner requests made during the February 27, 2020, meeting. The speaker referred to the minutes from the February 27, 2020, minutes for details on Commissioner requests. It has been 18 months since Commissioners requested more information. The speaker noted that concerns voiced by Commissioners and the public still exist. The speaker requested that Commissioners again ask for an update addressing those concerns in the near future.

Chair Ashbeck stated she would work with staff to get that on an agenda prior to the end of the year.

Hannah Bichkoff, Policy Director, Cal Voices, stated concern about the document titled “Commission Positions on 2021 Legislation,” which was included in the meeting materials. The speaker stated the involvement in establishing legislative actions for the 14 identified bills should be vetted at a public meeting to ensure that the Commission is responding to the needs of the community. The speaker asked how these bills are prioritized, how consensus is built around these bills while avoiding serial communication, and whether the presentation of this bills to the Commission includes opposing views and avoids bias and influence from special interest groups. The speaker stated the Commission is to provide technical assistance to the Legislature, not to become legislative advocates or a lobbying body.

Andrea Crook, Director of Advocacy, ACCESS California, a program of Cal Voices, echoed Poshi Walker’s comments. The speaker highlighted Commissioner comments

and requests made at the February 27, 2020, Commission meeting. The speaker stated there are still no outcomes, budget narrative breakdowns, or learnings provided by the Help@Hand Multi-County Innovation Collaborative Project. It is important to invite Help@Hand back and to provide them with a structured outline of what the Commission would like them to report on to ensure that the Commission receives more than a generic overview.

Steve McNally, family member and Member, Orange County Behavioral Health Advisory Board, stated families and system users in the MHSA are paramount and yet are continually left at the sidelines. It is confusing because so much is done out of view. The speaker stated concern about who oversees CalMHSA and stated they will share a presentation that CalMHSA recently did in Orange County to staff where no dollar figures were provided.

Steve McNally asked the Commission for help with finding local behavioral health board distribution lists. When information does not come to local behavioral health boards, they cannot know to ask questions about community issues. The speaker asked for a legislative cheat sheet, once the budget is summarized, and for assistance finding trailer bill language.

Tiffany Carter, Statewide Advocacy Liaison, ACCESS California, a program of Cal Voices, stated the need for county plans being approved by this Commission to be innovative by the legal definition and to ensure that Innovation is the appropriate mechanism and funding stream for Innovation plans.

## **ACTION**

### **1: June 24, 2021, MHSOAC Meeting Minutes**

Chair Ashbeck stated the Commission will consider approval of the minutes from the June 24, 2021, teleconference meeting.

### **Public Comment**

Tiffany Carter stated the meeting minutes are often paraphrased. This is inappropriate for public comment because paraphrasing can cause things to be lost in the translation. The speaker stated words matter. The speaker requested a verbatim transcript of the meetings to better capture words and intended meanings.

Poshi Walker agreed with the previous speaker and referred to their comment captured in the June 24<sup>th</sup> minutes that the speaker “stated the concern about the lack of LGBTQ representation on the Commission.” The speaker stated they said more than that and would appreciate that being included in the minutes.

Poshi Walker noted that, when comments are in support of proposed projects, the minutes do not state what the comments were or why they are in support. Meeting minutes are the only record of what took place. The speaker asked that public comments not be paraphrased in the minutes but stated in full, minus repeated and filler words.

**Motion: Agenda Item 1**

Chair Ashbeck asked for a motion to approve the minutes.

Commissioner Berrick made a motion to approve the June 24, 2021, teleconference meeting minutes.

Vice Chair Madrigal-Weiss seconded.

Action: Commissioner Berrick made a motion, seconded by Vice Chair Madrigal-Weiss, that:

- *The Commission approves the June 24, 2021, Teleconference Meeting Minutes as presented.*

Motion carried 8 yes, 0 no, and 0 abstain, per roll call vote as follows:

The following Commissioners voted "Yes": Commissioners Berrick, Carnevale, Chen, Danovitch, Mitchell, and Tamplen, Vice Chair Madrigal-Weiss, and Chair Ashbeck.

**ACTION**

**2: Placer County Innovation Plan**

**Presenter:**

- Amy Ellis, Placer County Health and Human Services-Deputy Director, Adult System of Care

Chair Ashbeck stated the Commission will consider approval of \$2,750,000 in Innovation funding for Placer County's 24/7 Adult Crisis Respite Center Innovation Project.

Commissioner Boyd recused himself from the discussion and decision-making with regard to this agenda item pursuant to Commission policy.

Chair Ashbeck asked the county representative to present this agenda item.

Amy Ellis, Deputy Director, Placer County Health and Human Services, Adult System of Care, provided an overview, with a slide presentation, of the need, proposed project to address the need, community contribution, learning objectives, evaluation, and budget of the proposed 24/7 Adult Crisis Respite Center Innovation Project.

**Commissioner Questions**

Commissioner Carnevale asked if this project is new across the system and what has been learned with similar initiatives.

Ms. Ellis stated she reached out to several counties that have similar services but none were doing it exactly like this project with its length of stay, services offered, and level of staffing. Also, since it is in outpatient behavioral health, it can bill for certain services, borrow nursing or psychiatric staff during the day, and do services directly on site.

Commissioner Carnevale asked the county to measure outcomes to understand the amount of funding saved downstream by putting in earlier Intervention practices and to see how that applies across the system.

Chair Ashbeck stated one of the metrics is to reduce traffic through the hospital emergency room but noted that this service cannot be on hold. She asked how to measure something that does not happen.

Ms. Ellis stated that is why the county will need to measure both quantitatively and qualitatively in the evaluation approach.

Commissioner Berrick stated the project in and of itself is not innovative but it brings Innovation in its effort to be comprehensive in providing real options across the whole continuum of care.

Vice Chair Madrigal-Weiss asked about the plan to get this project out to the community.

Ms. Ellis stated it has been identified as one of the county's top priorities on its communication plan. The county will put messages on social media and in newspapers and marketing flyers.

Commissioner Mitchell asked about the plan for growth.

Ms. Ellis stated it was fiscally responsible for the county to start small and grow as the need requires to help with sustainability. She stated a wing on the wellness center was split to create this project. If needed, the wing can be opened up to create greater capacity on site. Also, an additional site can be created offsite through a community provider that provides similar services.

### **Public Comment**

Jodi Nerell, Director of Local Mental Health Engagement, Sutter Health, spoke in support of the proposed Innovation Project.

William Garrity asked if North Valley Behavioral Health is part of the proposed Innovation Project.

Alicia Pimentel, Anthem Blue Cross/Medi-Cal, spoke in support of the proposed Innovation Project.

Poshi Walker stated #Out4MentalHealth has been doing local work and listening sessions with Black, Indigenous, and People of Color (BIPOC), queer, and trans communities. The speaker stated there is true fear of engagement, especially for the BIPOC community. Getting into services oftentimes is traumatizing because services do not offer culturally affirming and sensitive services or have the understanding of the role that race, ethnicity, sexual orientation, gender identity, and age play together in a person, which cannot be separated out.

Poshi Walker stated they have heard over and over the idea of mandated reporting, being 5150'd, and the fear of having anything to do with a system that will force individuals into services, which results in reluctance to engage. The speaker asked for assurance that the proposed Innovation Project will be completely voluntary.

Matthew Diep, California Youth Empowerment Network (CAYEN), echoed Poshi Walker's concerns. The speaker asked if transition-age youth (TAY) will be included in these services. The speaker thanked the county for including peer support specialists in the project and asked if TAY will be included in the peer support specialist positions hired by the county.

### **Commissioner Discussion**

Chair Ashbeck asked the county representatives to respond to comments and concerns brought up during public comment.

Ms. Ellis responded to William Garrity's question by stating the 30-day crisis resolution is done by a county contracted provider. North Valley Behavioral Health is the operator of the county's locked facility, which is adjacent to the project facility.

Ms. Ellis responded to Poshi Walker's comments by stating it is always the county's intent to try to voluntarily engage. It is difficult to promise that there would never be a time when a 5150 process might need to be initiated within the facility, but that would only be reserved if they met the strict requirements of harm to self or others or great disability to where the county would legally be required to ensure the safety of the individual. Involuntary treatment would be a last resort.

Ms. Ellis stated the county is aware of the need to ensure culturally-responsive techniques and practices to help keep the engagement voluntary.

Ms. Ellis responded to Mr. Diep's question. She stated the county's adult and children's systems of care were involved in the Innovation planning process and the needs of youth and TAY were discussed. The proposed Innovation Project will provide services for individuals 18 years and above.

Executive Director Ewing responded to Commissioner Berrick's comment. He stated this work is part of the support the Commission has provided to counties on the Crisis Now model to work toward the goal that this is not the exception but is the standard practice. There are a total of 14 counties engaged in that. He stated this raises concerns that have been consistent throughout the Commission's Innovation work – at what point something is no longer innovative because a group of counties are starting to do that.

Executive Director Ewing stated the Legislature has stated that the Commission needs to figure this out on a case-by-case basis. He stated staff is working with a number of partners to streamline and better understand how to make Innovation work and to push systems towards the continuum of support that is necessary in addressing all issues that have been raised around trust and capacity building. Many more counties are interested in following what Placer County is doing and benefiting from that capacity.

Commissioner Danovitch agreed with both the need for this project and the question about its innovativeness. He stated another standard of Innovation is the learning component with the question being "what will we learn from this that will enable us to sustain this after the funding from the Innovation mechanism is completed?" He stated his biggest concern about this is that the learning question that needs to be answered that will enable the sustainability of this after the Innovation funding completes is not

fully addressed. He asked the team leading the proposed Innovation Project to learn how it will be sustained and how this pilot innovative mechanism can be used to ensure that, if it works, there is a mechanism to continue it.

**Motion: Agenda Item 2**

Chair Ashbeck asked for a motion to approve Placer County's 24/7 Adult Crisis Respite Center Innovation Project.

Commissioner Berrick moved the staff recommendation.

Vice Chair Madrigal-Weiss seconded.

Action: Commissioner Berrick made a motion, seconded by Vice Chair Madrigal-Weiss, that:

*The Commission approves Placer County's Innovation Plan, as follows:*

*Name: 24/7 Adult Crisis Respite Center*

*Amount: Up to \$2,750,000 in MHSA Innovation Funds*

*Project Length: Five (5) Years*

Motion carried 7 yes, 0 no, and 1 abstain, per roll call vote as follows:

The following Commissioners voted "Yes": Commissioners Berrick, Carnevale, Danovitch, Mitchell, and Tamplen, Vice Chair Madrigal-Weiss, and Chair Ashbeck.

The following Commissioner abstained: Commissioner Bunch.

Commissioner Boyd rejoined the meeting.

**BREAK**

**INFORMATION**

**3: Capitol Collaborative On Race and Equity (CCORE) Team Overview and Discussion with the Commission**

**Presenter:**

- MHSOAC Staff

Chair Ashbeck stated CCORE team members will present an update on the progress toward developing a Racial Equity Action Plan (REAP), areas of opportunities, and next steps. She asked staff to present this agenda item.

Lauren Quintero, Chief, Administrative Services, and Co-Lead, CCORE Team, began her presentation by doing a land acknowledgement of the MHSOAC headquarters office, listing Native American tribes that are indigenous to the area, and an acknowledgement for the movement for Black lives. She provided an overview, with a

slide presentation, of the background, goals for today, and activities and inputs guiding the work.

Anna Naify, Ph.D., Consulting Psychologist, and Co-Lead, CCORE Team, continued the slide presentation and discussed feedback received on internal practices to support equity and external supports for mental health, the REAP vision and root cause analysis, data discovery, potential opportunity areas, current initiatives, and next steps. She stated the CCORE training is near completion and the REAP and supporting implementation plan will be developed this fall.

Ms. Quintero asked Commissioners to discuss opportunities for transformational change and race equity. She read a list of questions to help facilitate the discussion, as follows:

- How can we best embed equity into everything we do?
- What are your priorities for supporting racial equity and school mental health?
- How might the Commission engage tribes?
- How could staff support strategic initiatives of the Commission to use data, increase capacity at the local level, and engage the public in authentic and meaningful ways?

Ms. Naify included additional questions for discussion, as follows:

- How can the state support the success and strategies that increase equity in access to care and decrease stigma, given the diverse population of California?
- How can we leverage the Commission's tools and strategies including thinking about financial incentives, Innovation, how Innovation plans are reviewed and approved, and policy to prioritize reducing disparities in mental health?

### **Commissioner Questions**

Commissioner Carnevale spoke in support of the CCORE project.

Commissioner Bunch asked what was measured for impact for groups which are most negatively impacted within schools.

Dr. Naify stated expulsion and suspension data was used.

Commissioner Bunch asked what is stopping the requirement for a racial equity component for every Innovation plan brought before the Commission.

Executive Director Ewing stated staff is thinking about how to embed an equity lens in everything the Commission does and is drafting a plan that will be presented to the Commission for adoption.

Chair Ashbeck noted that the language used when discussing race and equity is important and needs to be clear.



### **Public Comment**

Poshi Walker commended the Commission's efforts but urged not just looking at race while ignoring other inequities involved that cannot be ignored.

Hanna Bichkoff discussed two other data points worth considering in this initiative – English language learners and youth in foster care, who are disproportionately served within the public school system.

Stacie Hiramoto stated concern that there was no use of the words race or racism in the vision and root analysis. Racial equity cannot be achieved without the willingness to use those words.

### **Commissioner Discussion**

Vice Chair Madrigal-Weiss stated this is a great first step. Regular updates are necessary to hold the Commission accountable.

## **ACTION**

### **4: MHSOAC Budget Overview and Expenditure Plan**

#### **Presenters:**

- Toby Ewing, Executive Director
- Norma Pate, Deputy Director

Chair Ashbeck stated the Commission will hear a presentation on the Fiscal Year 2020-21 budget, including specific accomplishments from the past year, and will consider approval of the Fiscal Year 2021-22 Operations Budget and Expenditure Plan. She asked staff to present this agenda item.

Norma Pate, Deputy Director, provided an overview, with a slide presentation, of the Fiscal Year 2020-21 budget and the Operations Budget and Expenditure Plan for Fiscal Year 2021-22. She noted that the Commission budget increased this year from \$45 million to \$255 million.

### **Commissioner Questions**

Commissioner Danovitch asked if the Commission has the ability to effectively manage the increased budget.

Deputy Director Pate agreed with the need for more resources to manage the increased funding and programs. Staff is working closely with the Department of Finance to address these resource needs.

Commissioner Berrick suggested bringing in short-term contracting positions to help with the additional workload. He stated the need to respond quickly to people in need and to have structures in place that allow the Commission to do that and to move in ways that government cannot always do.

Chair Ashbeck asked to include a Rapid Response line item in the financial statements.

Commissioner Berrick agreed with strengthening a formal behavioral health disaster response. He stated the need to have the capability built in as part of a comprehensive long-term plan to respond to individuals whose lives are immediately impacted. If this capacity is not built in, response is delayed. He noted that CalMHSA has also been thinking about this.

Commissioner Mitchell stated concern about capacity due to the Commission's small staff. She asked about the plan to grow staff.

Executive Director Ewing agreed that the Commission's workload has grown tremendously while the number of staff to support that work has remained unchanged. He stated staff will shortly be submitting a confidential budget request to the governor for his consideration.

Commissioner Carnevale stated adding capacity to not only service the current needs but to learn from the work being done is an important element in order to deliver services effectively. He stated the need to invest in long-term programs that really address the generational and systemic causes of these problems. This is the only way to begin to address problems in the long-run. He suggested identifying the percentage of the budget that addresses urgent, current needs versus longer-term programs that solve some of these problems and trying to find a balance between the two.

#### Presentation, continued

Executive Director Ewing continued the presentation and highlighted accomplishments made during the past year and goals for the new year. He stated an incentive grant will be provided to every county in the state of California to strengthen school mental health partnerships. Staff will be working in the coming months to allocate that funding.

#### **Commissioner Discussion**

Vice Chair Madrigal-Weiss stated the Commission already agreed with supporting a convening around youth mental health. She asked where that is outlined in the budget.

Executive Director Ewing stated \$300,000 has been set aside as a specific line item in the budget to sponsor a youth mental health convening specifically designed for and by youth mental health leaders to bring together youth mental health organizations to design an event to elevate the voice of youth around youth mental health needs.

Executive Director Ewing stated the Commission has invested \$50,000 to initiate a website that would allow Californians to have access to free apps and websites that have been vetted by subject matter experts to ensure they are not harmful. The goal is not that they are evidence-based, but that they do no harm. The Together for Wellness website is part of the CalHOPE platform.

Vice Chair Madrigal-Weiss asked to take the lead on the youth mental health convening. She invited Commissioner Tamplen to work alongside her along with other Commissioners who would like to join in this effort.

Chair Ashbeck agreed.

Commissioner Berrick suggested starting the planning process to include a clearly-identified budget line item for mental health rapid response.

### **Public Comment**

Theresa Comstock, Executive Director, California Association of Local Behavioral Health Boards and Commissions (CALBHB/C), reminded the Commission that at a past meeting they requested a new stakeholder advocacy contract supporting boards and commissions and their work in terms of reviewing, advising, and ensuring local stakeholder input.

Matthew Diep expressed appreciation for the conversation around elevating youth voice. The speaker offered CAYEN's help in bringing youth to the table to support the Commission's efforts.

Poshi Walker stated the website referenced by Executive Director Ewing was not evidence-based. The bar was just to not be harmful. Although first, do no harm is important, especially when referencing LGBTQ individuals, not being able to get help is in and of itself harmful. The speaker stated individuals go to this website for help but it is not helpful. It does not have LGBTQ-specific crisis lines listed. It is important that someone in crisis does not get someone who has no knowledge of their identity. The lack of a culturally responsive response in and of itself can be harmful.

### **Motion: Agenda Item 4**

Chair Ashbeck asked for a motion to approve the Fiscal Year 2021-22 Operations Budget and Expenditure Plan.

Vice Chair Madrigal-Weiss moved to approve the staff recommendation.

Commissioner Danovitch seconded.

Action: Commissioner Boyd made a motion, seconded by Commissioner Danovitch, that:

- *The Commission approves the Fiscal Year 2021-22 Expenditure Plan.*

Motion carried 9 yes, 0 no, and 0 abstain, per roll call vote as follows:

The following Commissioners voted "Yes": Commissioners Berrick, Boyd, Bunch, Carnevale, Danovitch, Mitchell, and Tamplen, Vice Chair Madrigal-Weiss, and Chair Ashbeck.

### **ADJOURN**

There being no further business, the meeting was adjourned at 12:55 p.m.

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# AGENDA ITEM 2

Action

September 23, 2021 Commission Meeting

Art With Impact Communications Contract

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**Summary:** The Commission will hear an update from Art With Impact and consider approval of a two-year agreement to continue support for their work.

**Background:** Since 2012, Art With Impact has been promoting mental wellness by creating space for young people to learn and connect on mental health themes through art and media. Their innovative, arts-based workshops reach audiences of college students and community members. Students are effectively moved to action, with **75 percent of participants more likely to seek support for their wellness** after engaging in Art with Impact activities. Impacts include:

- Hosting **594 workshops** with colleges and universities
- Reaching **33,550 students** in the U.S. and Canada
- Building a library of **95 short films** about mental health creating the largest and most diverse collection of short films focused on mental health in the world
- Distributing **\$150,000 in production grants** for **30 films** on underrepresented mental health narratives
- Engaging **over 6,000 community members** through in person and virtual film festivals
- Collaborating with **over 800 mental health providers** as community sponsors and counselors for workshops

Art With Impact's programming supports multiple other Commission initiatives, including:

- Student Mental Health
- Stigma Reduction
- Youth Empowerment
- Addressing Diversity and Equity
- Outreach and Engagement

**Presenters:** Andrea Anderson, Chief of Communications, Mental Health Commission and Cary McQueen, Founder and Executive Director, Art With Impact

**Enclosures (2):** (1) Biography for Cary McQueen; (2) Art With Impact 2019-2020 Annual Report: Our Voices Will Be Heard

**Handouts (1):** PowerPoint Presentation

**Proposed Motion:** The Commission approves Art With Impact’s request for program funding for 2 years, as follows:

**Name:** Art With Impact

**Amount:** \$500,000

**Project Length:** Two (2) Years



## **Biography for Cary McQueen, Founder and Executive Director of Art With Impact**

Cary (she/her) is the founder and executive director of Art With Impact and a firm believer that art is the answer (and it doesn't even matter what the question is).

She considers mental health to be the foundation of all social justice and, through Art With Impact, works to create learning environments that explore this rich subject through the power of art and creativity.

Since its founding, Art With Impact has gone from being a little dream in Cary's head to an actual, impactful arts-based mental health resource serving thousands of students each year at colleges and universities throughout the U.S. and Canada and housing the most diverse library of short films about mental health issues in the world.

In previous professional incarnations, Cary was the Executive Director of the Center for Arts Management and Technology, a research center at Carnegie Mellon University (CMU); and a research advisor for students' capstone projects in CMU's Masters in Arts Management program.

She has also worked as a consultant to nonprofit arts organizations to create programs and strategies that engage art enthusiasts in meaningful ways. With clients like The Andy Warhol Museum and EthnoGraphic Media she developed a wide-range of strategic communication programs from internet-based donor cultivation and acquisition to grassroots film engagement campaigns.

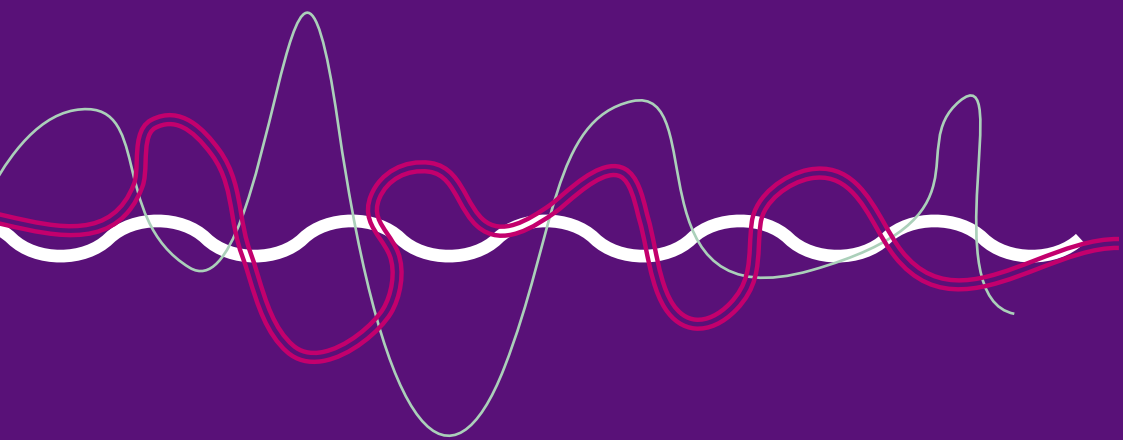
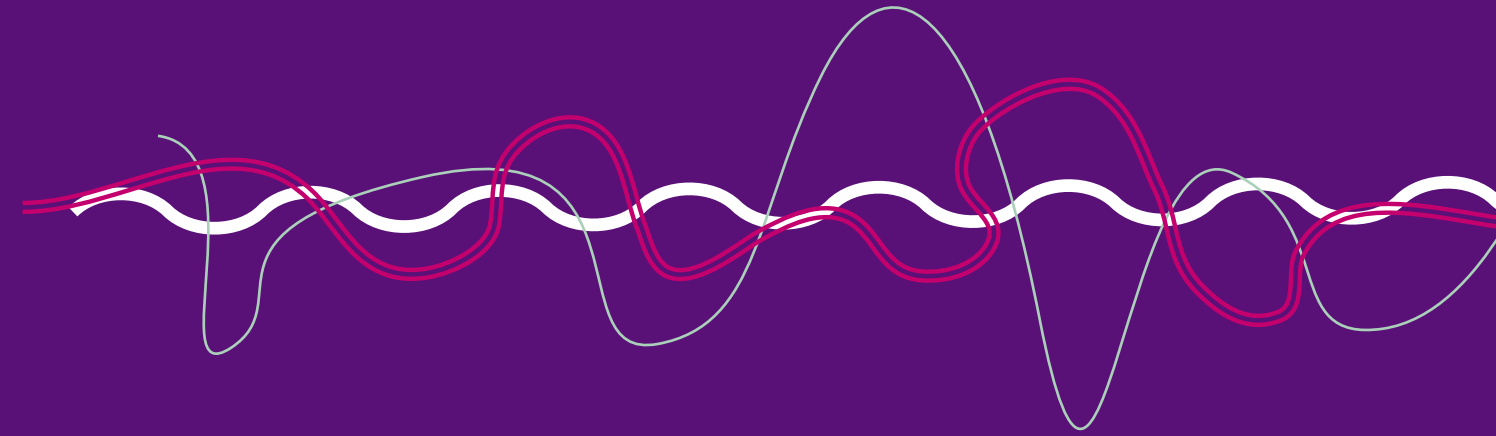


ART WITH IMPACT

2019-2020  
**ANNUAL  
REPORT**

**OUR VOICES  
WILL BE HEARD**

Everyone has a mental  
health story.



Talking about it  
shouldn't be taboo.



“Awareness is the greatest tool. Aware of mental health issues. Aware that everyone can suffer to any degree. Aware that there are resources. Just spread awareness.”

— Student Attendee, Movies for Mental Health Online, Gavilan College

“[My main takeaway is] that we can use the arts to engage in the topic of mental health in meaningful and connective ways even during this pandemic.”

— Student Attendee, Movies for Mental Health Online, Chapman University

“This was a much needed session to discuss some of the inclusion barriers in the drag/queer community. Loved the diversity of this session.”

— Student Attendee, Voices With Impact Festival Session

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# LETTER FROM THE EXECUTIVE DIRECTOR

“This is an inviting workshop and it was amazing to see such powerful videos and have a community.”

— Student Attendee, Movies for Mental Health Online, Skyline College

Dear Friends,

“So many of us struggle the same way. You just don’t know when you walk past someone that they might be struggling with the same stuff. Just knowing there are others out there helps to make me not feel so alone.”

- Movies for Mental Health Online Participant

“If there’s a “plus” to the pandemic, it’s the incredible variety of programs that have been available online, especially voices that often go unheard, topics that are silenced, and the chat stuff revealing that none of us are alone in our journey.”

- Voices With Impact Participant

**Everyone** has a mental health story. Talking about it shouldn’t be taboo. And also, it still is.

This year more than ever, creating spaces for folks to have brave conversations about their mental health has been such a privilege. When the whole world changed in February 2020 so too did the way we delivered our programs to college and university students throughout the U.S. and Canada. Moving online was a real eye-opener. Not only did attendance go up, but it felt like we were reaching different folks... people who might not have felt comfortable showing up in-person to a workshop with “Mental Health” in the title.

As people around the globe managed new mental health challenges and navigated a world that none of us predicted living in, our partners at colleges and universities really stepped up to support their students who were flung far and wide, isolated from their campus communities. I’m so grateful to the entire Art With Impact community for the work we’ve done together this year, outlined in this report.

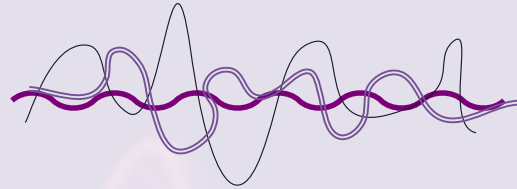
This was a year exemplifying resiliency and growth. Art With Impact brought people together who had been feeling isolated and alone. We reached new audiences around the world through our Voices With Impact premiere and festival. We listened deeply to the people we serve, continually refining and adjusting our programs to meet their needs. In the midst of global change and the accompanying losses, adjustments, and reimaginings one truth remained: we all have mental health stories. And it’s only when all the diverse and unique voices are heard that our melodies and harmonies reach peak beauty. Here’s to a year of doing our part to amplify your voice.

In solidarity,

Cary McQueen  
Art With Impact Founder and Executive Director

# MISSION

Art with Impact promotes mental wellness by creating space for young people to learn and connect through art and media.



# VISION

AWI is committed to a future where artists are revered as cultural icons of courage and change, enabling young people to communicate freely and fearlessly about their mental health.

To fulfill this vision, Art With Impact will:



Provide **unique and safe spaces** to learn, cultivate empathy, and reduce stigma in all regions of North America, connecting individuals to comprehensive mental health resources



Continue to expand and make available the world's most diverse and compelling collection of **short films on mental health**, supporting a network of filmmakers, artists and young people in an interactive online community



Maximize collaboration between the arts and social movements by engaging professionals and academic institutions through **sustainable partnerships** and transparency of methods and outcomes

# VALUES

OUR ORGANIZATION

## A

### Achievement

As an organization we are committed to impact... it's right there in our name. So we evaluate our work. We measure our progress. We are willing to change direction when something proves ineffective. Our commitment to achievement requires courage, flexibility, humor and, above all, an open mind.

## S

### Sustainability

We are committed to making long-lasting, durable social change. This requires responsible decision making that prioritizes the health and well-being of our community. As part of an ecosystem, we strive to contribute to our partners' success. To ensure the longevity of our impact, we are committed to fostering diverse income streams, constantly evaluating our programs and regularly updating our strategies to meet current needs.

OUR PEOPLE

## P

### Personal Growth

Each of us is on a personal journey. Art With Impact team members are committed to growing as people in understanding, compassion, skills and relationships. We foster growth in one another through concrete support, and by encouraging new skills development, both through formal and informal means, so that we can be our best selves and better serve our diverse community.

## I

### Integrity

At the core of each person is a unique and precious identity. Art With Impact team members honor themselves, stay true to their own personal values, and carefully consider their words and actions in the context of who they are. In turn, we are able to be authentic with and genuinely supportive of those we serve.

OUR RELATIONSHIPS

## R

### Respect

At the core of our relationships is respect for each person. Honoring different points of view and diverse experiences, we communicate cordially and with compassion. We respect the unique strengths of each individual we encounter, and seek to understand where others are coming from, demonstrating grace and generosity in our interactions.

## E

### Empowerment

We want everyone to succeed and meet their potential. We cultivate empowerment by encouraging and supporting individuals to take new steps to support their own growth, and to share new tools with one another that encourage independence and self-actualization and by helping to find solutions that enable them to do so.



# WORKSHOPS

During a year marked by unprecedented challenges, our workshops proved to be a crucial resource for our post-secondary partners and the students we serve. While we collectively transitioned to life in quarantine, navigating the new stressors of virtual living, our programs created space for young people to connect and process with their communities. When the world around us felt both unpredictable and overwhelming, our programs served as safe havens, allowing people to come together to hear and share stories of mental health, all while learning how to access resources for their well-being.

We started the year hosting our in person workshops, coordinating Movies for Mental Health and Our Bodies, Our Minds events on campuses across the United States and Canada. This Fall semester was our busiest and most impactful to date. We partnered with more universities and colleges than any previous Fall term, enabling us to engage more students than ever with our arts and mental health programs. In the words of our participants, our in person workshops were “validating,” “eye opening,” and “necessary.”

Little did we know, things were about to drastically change. In February 2020, like many people, we started hearing a lot about a “novel coronavirus” that was impacting folks in China and Europe. Then we watched in shock as it spread worldwide and nations began to shut down.

By March, two things were clear; 1) our last three months of programming were not going to go forward as planned and 2) our work to promote mental wellness had just become even more important.

As our college partners prepared to close their campuses and students started transitioning to distance learning, we knew the need for community and mental health support was going to grow. To reach students as they learned remotely, our team hunkered down and worked to move our programs online. We updated our curriculum, retrained our facilitators, and streamlined our offerings to ensure we could serve students during the pandemic. Our newly developed virtual programs allowed us to create brave spaces for students to come together and discuss mental health with their communities, even during quarantine.

*“I now know more about resources on campus and can connect to them.”*

— Student Attendee, Movies for Mental Health, McGill University



*“I’ve come to understand that my anxiety comes from trauma, but that doesn’t necessarily make it easier.”*

— Student Attendee, Movies for Mental Health, Vancouver Island University



*“Lots of people are experiencing similar things and I’m not alone.”*

— Student Attendee, Movies for Mental Health, Hamilton Artists

# IN-PERSON: MOVIES FOR MENTAL HEALTH

Movies for Mental Health workshops empower students to tell their own stories and explore their own truths related to mental health and wellness. Knowing that art speaks the language of our inner worlds, we harness short film to engage young people and the adults who support them in community conversations on the vital topic of mental health. Our workshops show students that they are not alone and connect them with accessible resources for their mental well-being.

There are three sections of each Movies for Mental Health workshop. First, the facilitator works with students to co-create a brave space where they'll be able to explore new ideas with an open mind, free of judgement or shame. Next, participants explore and discuss ideas expressed and evoked through short films. Finally, participants are directly connected with resources so that, when they are ready to take a next step to support their wellness, they have some concrete options to explore.

Attendees watch three curated short films from AWI's film library, carefully selected in consultation with campus organizers, to ensure the films explore themes relevant to students from their campus while reflecting the demographics of the student body. Our facilitators hold space to process and discuss each film through prompts, reflective dialogue, and mind body exercises. The films selected always portray a range of filmmaking styles, speak to multiple mental health themes, and depict a diversity of genders, ethnicities, and sexual orientations to demonstrate the dual realities that mental illness does not discriminate and it also impacts different people differently.

Each workshop concludes with a resource panel that features lived experience stories and highlights accessible mental health supports. The panel begins with a student speaker from the campus who shares their own story of recovery and resilience. The student story inspires their peers by demonstrating that support is possible. Representatives from the campus and community groups speak to mental health resources, highlighting what they offer and how to access them, ensuring students are aware of the support available to them.

## 2019-20 Movies for Mental Health Hosts

Allan Hancock College  
American River College  
Bow Valley College\*  
Brandon University\*  
Butte College Campus\*  
Carnegie Mellon University  
Cecil College  
College of Marin  
College of the Sequoias  
Colorado College  
Concordia University Edmonton\*  
Confederation College\*  
De Anza College  
East Los Angeles College  
Glendale Community College  
Hiram College  
Holy Names University  
Keyano College\*  
Kwantlen Polytechnic University\*  
Lethbridge College\*  
Long Beach City College  
Los Medanos College  
Maryland Institute College of Art  
McGill University\*  
Merced College, Main Campus  
Merced College, Los Banos Campus  
Mohawk College\*  
Mt. San Antonio College  
Notre Dame Campus  
Orange Coast College  
Pennsylvania State University  
Princeton University  
Red Deer College\*  
Red River College, Main Campus\*  
Red River College, Exchange  
District Campus\*  
Sacramento City College  
San Juan College  
Santa Barbara City College  
Scripps College  
Seneca College, King Campus\*  
Shasta College, Main Campus  
Shasta College, Tehama Campus  
Stanford University  
University of Guelph\*  
University of Manitoba, Bannatyne\*  
University of Manitoba, Fort Garry\*  
Vancouver Island University\*  
Whittier College  
Xavier University

\*in Canada

*"I'm mentally well, but I live with a mental illness, and that's okay. I fall down a lot, but I get back up."*

— Student Attendee, Movies for Mental Health, Brandon University

# 98%

believe that the Movies for  
Mental Health workshop they  
attended created awareness of  
mental health issues

# 93%

believe that the workshop  
reduced stigma related to  
mental illness

# 74%

said that they are now  
more likely to seek support  
for their own mental health  
as a result of attending

# 48 WORKSHOPS

*“My experience with mental health doesn’t have a starting point or ending point. It’s always been there.... Every day became an active choice to stay alive.”*

— Student Attendee, Our Bodies Our Minds, University of Pittsburgh

# 13 WORKSHOPS

California State University East Bay (2)  
Concordia University Edmonton\*  
Connecticut College  
California State University Channel Islands  
Glendale Community College  
Manhattan College  
McGill University\*  
Mohawk College\*  
Riverside City College  
Shasta College, Main Campus  
Shasta College, Tehama Campus  
Thompson Rivers University\*

\*in Canada

## 96%

felt the event raised awareness about the mental health impacts of sexual violence

## 97%

this workshop can help communities be safer and more supportive of survivors of sexual violence

## 89%

are more likely to take action to support yourself or others when it comes to healing from sexual violence

## IN-PERSON: OUR BODIES, OUR MINDS

Statistically speaking, every single person knows at least one person who has experienced sexual violence, whether we’re aware of it or not. These realities make the effects of sexual violence on the mental health of individuals - and communities and college campuses as a whole - a critical issue to explore. OBOM is fundamentally changing the way young people in North America think, feel and talk about sexual violence.

Our Bodies, Our Minds workshops help campus communities build cultures that are supportive of survivors. The workshop engages students in theater and embodied activities, together exploring the individual and collective mental health impacts of sexual violence.

OBOM participants engage in several theater activities, including monologuing, improv, and embodied exercises to “try on” different experiences related to sexual violence which are carefully designed to be sensitive and not retraumatizing to any survivors in the room. Each exercise is paired with an interactive discussion, so that students have space to process their experiences in real time and connect them with positive, solution-oriented next steps.

The activities are designed to meet people where they are; participants don’t have to have any theater background, or direct connection to sexual violence, to engage in or benefit from participation. OBOM makes space for us to see into the minds and lives of survivors, as well as the perspectives of friends, partners, siblings, parents and roommates of survivors. Sexual violence is a community issue, affecting all of us, and OBOM lets us experience, if even for a moment, what it might be like for different people in different positions.

*“I would describe it as a support community that aims to introduce students and others to the opportunities available to them. I truly felt included and welcomed during this time.”*

— Student Attendee, Movies for Mental Health Online, University of Utah

# 19 WORKSHOPS

- Arts and Minds Canada\*
- Cerritos College
- Chapman University
- College of Marin
- Crafton Hills College
- De Anza College and Foothill College (2)
- Gavilan College (2)
- Glendale Community College
- Hamilton Artists\*
- Los Rios CCD
- Moorpark College
- Santa Ana College
- Santa Clara University
- Skyline College
- Swarthmore College
- The University of Maryland, College Park
- West Los Angeles College

\*in Canada

*“We can connect during coronavirus and it’s more important to look after mental health.”*

— Student Attendee, Movies for Mental Health Online, Swarthmore College

**97%**  
believe that these events create awareness of mental health issues

**96%**  
believe that these events reduce stigma related to mental illness

**85%**  
of students say they are more likely to seek support


## ONLINE: MOVIES FOR MENTAL HEALTH

Movies for Mental Health Online is the virtual format of our cornerstone film and mental health program. Just like our in person events, these workshops create space for students to connect and creatively explore their wellness, through films and facilitated conversation.

We began offering these workshops to our college and university partners as they closed their campuses in response to the Covid epidemic. As schools transitioned to e-learning, and their students began studying remotely across the globe, many were unsure how colleges could contribute to offer community programs in a newly virtual world.

Enter M4MHO. Not only did our online workshops offer students the opportunity to connect with their peers, it allowed them to come together around the vital topic of mental health, which was particularly important as students navigated the stressors of self-isolation and remote learning.

The updated version of our M4MH curriculum was designed to meet the unique needs of remote students. The workshop can be accessed on laptop or phone, inviting students with different levels of technology to participate. Furthermore, virtual workshops could be joined anonymously, allowing us to engage a whole new population of students - those who want to talk about mental health, but may be too intimidated to attend an in person event. In engaging these new students, our workshops were the highest attend they’ve ever been. It was clear students were eager to connect and process during these challenging times. We were honored to offer students the community they were looking for, helping them prioritize their mental health during these times.



*“It is easier to talk about mental health when you have a community you feel comfortable speaking with.”*

— Student Attendee, Movies for Mental Health Online, De Anza College and Foothill College

*“This is the first time that I felt I was in a space that was understanding. It inspired me to continue to take care of my mental health and how important it is.”*

— Student Attendee, Movies for Mental Health Online, American River College

*“I want to show my friends some of these videos and educate them about what I learned. Also I want to try some of the activities for my own mental health.”*

— Student Attendee, Movies for Mental Health Online, Pennsylvania State University

# MENTAL HEALTH FILMS

## The OLIVE Film Collection

Our Online Library of Interactive Video and Engagement - the OLIVE Collection - is the world's most diverse collection of short films about mental health issues. The library grows each month through our online short film competition, and each year through our Voices With Impact short film production grant program.

Our monthly competition invites filmmakers from anywhere in the world to submit projects. Our only requirements are that their film explore one or more mental health topics in five minutes or less, and was made in the last two years. Every month for which we receive a competitive number of applicants, our Advisory Board - composed of volunteer mental health professionals, college students, and professional filmmakers - identify a winning film. The winning filmmaker receives \$1,000 and their film is added to our library, becoming eligible to be shown at our workshops throughout the United States and Canada.

OLIVE films are available to view on our website, accompanied by viewing guidelines designed to provide a constructive framework to view this sometimes very personal work. As the cornerstone of most of our college and university workshops, the films in the OLIVE Collection put art to work by taking the power of personal story to diverse audiences. The films create windows into other human experiences of mental health as well as providing a mirror to examine our own issues with increased compassion.



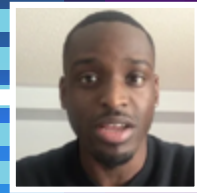
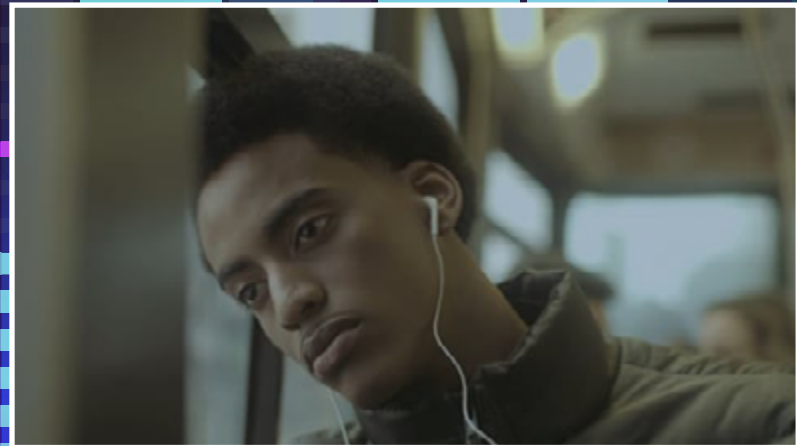
# FILMS ADDED TO THE OLIVE FILM COLLECTION IN 2019-2020:

These films were submitted to Art With Impact's monthly short film competition selected by advisory board members to be added to the OLIVE Film Collection.



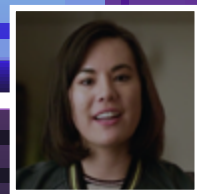
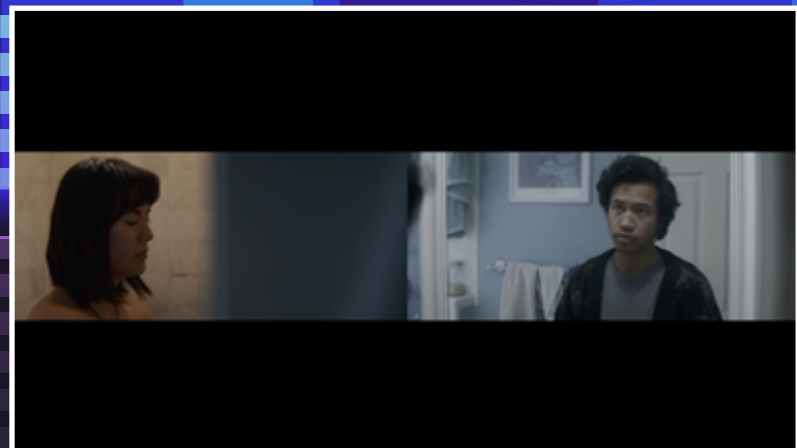
September 2019  
**Desiderium**

by Maeve O'Haire



November 2019  
**Mind Matters**

by Seyi Akinlade & Josef Adamu

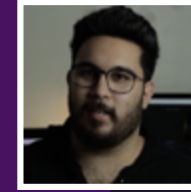


December 2019  
**Parallel**

by Naomi B Smith

January 2020

**SOCH – Supporting Our Community's Health**

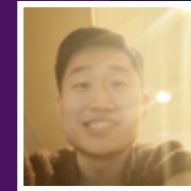


by Varundeep Singh Chawla



April 2020

**The Conversation That Never Happened**  
(从未发生过的对话)

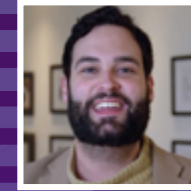


by Gordon Yao



June 2020

**Kelly Hrudey – Mental Health Advocate**



by Paul Day



*“We still have a long way to go with encouraging men to talk about mental health and toxic masculinity.”*

— Student Attendee, Movies for Mental Health Online, Vancouver Island University  
in reference to *Kelly Hrudey - Mental Health Advocate* by Paul Day

## VOICES WITH IMPACT 2020



### ONLINE FILM PREMIERE AND FESTIVAL OF IDEAS



*“This workshop helped me to look inward and recognize/validate my own feelings and thoughts.”*

— Student Attendee, VWI, Arts and Minds Canada

*“Enthralling: a visual spectacle that allowed us to go into the heart of mental health together as a CHC community.”*

— Student Attendee, VWI, Crafton Hills College

### Voices With Impact

Voices With Impact is our annual production grant program through which we award ten \$5,000 grants to filmmakers to help them create five-minute films exploring narratives that are underrepresented in public mental health discussions. Each year we select two topics to focus on, which allows us to respond to the current priorities and needs within the communities we serve.

Our 2019-20 program focused on stories of 1) mental health issues specific to LGBTQIA+ humans and 2) the mental health impacts of the culture of masculinity. Nearly 100 filmmakers submitted proposals to create films examining these topics. A jury of subject matter experts, filmmakers, and mental health practitioners combed through these applications to determine the most compelling projects, considering each proposal's artistic merit, mental health themes, and feasibility.

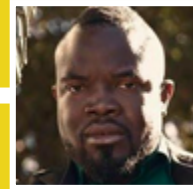
Winning filmmakers then had four and a half months to create their films, utilizing their \$5,000 grants and support from the Art With Impact community, including mental health professionals and working filmmakers who helped advise their projects.

The winning films premiered at a weeklong, virtual festival of films and ideas. All the films premiered the first day of the festival, across two events - one focused on LGBTQIA+ mental health and one on mental health and the culture of masculinity. The filmmakers introduced their films and answered audience questions, with over 1,000 people viewing each premiere event.

That week, the filmmakers led a total of 12 workshops, using their films to facilitate community conversations exploring the specific themes of their films. These interactive sessions highlighted the unique experiences of mental health within masculine and queer communities. Although specific in focus, these sessions explored topics relevant to all people, offering insights into health inequalities, while giving audiences tools to be supportive of themselves and their peers. Across the week of workshops, we reached over 1,200 community members with our films and conversations.

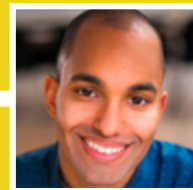
# VOICES WITH IMPACT

## FILMS THAT EXPLORE THE MENTAL HEALTH IMPACTS OF THE CULTURE OF MASCULINITY



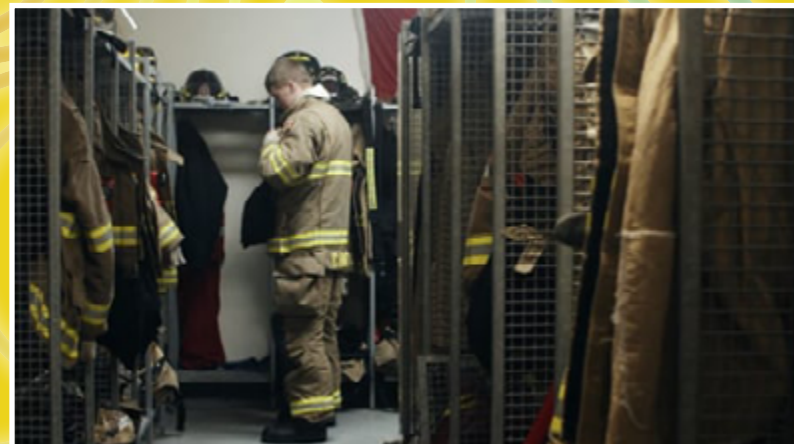
### The Beautiful Black Man

by Calvin Walker



### Masc

by Amilcar Javier



### Fighter

by Meagan Brown

## FILMS THAT EXPLORE MENTAL HEALTH ISSUES SPECIFIC TO LGBTQIA+ HUMANS

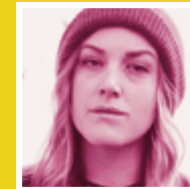
### The Side Effects of Normal

by Mari Wrobi



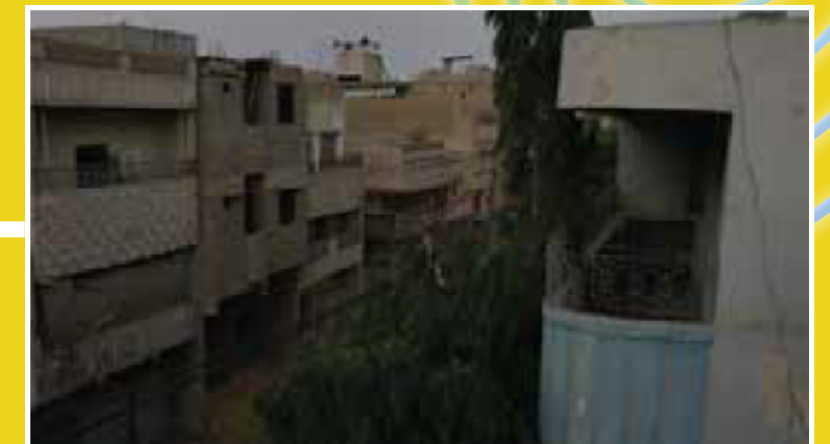
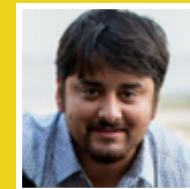
### Staging Face

by Steph Young, Jake Ivany, and Vie Jones



### Safe Space

by Ali Rizv

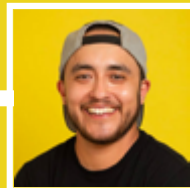
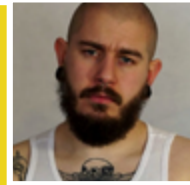


## FILMS RELATED TO BOTH THE CULTURE OF MASCULINITY AND LGBTQIA+ MENTAL HEALTH



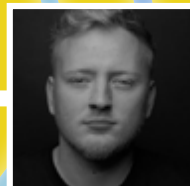
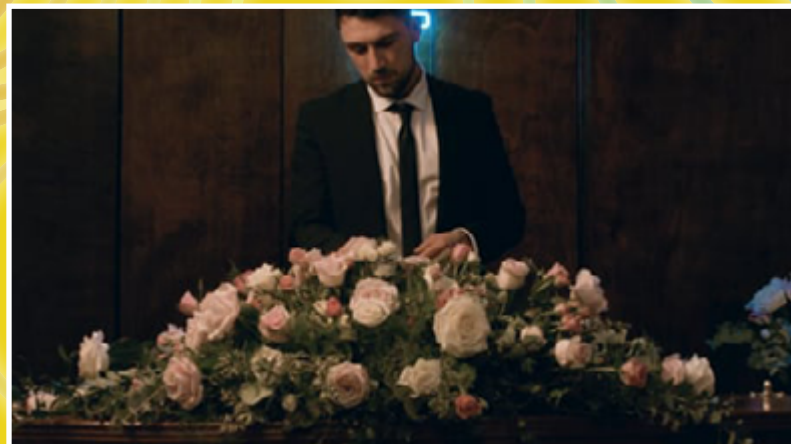
### Factory Talk

by Lucie Rachel and 1990s Chris



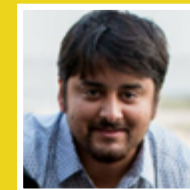
### Continue to Live

by Paolo Riveros

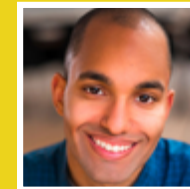


### The Rest Is Flowers

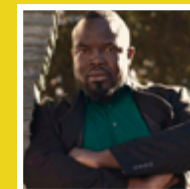
by Dale John Allen



**Ali Rizvi (he/him)** is a filmmaker and designer from Karachi, Pakistan. His work is rooted in the politics and discourses on social and developmental issues in Pakistan, focusing particularly on public health and social justice.



**Amilcar Javier (he/him)** is an award winning actor, writer, producer and software developer based in New York City. He is honored to be making 'Masc', supported by Art With Impact, allowing him to help others through film.



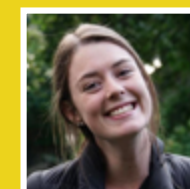
**Calvin J Walker (he/him)** is an artist. He is an award-winning filmmaker with the heart and pen of a poet based in Dallas, TX. Calvin strives to tell stories that focus on social justice, spirituality, and mental health. He is a husband and father to three.



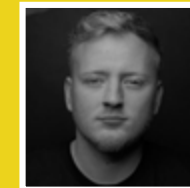
**Paolo Riveros (he/him)** is a transgender, visual artist from Lima, Perú. He began his career through photography, documenting the Los Angeles nightlife, which later developed into photojournalism, covering social justice movements.



**Mari Wrobi (they/them)** is a queer, nonbinary and intersex advocate born and raised in Sacramento, California. Mari has been educating people on trans and intersex rights and health issues across the country since they were in high school.



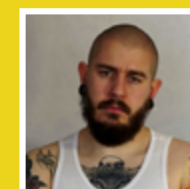
**Meagan Brown (she/her)** is a documentary filmmaker with a passion for people-driven stories. Fighter is a continuation of her love for personal stories, as she turns the camera to her own family.



**Dale John Allen (he/him)** is an artist-filmmaker based in Manchester, UK exploring queer identity on-screen. His work is often autobiographical and stems from his own experiences living with Bipolar Affective Disorder.



**Lucie Rachel (she/her)** is a lens-based artist working with still and moving image to explore themes of domesticity, gender and sexuality. Her work has screened internationally at over 50 festivals including MoMA's Doc Fortnight.



**1990s Chris (he/him)** is a queer, working class poet from Hereford, working in the midlands and the south west. Writing primarily for film and audio, Chris has been commissioned by BBC arts for a radio production on bisexuality.



**Steph Young (she/her, he/him)** is a filmmaker, drag performer, and mental health advocate. Like any good Taurus, he enjoys spending time cuddling his dog, or in the woods photographing wildlife and foraging for wild plants.



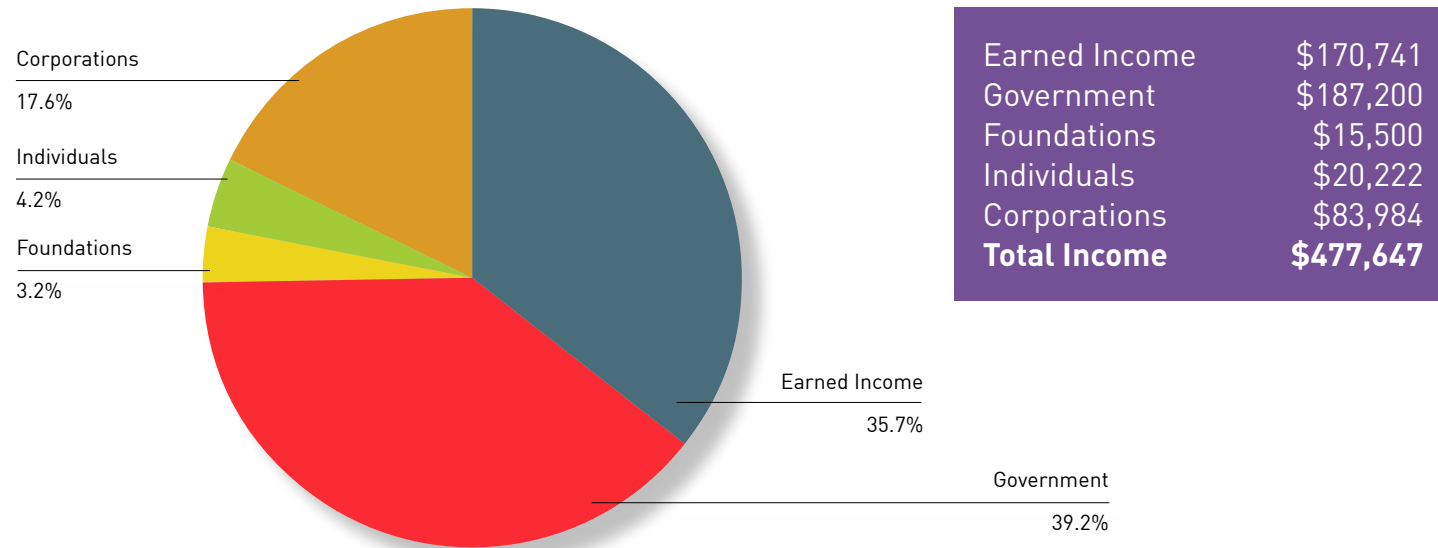
**Jake Ivany (he/him)** is an administrative professional by day, a filmmaker by night and a big-ol-queer at heart. With years of experience in the nonprofit world, he loves to help bring stories to life and to the forefront of modern media.



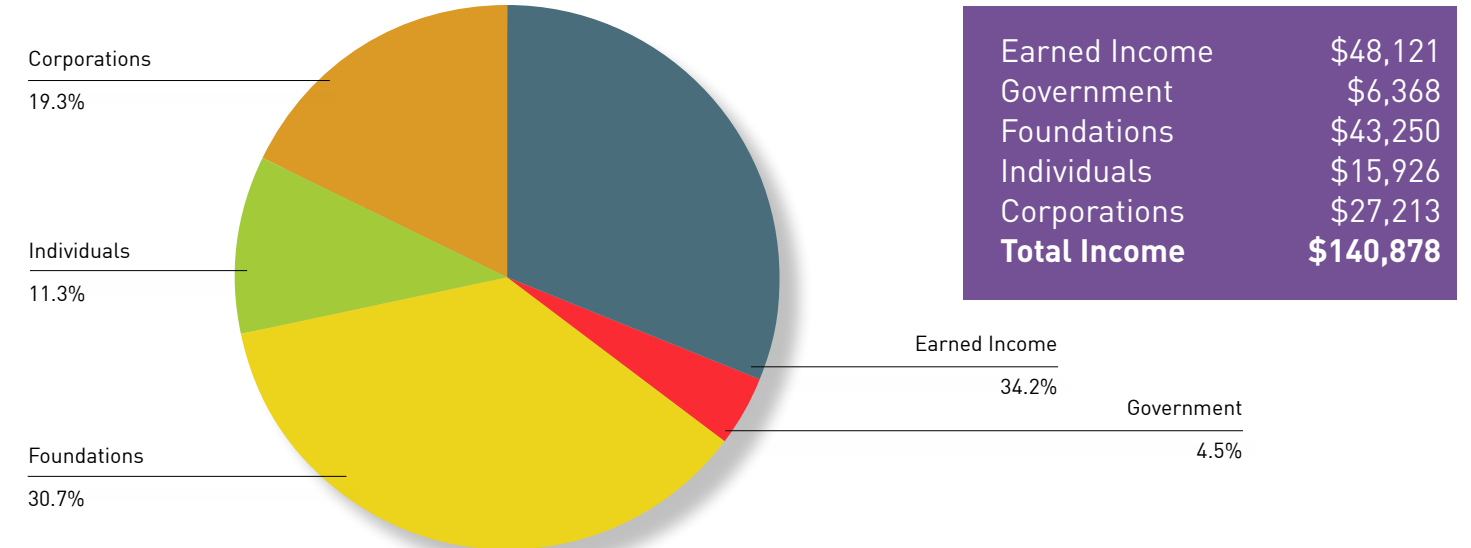
**Vie Jones (they/them)** is a two-spirit artist and performer. The art they make is rooted in community practices, Indigenous epistemologies and ontologies. They don't know how to have fun without setting things on fire.

# OUR FINANCIALS

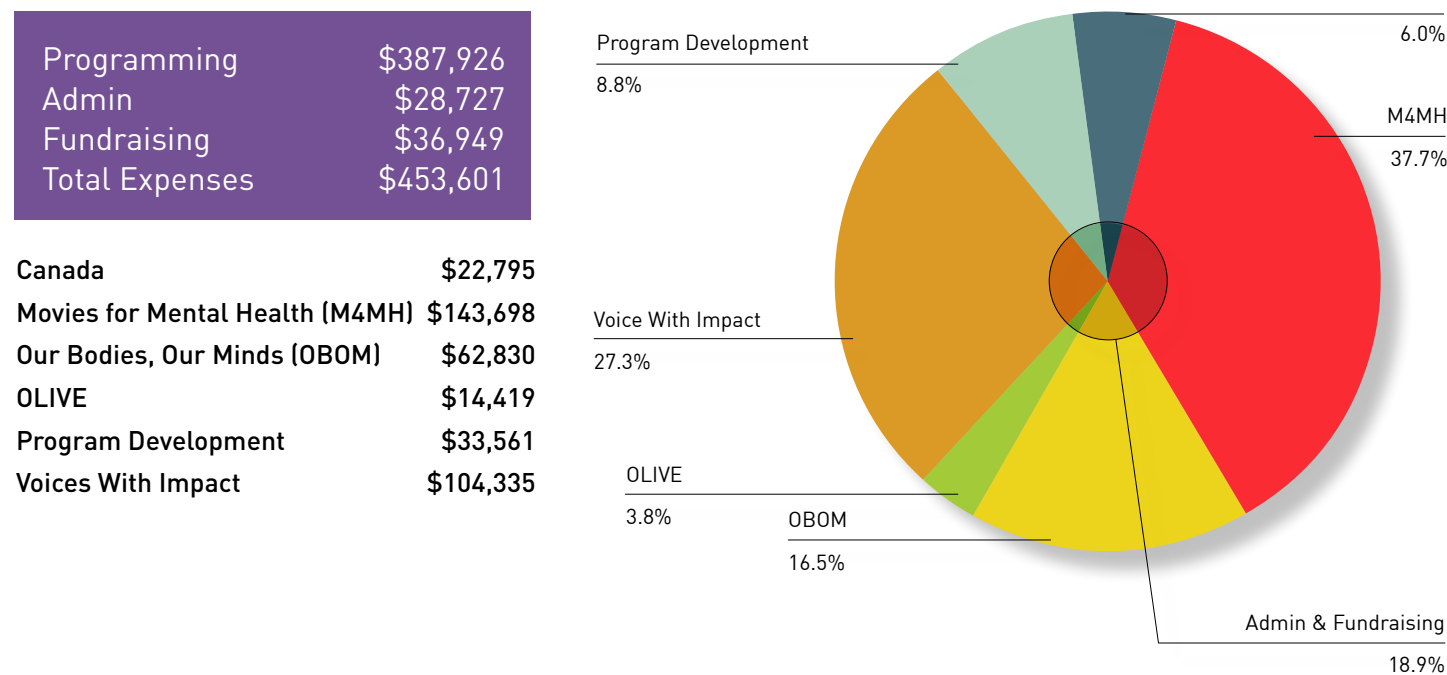
## US INCOME



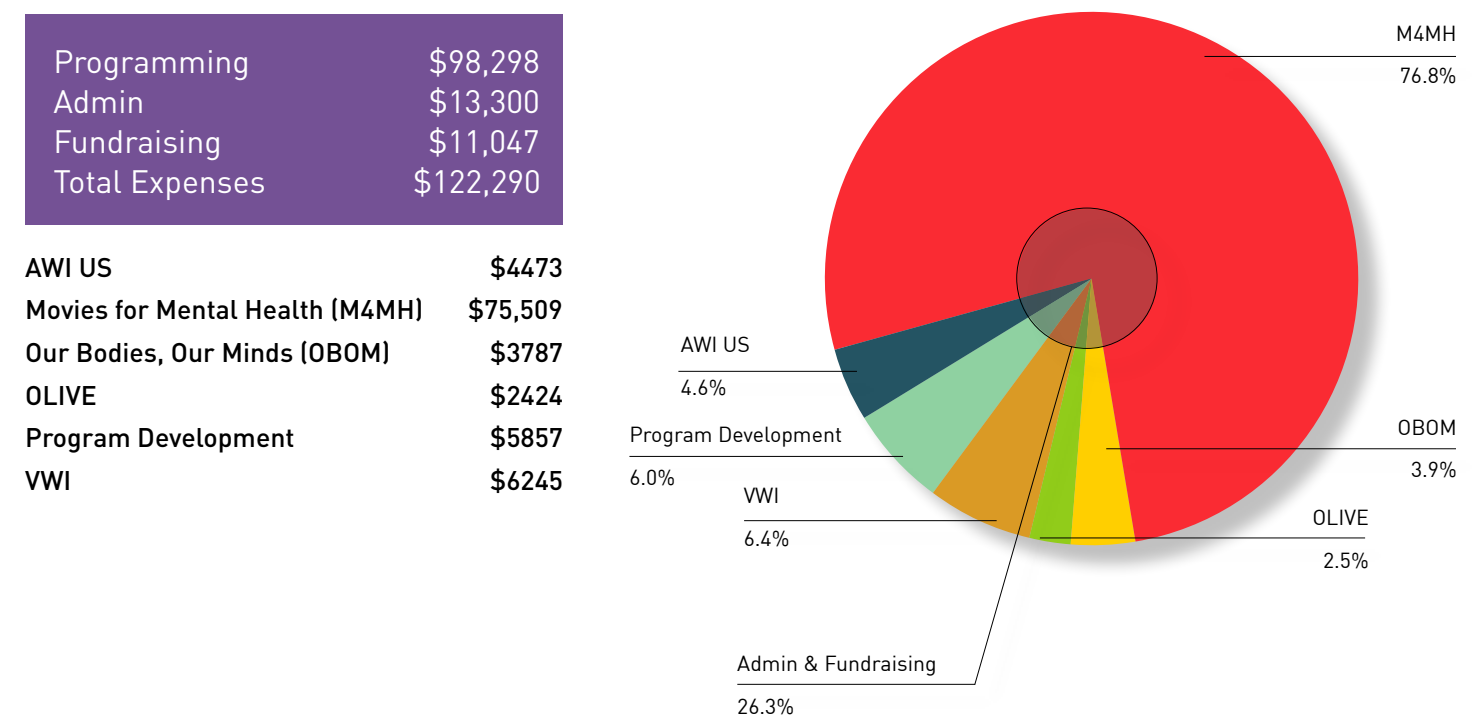
## CANADA INCOME



## US EXPENSES

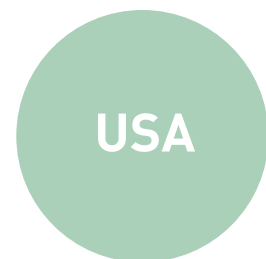


## CANADA EXPENSES



# OUR PARTNERS IN MENTAL WELLNESS

## LEAD PARTNERS



## SUPPORTING PARTNERS



## CONTRIBUTING SPONSORS



- Clinic Management and Development Services
- Family Recovery Institute
- Guelph Community Foundation
- Morgan Hill Therapy - Erik Pedersen, PsyD
- R Austin Heafey
- Sandra Kushnir - Meridian Counseling & UNIFY LA
- William Talbott Hillman Foundation



- Acorn Counseling
- Elevated Wellness Therapies
- Jennifer Cremiuex, M.Sc.,RP
- Kelsey Grimm, Healing Spaces

# OUR PEOPLE



## Cary McQueen

### Founder and Executive Director

Cary (she/her) is the founder and executive director of Art With Impact and a firm believer that art is the answer (and it doesn't even matter what the question is). She considers mental health to be the foundation of all social justice and is grateful that through Art With Impact, she has the opportunity to combine art, mental health, and social change.



## Natalie Daley

### Program Director AWI Canada

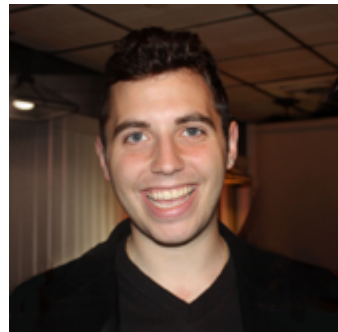
Natalie (she/her) is the driving force behind Art With Impact Canada and is responsible for facilitation, programming, outreach, fundraising and partner relationships for our programs throughout the country. Natalie is committed to providing unique ways for students to engage in conversations around mental wellness.



## Maya Brown

### Program Director AWI U.S.

Maya (she/her) is equal parts artist, therapist, and activist, and is so thrilled to get to satisfy all of them while working with Art With Impact. Maya is committed to creating a world in which people can share themselves with the people around them – connecting, healing and growing together.



## Andrew Kirschner

### Outreach and Community Manager

Andrew (he/him) is a jack-of-all trades digital strategist with a background in community management, graphic design, and content creation, and a laser focus on building lasting relationships with audiences. Andrew is responsible for managing communication and outreach with AWI's vibrant community of students, artists, campus staff and mental health professionals.



## Amy Wong

### Program Manager

Amy (she/they) is a multi-disciplinary artist and activist, based in Toronto in the Dish with One Spoon Territory. As a descendant of indentured labourers, she recognizes the importance of nuanced, inclusive mental health dialogue that takes intersectionality, histories of migration, and intergenerational trauma into account. She is passionate in her learning about arts-based healing, social movements, and race and power relations.

## Movies for Mental Health Facilitators



## Leyla Eraslan

Leyla (she/they) is an Associate Marriage & Family Therapist & Professional Clinical Counselor, who provides creative and collaborative therapy, workshops, and trainings.



## Seth Pickens

Seth (he/him) is an experienced educational leader facilitating socioemotional growth and development.



## Beth Killian

Beth (she/her) is a Rhode Island based songwriter, youth worker, mentor, and advocate.



## Leslie Poston

Leslie (she/her) is the owner and lead editor of A Draft Supreme, LLC, which specializes in editing services written by people from underrepresented communities.



## L'Oréal McCollum

L'Oréal (she/her) is an internationally accomplished multihyphenate—artist, wellbeing practitioner, and educator—on a journey to inspire radical joy, authenticity, and healing.



## Tanya Turton

Tanya (she/her) is a Black Femme artist, award winning entrepreneur, wellness educator, and mental health advocate.



## Natalie Patterson

Natalie (she/her) is a poet and teaching artist best known for her integrity, passion, and social activism.

# BOARDS OF DIRECTORS

Art With Impact's Board of Directors serve as vocal and financial supporters of AWI's mission, vision, and values. Board members hold fiduciary responsibility to oversee the organization's sound and ethical legal governance and responsible financial management policies. They are responsible for raising and ensuring adequate resources to advance our mission.

## ART WITH IMPACT U.S. BOARD OF DIRECTORS



Joseph Kumph



Dawn McGuire



Cary McQueen

## ART WITH IMPACT CANADA BOARD OF DIRECTORS



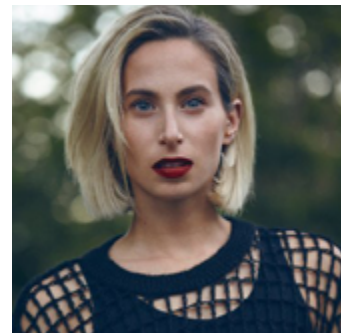
Megan Cameron



Ryan Keefe



Aisha Mayne



Faryl Reisman



Katherine Vanderberg

# ADVISORY BOARD

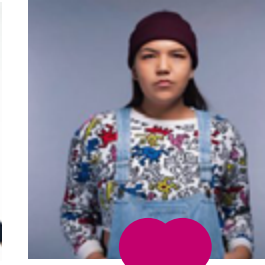
AWI's Advisory Board comprises subject matter experts in our fields. In addition to evaluations from the people we serve, our Advisory Board is a core resource in ensuring that we are up to date with what is happening in the fields of post-secondary education, mental health, and the artistic disciplines in which we work. The main way AWI's advisory board contributes to our work is by serving as the jurors for each month's short film competition. They are also available for ad-hoc advice.



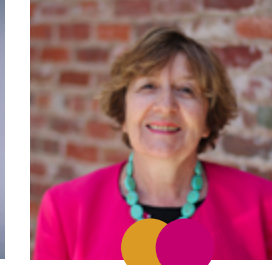
Elizabeth Ayiku



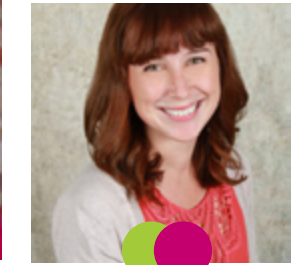
Dale John Allen



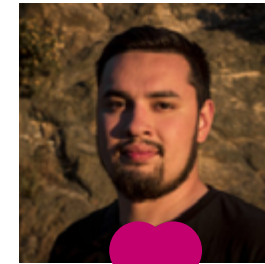
Victoria Anderson-Gardner



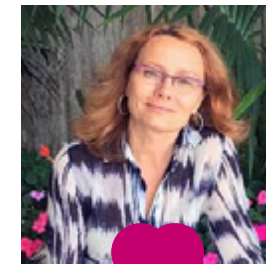
Luba Botcheva



Olivia DePaul



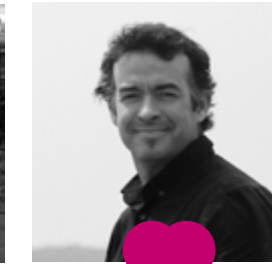
John Elliot



Kirsten Frantzich



Mikilah Johnson



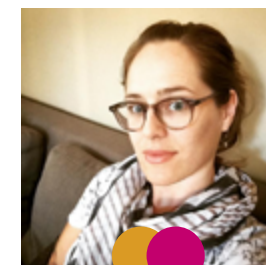
Randy Kelly



Claude Kerven



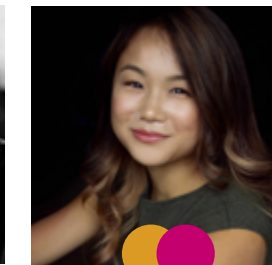
Kristin Kosyluk



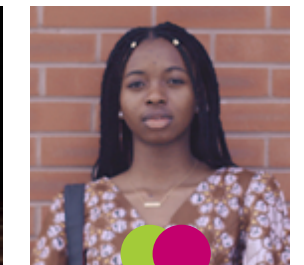
Josie Mattson



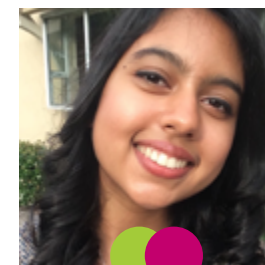
Dawn McGuire



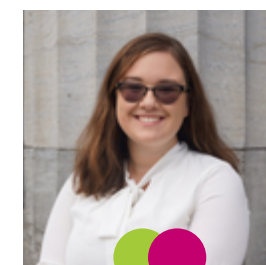
Xena Nguyen



Sharon Nyarko



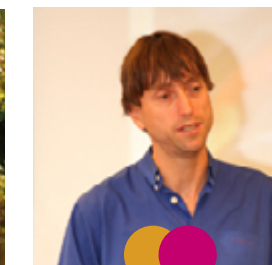
Asha Rudrabhatla



Catherine Steblaj



Courtney Ward-Zbeetnoff



Rob Whitley

- Filmmaker
- Student
- Mental Health Professional



# OUR VOICES WILL BE HEARD



[My main takeaway was] “Finally being heard and seen.”

“Wonderful presentation that confirms my feeling: we have to work on diversity, whatever the difference.”

“We do not answer to the system, the system answers to us. Specificity leads to universality. Black men are hurting. Black men are beautiful. It is better to cause a person to ask themselves questions, than it is to be right - and isolated in your own story.”

“I want more of this. This is such a major issue in our world, so complex and difficult to tackle. Toxic masculinity hurts everyone. Thank you so much for this!!”

[My main takeaway was] “Happiness and fulfillment come from honouring your true self and living your truth.”

“Wonderful presentation that confirms my feeling: we have to work on diversity, whatever the difference.”

“Loved hearing discussion of the writing process, especially from the LGBTQ perspective.”

“This was a beautiful and safe space. Thank you for giving us that space and for sharing your hearts. It was nice to flex my poetry muscle and share.”



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# AGENDA ITEM 3

Action

September 23, 2021 Commission Meeting

Crossings TV Contract

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**Summary:** The Commission will consider authorizing the Executive Director to enter into a one-year agreement to continue support for Crossings TV's mental health outreach work to California's Asian-language speaking population through in-language messaging targeting stigma reduction, help for victims of hate crimes, and connection to culturally appropriate mental health services.

**Background:** Asian Americans are the fastest growing ethnic group living in California and 72 percent of them speak a language other than English at home. According to SAMSA, Asian Americans are also the least likely to seek mental health services of any other ethnic group in California. At the same time, the rate of Serious Mental Illness (SMI) among Asian Americans nearly doubled among those ages 18-25 from 2008 to 2018.

Crossings TV is an in-language, in-culture television network, connecting with 4.22 million viewers of (7) different sub-Asian cultural groups in (3) of the largest Asian American markets in California.

#### Language Groups

- Chinese
- Filipino
- Vietnamese
- Japanese
- Korean
- South Asian
- Hmong

#### Television Viewing Markets

- Central Valley
- San Francisco
- Los Angeles

**In response to the dramatic increase in Asian-hate crime over the last year, the Commission has worked with Crossings TV and stakeholder California Pan-Ethnic Health Network (CPEHN) to produce new in-language messaging. The new video is aimed at connecting victims of hate crimes and anyone suffering from mental health challenges due to fear of anti-Asian hate to culturally appropriate services in their local area.**

Crossing TV's messaging supports multiple other Commission initiatives, including:

- Stigma Reduction
- Addressing Diversity and Equity
- Outreach and Engagement
- Youth Empowerment

**Presenters:** Andrea Anderson, Chief of Communications, Mental Health Commission

**Handouts (1):** PowerPoint Presentation

**Proposed Motion:** The Commission authorizes the Executive Director to enter into a contract with Crossings TV's for ongoing program funding for 1 year, as follows:

**Name:** Crossings TV

**Amount:** \$109,880

**Project Length:** One (1) Year

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# AGENDA ITEM 4

Action

September 23, 2021 Commission Meeting

Marin County Innovation Plan

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**Summary:** The Commission will consider approval of the Marin County request to expend up to \$1,648,000 in MHSA Innovation funds over three and a half years for the following new innovation project:

**1. Student Wellness Ambassador Program (SWAP): A County-Wide Equity-Focused Approach**

Marin County's community planning process began in November 2020 and underscored an ongoing need in the county to focus on student mental health. This project idea was introduced through stakeholder input and then chosen to move forward after review by a county-formed Lived Experience Innovation Review Committee and the MHSA Advisory Committee. Further development of the project occurred with peer mentoring advocates as well as community organizations and providers with experience working with Marin County youth. Lastly, three focus groups were held with youth and feedback was solicited at the Marin Schools Wellness Collaborative monthly meeting.

Stakeholder feedback to focus on youth mental health is supported by student needs identified by the County prior to the COVID-19 pandemic. The County identified student depression, anxiety, lack of school connectedness and thoughts of suicide as unmet needs exacerbated by racial inequities in the county. Primary and secondary data indicate African American, Latinx, Native American, and LGBTQ+ youth in Marin County have higher rates of chronic sadness and/or feelings of hopelessness, higher rates of homelessness, higher rates of missing school, higher rates of suspensions, and revealed that many youths are unsure of where to go for mental health support. Local anecdotal data aligns with national studies indicating that the pandemic has further exacerbated rates of depression, anxiety in youth and that urgent, collaborative action is needed to provide support as youth return to school.

As a result of the community planning process, Marin County is seeking approval to launch the Student Wellness Ambassador Program (SWAP) to support students during critical transition points and throughout their high school years by creating a centralized, county-wide, collaborative approach to peer wellness programming. By centralizing, rather than leaving it to each school or district, the County is hoping to maximize resources to provide expert support to all schools across 18 districts, in launching and sustaining successful programs that serve youth in an equitable way.

SWAP will be managed by a full-time bilingual/bicultural coordinator, housed at the Marin County Office of Education, and supported by the Marin Schools Wellness Collaborative who will provide oversight and support coordination with related programming.

This program will address the significant disparities in Marin County schools by partnering with trusted community partners to:

- Recruit Student Wellness Ambassadors from underserved and under resourced communities including LGBTQ+, English language learners, Latinx and African American youth.
- Provide training through an equity lens to build capacity and support Student Wellness Ambassadors to develop programming and provide peer support to others.
- Provide resources, support, and build capacity of under resourced schools to ensure all schools can fully participate and provide the services of the Student Wellness Ambassador Program.
- Participate in the county-wide learning collaborative along with youth leads, adult site-based leads, Student Wellness Ambassadors, Teen Clinic Health Promoters and other community partners.

The SWAP target population is students enrolled in grades 6-12 with a specific focus on supporting youth as they transition from Elementary to Middle School and Middle School to High School. This will be an inclusive project that will serve all high school students in every district, including alternative education and those students who are learning remotely. In addition, there will be outreach to any students who have stopped attending school.

This proposal will work in concert with Marin County's MHSSA grant. The MHSSA funding will support the two largest school districts in the county to provide mental health services and care coordination and does not include a peer support model whereas, the innovation will develop a coordinated, county-wide peer wellness model available in all 18 districts with support on every campus provided from key adult allies. If proven successful, both the MHSSA programming and SWAP programming will be expanded and sustained county-wide to provide an overhaul of Marin County's student wellness support system.

While there are existing peer wellness models, examples of programs supporting the transition of students, and examples of counties working with schools to improve school climate and mental health supports, Commission staff were unable to identify a similar project to what Marin County has proposed with the county-wide SWAP.

**Presenter for Marin County's Innovation Project:**

- Talia Harter, student at San Rafael High School and Student Board Member on the San Rafael City Schools Board of Education

**Enclosures (3):** (1) Biography for Marin County's Innovation Presenter; (2) Staff Analysis: Student Wellness Ambassador Program (SWAP): A County-Wide Equity-Focused Approach; (3) Stakeholder feedback

**Handout (1):** PowerPoint will be presented at the meeting.

**Additional Materials (1):** A link to the County’s Innovation Plan is available on the Commission website at the following URL:

[https://mhsoac.ca.gov/sites/default/files/Marin\\_INN\\_StudentWellnessAmbassadors\\_08252021.pdf](https://mhsoac.ca.gov/sites/default/files/Marin_INN_StudentWellnessAmbassadors_08252021.pdf)

**Proposed Motion:** The Commission approves Marin County’s Innovation Project, as follows:

<b>Name:</b>	Student Wellness Ambassador Program (SWAP): A County-Wide Equity-Focused Approach
<b>Amount:</b>	Up to \$1,648,000 in MHSA Innovation funds
<b>Project Length:</b>	3.5 Years



**Biography for Marin County Presenter**  
*Student Wellness Ambassador Program: A County-Wide, Equity-Focused Approach (SWAP)*

**Talia Harter, student**

Talia Harter is a junior at San Rafael High School where she is the school's Student Board Member on the San Rafael City Schools Board of Education. Outside of school she works at Copperfield's Books and with Youth Transforming justice, a local nonprofit organization that does restorative justice work in schools and the justice system. She has also worked with the Marin County Office of Education on events and programs surrounding wellness for youth.



## STAFF ANALYSIS—Marin County

<b>Innovation (INN) Project Name:</b>	<b>Student Wellness Ambassador Program (SWAP): A County-Wide Equity-Focused Approach</b>
<b>Total INN Funding Requested:</b>	<b>\$1,648,000</b>
<b>Duration of INN Project:</b>	<b>3.5 years</b>
<b>MHSOAC consideration of INN Project:</b>	<b>September 23, 2021</b>

### **Review History:**

Approved by the County Board of Supervisors:	Pending Commission Approval
Mental Health Board Hearing:	June 8, 2021
Public Comment Period:	May 10, 2021 - June 8, 2021
County submitted INN Project:	August 25, 2021
Date Project Shared with Stakeholders:	July 7, 2021 and August 26, 2021

### **Project Introduction:**

Marin County is requesting up to \$1,648,000 of Innovation spending authority to support students during critical transition points and throughout their high school years by creating a centralized, county-wide, collaborative approach to peer wellness programming called the Student Wellness Ambassador Program. The program will be managed by a full-time bilingual/bicultural coordinator, housed at the Marin County Office of Education.

This program will address the significant disparities in Marin County schools by partnering with trusted community partners to:

- Recruit Student Wellness Ambassadors from underserved and under resourced communities including LGBTQ+, English language learners, Latinx and African American youth.
- Provide training through an equity lens to build capacity and support Student Wellness Ambassadors to develop programming and provide peer support to others.
- Provide resources, support, and build capacity of under resourced schools to ensure all schools can fully participate and provide the services of the Student Wellness Ambassador Program.



- Participate in the county-wide learning collaborative along with youth leads, adult site-based leads, Student Wellness Ambassadors, Teen Clinic Health Promoters and other CBO partners.

This program will also be supported by the Marin Schools Wellness Collaborative (MSWC) who will provide oversight and support coordination with related programming.

**What is the Problem** (Pages 3-7)

Marin County presents data from local, statewide, and national studies, community assessments and discussions with youth and youth support persons that highlight the need for expanded school-based mental health supports for students to address student wellness and the rates of depression, anxiety, and lack of school connectedness.

Prior to the COVID-19 pandemic, the County identified student depression, anxiety, lack of school connectedness and thoughts of suicide as unmet needs exacerbated by racial inequities in the county. Primary and secondary data indicate African American, Latinx, Native American, and LGBTQ+ youth in Marin County have higher rates of chronic sadness and/or feelings of hopelessness, higher rates of homelessness, higher rates of missing school, higher rates of suspensions, and that many youths are unsure of where to go for mental health support. Local anecdotal data aligns with national studies indicating that the pandemic has further exacerbated rates of depression, anxiety in youth and that urgent, collaborative action is needed to provide support as youth return to school.

One barrier to providing county-wide, school-based supports is the significant disparities in resources across 18 different school districts in the county resulting in many schools lacking adequate mental health supports and inconsistent or non-existent peer programming.

**How this Innovation project addresses this problem:**

Marin County is seeking approval to launch the Student Wellness Ambassador Program through a centralized, county-wide approach to peer wellness. By centralizing, rather than leaving it to each school or district, the county is hoping to maximize resources to provide expert support to all schools across 18 districts, in launching and sustaining successful programs that serve youth in an equitable way. **This Innovation proposal is in line with the school strategy of Marin County's Suicide Prevention Strategic Plan which identifies expanding peer supports as a key recommendation to break down stigma around help seeking and increasing mental health resources on school campuses across the county.**

To launch the program a representative group of Student Wellness Ambassadors (SWAs) will be recruited from within the student population and with the help of trusted community-based partners with an emphasis placed on recruiting students that represent demographics including Newcomers and English Language Learners, African American, LatinX, and LGBTQ+ youth. **This will be an intentionally inclusive project that will serve all high school students in every district, including alternative education and those students who are remote. In addition, there will be outreach to any students who have stopped attending school.**

SWAs will lead school-wide presentations and events primarily during school hours and will be available in school wellness spaces (such as the counseling center or Wellness Center) and will provide lunchtime “drop-in” support in safe spaces for students. SWAs will also develop and provide workshops and resource fairs for parents on mental health and wellness and how to support their young person.

The Student Wellness Ambassador Program target population is students enrolled in grades 6-12 with a specific focus on supporting youth as they transition from Elementary to Middle School and Middle School to High School and includes the following key components (please see pages 7-11 of plan for more details):

1. A centralized county-wide coordination, training, and evaluation structure managed by a full-time bilingual/bicultural Program Coordinator, housed at the Marin County Office of Education.
2. A committee comprised of SWA leads will be formed to advise the program and develop an evaluation.
3. Site-based adult leads from every school will be assigned to support implementation of the project.
4. An equity-focused recruitment, engagement and training strategy.
5. Robust training for both the SWAs and the site-based adult leads will allow for the incorporation of skill-building activities, reinforcement of self-regulation activities, engagement in individual and group activities, and social support to support student mental health needs.
6. SWA curricula will be developed by drawing upon and adapting existing evidenced-based peer mentoring programs that serve underserved youth and are focused on justice, equity and inclusion such as the Madison Park Academy (Oakland) training [curriculum](#). The Program Coordinator will lead the curriculum development with input and adaptations from students, county staff, and community partners. The curriculum will be iterated throughout the INN project by the different cohorts of SWAs to leave a very strong training program in place at the end of the INN project that can continue to be implemented after the project and shared with other counties who are interested in implementing wider and more robust student peer wellness programming.
7. Career pathway presentations and panels about behavioral health and other helping professionals in addition to intentional resume development for SWAs.
8. A county-wide learning collaborative, led by the coordinator and youth leads will leverage existing student leadership groups, community, family and county partners.

### **Mental Health Student Service Act (MHSSA) Proposal**

Marin County initially applied for MHSSA funding in February 2020 but was not awarded in phase one. When additional funding was made available in July 2021, Marin County was notified that their MHSSA application would be funded. Prior to that notification, stakeholder input in November 2020 underscored an ongoing need in the county to focus on student mental health and this project idea was launched.

This proposal will work in concert with Marin County’s MHSSA award. The MHSSA funding will support the two largest school districts in the county to provide mental health services and care coordination and does not include a peer support model whereas, the innovation will develop a coordinated, county-wide peer wellness model available in all 18 districts with support on every campus provided from key adult allies. If proven successful, both the MHSSA programming and SWAP programming will be expanded and sustained county-wide to provide an overhaul of Marin County’s student wellness support system.

Key components of the MHSSA proposal include:

- Hiring one Coordination of Services Team District Cost Coordinator and two Registered Behavior Technicians in the Novato School District and three Health and Wellness Coordinators in the San Rafael School District.
- The primary focus of these Wellness Coordinators over the course of the MHSSA grant is establishing this infrastructure for and supporting the Coordination of Services Teams. The County reports that this is the most critical need for these school districts during the pandemic to ensure that all wellness supports are coordinated and effective.
- Expand the existing Marin Schools Wellness Collaborative (MSWC) which was to develop postvention protocols in response to a student death by suicide.
- Provide a Multi-Tiered System of Support and create streamline coordination processes.
- As a secondary function of their role, MHSSA funded staff will support the implementation of this Innovation project at the schools within the two MHSSA funded districts.

The MHSSA goals and services are in direct support of improving school climate, mental health awareness, and providing coordination with higher levels of professional supports when needed. Complementary to the MHSSA services, **this innovation proposal is built to be youth-driven and equity focused and will test a model that provides peer development and programming for students in a way that benefits from the MHSSA funded system change, the leadership of Marin Schools Wellness Collaborative, key adult allies at every school and the trusted experience of community partners.** The County will leverage the MHSSA funding to make this Innovation project successful in those two large school districts by partnering with the school wellness staff leads that will be funded through MHSSA to be the school-based adult leads for those schools. But **the Innovation project has a further reach, developing and testing a peer wellness model and ensuring that every district that serves middle and high school youth throughout the county will have enhanced, youth-led wellness opportunities.**

### **Community Planning Process** (Pages 15-18)

#### Local Level

In November 2020, the Marin County MHSA Stakeholder Advisory Committee designed an Innovation planning process and reached out to over 800 community members by email. Behavioral health staff were also consulted as well as attendees at community meetings and

through updates at the monthly mental health board meeting. This process resulted in the submission of 14 potential innovation ideas submitted by community members and coalitions through an online webform.

A lived experience committee met virtually in February 2021 to review and score the ideas before another committee identified the top two proposals, including this one. Both proposals were then recommended to be brought forward by the MHSA Advisory Committee.

Additional meetings were held with statewide peer mentoring advocates as well as community organizations and providers with experience working with Marin County youth from diverse populations to elicit input around the proposal. Lastly, **three focus groups were held with youth and feedback was solicited at the Schools Wellness Collaborative monthly meeting in March 2021.**

**This project will be led by a stakeholder committee that is made up of youth and others from underserved or unserved populations in collaboration with adult leads.** The County has identified that this project necessitates that youth take a leadership role in every stage of the development, implementation, and evaluation and that they will be at the forefront of advising on strategic direction and decision making. Stipends are included in the budget for both committee meetings as well as key informant interviews and focus groups to inform the evaluation process and program planning/funding continuation.

The County also identifies parents and caregivers as a critical part of supporting student wellness. As such, families will be engaged to gather input on program design, and evaluation to measure impact of this project. Student Wellness Ambassadors will also provide relevant wellness resources and information to families.

Marin County's public comment period was held May 10, 2021 through June 8, 2021, followed by the Mental Health Board hearing on June 8, 2021. The County did receive comments during the public comment period and incorporated them into the project plan (see pages 17-18).

A final plan, incorporating stakeholder input and MHSOAC technical advice, was submitted to Commission staff on August 25, 2021.

#### Commission Level

Commission staff originally shared this project with its six stakeholder contractors and the listserv on July 7, 2021. The final version of this project was again shared with stakeholders on August 26, 2021. Additionally, this project was shared with both the Client and Family Leadership and Cultural and Linguistic Competence Committees.

***Two comments were received in response to Commission sharing plan with*** stakeholder contractors and the listserv and are included as a handout. The first comment was shared with the county and addressed throughout the plan to include outreach to students who do not return to school, learning goals incorporating the family unit and in the description of various

training and safety protocols that will be put in place for the SWAs. The second comment was received after the plan was finalized and was also shared with the county.

**Learning Objectives and Evaluation:**

This project intends to identify and train approximately 180 Student Wellness Ambassadors and serve 16,000 6-12 grade students over the course of the project. The County proposes that it will work with an outside evaluator to help set up the framework and the collection methods at the beginning of the project, to support youth and other stakeholders to meaningfully engage in the design of the evaluation and to develop final findings for dissemination.

Through this programming, the County seeks to answer the following questions which include qualitative and quantitative measures:

1. Can a county-wide centralized coordination and training structure enhance the effectiveness and sustainability of student peer wellness support across Marin County schools?

Methods include:

- Ambassadors will be surveyed to measure quality of experience, skill, and leadership development.
- Surveys of parents or guardians to gauge their perception of the experience.
- Surveys to measure quality and effectiveness of county-wide learning collaboratives and trainings.
- **Comparison data from the California Healthy Kids Survey (CHKS) survey to measure overall changes in school connectedness, feelings of safety at school, perceptions of adult expectations and relationships.**
- Adaptation of the CHKS survey to measure individual impact of program participation; and
- School records will be analyzed pre and post intervention to determine changes in school attendance and performance.

2. Does centralizing student peer wellness support county-wide increase equity in who accesses peer mentoring?

Methods include:

- In year one, all schools will be asked to provide demographic data on who accessed student wellness ambassador programs to establish a baseline. This data will be compared to the demographics of who is accessing peer support in year three of the program.

3. By engaging and supporting youth from traditionally underserved communities as lead wellness ambassadors, can we break down stigma around mental health and improve outcomes for youth of color, English Language learners, and LGBTQ+ youth in our county?

Methods include:

- Evidenced based strategies to evaluate stigma reduction programs and outcomes such as utilizing tools from Patrick Corrigan’s stigma evaluation toolkit.
- Teen Mental Health First Aid post-survey to measure changes in knowledge and attitude towards mental health.
- Survey developed by Student Wellness Ambassadors and CBOs to measure stigma reduction in students of color and LGBTQ+ participants; and
- School records will be analyzed pre and post intervention to determine changes in school attendance and performance as well as retention and engagement amongst students from traditionally underserved groups.
- Surveys and focus groups with parents of SWAs and mentees to assess improvements in the **quality of their relationship with their student, and their perception of improvements in the child’s functioning.**

**The Budget**

Funding Source	Year-1 (6 mo)	Year-2	Year-3	Year-4	TOTAL
Innovation Funds	\$ 231,250	\$ 466,500	\$ 466,500	\$ 483,750	\$ 1,648,000
3.5 Year Budget	Year-1 (6 mo)	Year-2	Year-3	Year-4	TOTAL
Contractor costs	\$ 180,000	\$ 365,000	\$ 365,000	\$ 365,000	\$ 1,275,000
Non-recurring costs	\$ 5,000	\$ 10,000	\$ 10,000	\$ 10,000	\$ 35,000
Indirect admin costs	\$ 29,250	\$ 59,250	\$ 59,250	\$ 61,500	\$ 209,250
Other expenditures	\$ 2,000	\$ 2,250	\$ 2,250	\$ 2,250	\$ 8,750
Evaluation	\$ 15,000	\$ 30,000	\$ 30,000	\$ 45,000	\$ 120,000
	\$ -	\$ -	\$ -	\$ -	\$ -
<b>TOTAL:</b>	\$ 231,250	\$ 466,500	\$ 466,500	\$ 483,750	\$ <b>1,648,000</b>

The County is requesting authorization to spend up to \$1,648,000 in MHSA Innovation funding for this project over a period of three and a half (3.5) years to support the implementation of a county-wide approach to implementing peer support equitably and cost-effectively.

Each school and district will identify site-based adult leads to partner with the SWAP program. Those positions are all fully funded through different mechanisms allowing the Innovation investment to be allocated as described below.

Contracted costs in the amount of \$1,395,000 (84% of total budget) is allocated to organizations or individuals who will oversee and support the project planning, implementation, and evaluation including:

- Contract with County Office of Education for a full-time bilingual/bicultural Program Coordinator to coordinate all aspects of the recruitment, training, and evaluation and serve as a liaison with CBO contractors and specialty trainers.

- Contracts with three CBOs to provide training and support to Student Wellness Ambassadors from underserved communities; and
- Specialty trainer contracts in mindfulness, youth engagement, Mental Health First Aid and others will supplement the selected curriculum to enhance skills of participating Youth Wellness Ambassadors and adult leads.
- **Student Wellness Ambassador and stakeholder incentives including technology needed for communication and stipends.**
- Evaluation contract is budgeted at \$120,000 (7% of total budget) and will be executed quickly to set up the framework for the evaluation and the collection methods at the beginning of the project.

Total non-recurring costs amount to \$35,000 (2% of total budget) for materials and supplies.

Operating costs in the amount of \$209,250 (13% of total budget) for indirect and administrative costs.

**The proposed project appears to meet the minimum requirements listed under MHSIA Innovation regulations.**



## **Stakeholder Feedback Received for Marin County *Student Wellness Ambassador Program: A County-Wide, Equity-Focused Approach (SWAP)***

Two comments were received and shared with the county. The first comment was received before the county finalized the proposal and the second comment was received after the proposal was finalized.

The county addressed the first comment throughout the plan to include outreach to students who do not return to school, learning goals incorporating the family unit and in the description of various training and safety protocols that will be put in place for the SWAs.

A copy of the first comment is provided below:

1. The innovation plan mentions teaching peers about boundaries. In this area I think safety for the “mentee” is critical. Safety is where people thrive (staff and peers included), and I believe the Commission wants us to “reach” deeper and this is an area to always reach deeper. The following may simply be as easy as helping the peer support person establish dialogue.
  - a. Do boundaries include the mentor reporting abuse issues?
    - i. If the need to report arises, what is the safest way to report or even discuss said issues?
  - b. How and what type of ethical issues might the mentor find themselves in relative to supporting the mentee and reporting?
  - c. Is there a way to report issues in a way to keep the mentor safe?
  - d. Is there a way to maintain the necessary confidence and safety for the mentee?
2. The innovation plan also includes discussion about students who may not attend school for a variety of reasons. Is there a way to describe how we might reach out to these students-parents included?



A copy of the second comment is provided below:

I am particularly excited about the Marin county plan. While epidemics and many other things are not helping our youth, I feel reaching out to them in this fashion will. My own sons journey through the teenage years would have been easier with peer support.

The Marin plan appears to have appropriate protections for students and staff in place(i.e. confidentiality training, disclosure training and HIPPA stuff). I like that. It helps with creating safe spaces.

Is there room in the Marin plan to discuss outreach efforts? My thought regarding this question is being able to reach out to homeless students, students working in the fields, and those students who are chronically absent. Just thoughts as a person's environmental conditions are essential to mental health wellbeing.

Very interested in following this program and learning of potential outcomes. I see this as a job well done.

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# AGENDA ITEM 5

**Action**

**September 23, 2021 Commission Meeting**

**Mental Health Wellness Act of 2013 (Triage)**

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**Summary:** Commission staff will present an overview of the Mental Health Wellness Act of 2013 (Triage Grant Program) and discuss opportunities for the next round of Triage grants that will begin in fiscal year 2022.

**Background:**

State law authorizes the Commission to make available \$20 million per year to support mental health crisis services in California. Known as the Triage program, these funds are made available to counties to increase the number of personnel who are available to support people experiencing a mental health crisis.

Triage personnel, and the services they provide, are intended to reduce the likelihood that people experiencing a mental health crisis end up in jail, or a hospital emergency room because they do not have access to the level of mental health crisis services they need.

Later this year, the Commission will make available up to \$80 million, for a three-year grant program that provides funding to counties for Adult/TAY and children and youth ages birth to 21 for crisis services.

**Presenters:** Norma Pate, Deputy Director and Toby Ewing, Executive Director

**Handout (1):** PowerPoint Presentation

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# MISCELLANEOUS ENCLOSURES

September 23, 2021 Commission Meeting

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**Enclosures (5):**

- (1) August 26, 2021 Motions Summary
- (2) Evaluation Dashboard
- (3) Innovation Dashboard
- (4) Department of Health Care Services Revenue and Expenditure Reports Status Update
- (5) Tentative Upcoming MHSOAC Meetings and Events

**Handouts:** Calendar of Tentative Commission Meeting Agenda Items



**Motions Summary**

**Commission Meeting  
 August 26, 2021**

**Motion #: 1**

**Date:** August 26, 2021

**Time:** 10:00 AM

**Motion:**

The Commission approves the June 24, 2021 meeting minutes.

**Commissioner making motion:** Commissioner Berrick

**Commissioner seconding motion:** Vice Chair Madrigal-Weiss

Motion carried 8 yes, 0 no, and 0 abstain, per roll call vote as follows:

Name	Yes	No	Abstain	Absent	No Response
1. Commissioner Alvarez	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Commissioner Berrick	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Commissioner Boyd	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Commissioner Brown	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. Commissioner Bunch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
6. Commissioner Carnevale	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Commissioner Carrillo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
8. Commissioner Chen	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Commissioner Danovitch	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Commissioner Gordon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
11. Commissioner Mitchell	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Commissioner Tamplen	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Commissioner Wooton	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
14. Vice Chair Madrigal Weiss	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Chair Ashbeck	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



**Motions Summary**

**Commission Meeting  
August 26, 2021**

**Motion #:** 2

**Date:** August 26, 2021

**Time:** 10:41 AM

**Motion:**

The Commission approves Placer County’s Innovation Project, as follows:

**Name:** 24/7 Adult Crisis Respite Center  
**Amount:** Up to \$2,750,000 in MHSA Innovation funds  
**Project Length:** Five Years

**Commissioner making motion:** Commissioner Berrick

**Commissioner seconding motion:** Vice Chair Madrigal-Weiss

Motion carried 7 yes, 0 no, and 1 abstain, per roll call vote as follows:

Name	Yes	No	Abstain	Absent	No Response
1. Commissioner Alvarez	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Commissioner Berrick	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Commissioner Boyd	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Commissioner Brown	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. Commissioner Bunch	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Commissioner Carnevale	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Commissioner Carrillo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
8. Commissioner Chen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
9. Commissioner Danovitch	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Commissioner Gordon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
11. Commissioner Mitchell	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Commissioner Tamplen	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Commissioner Wooton	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
14. Vice Chair Madrigal Weiss	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Chair Ashbeck	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



**Motions Summary**

**Commission Meeting  
 August 26, 2021**

**Motion #: 3**

**Date:** August 26, 2021

**Time:** 12:52

**Motion:**

The Commission approves the Fiscal Year 2021-22 expenditure plan.

**Commissioner making motion:** Commissioner Boyd

**Commissioner seconding motion:** Commissioner Danovitch

Motion carried 9 yes, 0 no, and 0 abstain, per roll call vote as follows:

Name	Yes	No	Abstain	Absent	No Response
1. Commissioner Alvarez	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Commissioner Berrick	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Commissioner Boyd	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Commissioner Brown	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. Commissioner Bunch	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Commissioner Carnevale	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Commissioner Carrillo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
8. Commissioner Chen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
9. Commissioner Danovitch	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Commissioner Gordon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
11. Commissioner Mitchell	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Commissioner Tamplen	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Commissioner Wooton	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
14. Vice Chair Madrigal Weiss	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Chair Ashbeck	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Summary of Updates

### Contracts

New Contract: None

Total Contracts: 3

### Funds Spent Since the August Commission Meeting

Contract Number	Amount
<a href="#">17MHSOAC073</a>	\$ 0.00
<a href="#">17MHSOAC074</a>	\$ 0.00
<a href="#">21MHSOAC023</a>	\$ 0.00
<b>Total</b>	<b>\$ 0.00</b>

### Contracts with Deliverable Changes

[17MHSOAC073](#)

[17MHSOAC074](#)

[21MHSOAC023](#)

## Regents of the University of California, Davis: Triage Evaluation (17MHSOAC073)

**MHSOAC Staff:** Kai LeMasson

**Active Dates:** 01/16/19 - 12/31/23

**Total Contract Amount:** \$2,453,736.50

**Total Spent:** \$1,582,409.08

This project will result in an evaluation of both the processes and strategies county triage grant program projects have employed and the outcomes obtained in those projects, funded separately to serve Adult, Transition Age Youth and child clients under the Investment in Mental Health Wellness Act in contracts issued by the Mental Health Services Oversight and Accountability Commission. This evaluation is intended to assess the feasibility, effectiveness and generalizability of pilot approaches for local responses to mental health crises in order to promote the implementation of best practices across the State.

Deliverable	Status	Due Date	Change
Workplan	Complete	4/15/19	No
Background Review	Complete	7/15/19	No
Draft Summative Evaluation Plan	Complete	2/12/20	No
Formative/Process Evaluation Plan	Complete	1/24/20	No
Updated Formative/Process Evaluation Plan	Complete	1/15/21	<b>No</b>
Data Collection and Management Report	Complete	6/15/20	No



<b>Deliverable</b>	<b>Status</b>	<b>Due Date</b>	<b>Change</b>
Final Summative Evaluation Plan	Complete	7/15/20	No
Data Collection for Formative/Process Evaluation Plan Progress Reports (10 quarterly reports)	In Progress	1/15/21-3/15/23	No
Formative/Process Evaluation Plan Implementation and Preliminary Findings (11 quarterly reports)	In Progress	1/15/21-6/15/23	No
Co-host Statewide Conference and Workplan (a and b)	In Progress	9/15/21 Fall 2022	No
Midpoint Progress Report for Formative/Process Evaluation Plan	In Progress	7/15/21	No
Drafts Formative/Process Evaluation Final Report (a and b)	Not Started	3/30/23 7/15/23	No
Final Report and Recommendations	Not Started	11/30/23	No

## The Regents of the University of California, Los Angeles: Triage Evaluation (17MHSOAC074)

**MHSOAC Staff:** Kai LeMasson

**Active Dates:** 01/16/19 - 12/31/23

**Total Contract Amount:** \$2,453,736.50

**Total Spent:** \$1,582,409.08

This project will result in an evaluation of both the processes and strategies county triage grant program projects have employed and the outcomes obtained in those projects, funded separately to serve Adult, Transition Age Youth and child clients under the Investment in Mental Health Wellness Act in contracts issued by the Mental Health Services Oversight and Accountability Commission. This evaluation is intended to assess the feasibility, effectiveness and generalizability of pilot approaches for local responses to mental health crises in order to promote the implementation of best practices across the State.

Deliverable	Status	Due Date	Change
Workplan	Complete	4/15/19	No
Background Review	Complete	7/15/19	No
Draft Summative Evaluation Plan	Complete	2/12/20	No
Formative/Process Evaluation Plan	Complete	1/24/20	No
Updated Formative/Process Evaluation Plan	Complete	1/15/21	<b>No</b>
Data Collection and Management Report	Complete	6/15/20	No
Final Summative Evaluation Plan	Complete	7/15/20	No

Deliverable	Status	Due Date	Change
Data Collection for Formative/Process Evaluation Plan Progress Reports (10 quarterly reports)	In Progress	1/15/21-3/15/23	No
Formative/Process Evaluation Plan Implementation and Preliminary Findings (11 quarterly reports)	In Progress	1/15/21-6/15/23	No
Co-host Statewide Conference and Workplan (a and b)	In Progress	9/15/21 Fall 2022	No
Midpoint Progress Report for Formative/Process Evaluation Plan	In Progress	7/15/21	No
Drafts Formative/Process Evaluation Final Report (a and b)	Not Started	3/30/23 7/15/23	No
Final Report and Recommendations	Not Started	11/30/23	No

## The Regents of the University of California, San Francisco: Partnering to Build Success in Mental Health Research and Policy (21MHSOAC023)

**MHSOAC Staff:** Dawnte Early

**Active Dates:** 07/01/21 - 06/30/24

**Total Contract Amount:** \$5,414,545.00

**Total Spent:** \$0.00

UCSF is providing onsite staff and technical assistance to the MHSOAC to support project planning, data linkages, and policy analysis activities.

Deliverable	Status	Due Date	Change
Quarterly Progress Reports	In Progress	09/30/21	No
Quarterly Progress Reports	Not Started	12/31/21	No
Quarterly Progress Reports	Not Started	03/31/2022	No
Quarterly Progress Reports	Not Started	06/30/2022	No
Quarterly Progress Reports	Not Started	09/30/2022	No
Quarterly Progress Reports	Not Started	12/31/2022	No
Quarterly Progress Reports	Not Started	03/31/2023	No
Quarterly Progress Reports	Not Started	06/30/2023	No

<b>Deliverable</b>	<b>Status</b>	<b>Due Date</b>	<b>Change</b>
Quarterly Progress Reports	Not Started	09/30/2023	No
Quarterly Progress Reports	Not Started	12/31/2023	No
Quarterly Progress Reports	Not Started	03/31/2024	No
Quarterly Progress Reports	Not Started	06/30/2024	No

## INNOVATION DASHBOARD SEPTEMBER 2021



UNDER REVIEW	Final Proposals Received	Draft Proposals Received	TOTALS
Number of Projects	3	6	9
Participating Counties (unduplicated)	3	6	9
Dollars Requested	\$3,205,130	\$9,831,712	<b>\$13,036,842</b>

PREVIOUS PROJECTS	Reviewed	Approved	Total INN Dollars Approved	Participating Counties
FY 2016-2017	33	30	\$68,634,435	18 (31%)
FY 2017-2018	34	33	\$149,548,570	19 (32%)
FY 2018-2019	53	53	\$304,098,391	32 (54%)
FY 2019-2020	28	28	\$62,258,683	19 (32%)
FY 2020-2021	35	33	\$84,935,894	22 (37%)

TO DATE	Reviewed	Approved	Total INN Dollars Approved	Participating Counties
FY 2021-2022	1	1	\$2,750,000	1

## INNOVATION PROJECT DETAILS

### DRAFT PROPOSALS

Status	County	Project Name	Funding Amount Requested	Project Duration	Draft Proposal Submitted to OAC	Final Project Submitted to OAC
Under Review	Shasta	Hope Park	\$1,750,000	5 Years	2/17/2021	Pending
Under Review	Modoc	Integrated Health Care for Individuals with SMI	\$480,000	5 Years	3/2/2021	Pending
Under Review	Alameda	Community Assessment Transportation Team (CATT) Extension	\$4,759,312	5 Years	3/25/2021	Pending
Under Review	Berkeley	Encampment Based Mobile Wellness Center	\$2,802,400	5 Years	6/29/2021	Pending
Under Review	San Mateo	MHSA INN Project Planning	\$40,000	1 Year	9/2/2021	Pending
Under Review	Butte	Everhart Village Vision	TBD	4 Years	9/3/2021	Pending

### FINAL PROPOSALS

Status	County	Project Name	Funding Amount Requested	Project Duration	Draft Proposal Submitted to OAC	Final Project Submitted to OAC
Under Final Review	Marin	Student Wellness Ambassador Program	\$1,648,000	3.5 Years	6/23/2021	8/25/2021
Under Final Review	Monterey	Residential Care Facility Incubator	\$792,130	2 Years	N/A	8/23/2021
Under Final Review	Lake	Multi County FSP Program	\$765,000	4.5 years	6/29/2021	9/2/2021

### APPROVED PROJECTS (FY 20-21)

County	Project Name	Funding Amount	Approval Date
Placer	24/7 Adult Crisis Respite Center	\$2,750,000	8/26/2021

DHCS Status Chart of County RERs Received  
September 23, 2021 Commission Meeting

Attached below is a Status Report from the Department of Health Care Services regarding County MHSA Annual Revenue and Expenditure Reports received and processed by Department staff, dated July 26, 2021. This Status Report covers the FY 2016-17 through FY 2019-20 County RERs.

For each reporting period, the Status Report provides a date received by the Department of the County's RER and a date on which Department staff completed their "Final Review."

The Department provides MHSOAC staff with weekly status updates of County RERs received, processed, and forwarded to the MHSOAC. MHSOAC staff process data from County RERs for inclusion in the Fiscal Reporting Tool only after the Department determines that it has completed its Final Review. FY 2017-18 RER data has not yet been incorporated into the Fiscal Reporting Tool due to format changes.

The Department also publishes on its website a web page providing access to County RERs. This page includes links to individual County RERs for reporting years FY 2006-07 through FY 2015-16. This page can be accessed at: <http://www.dhcs.ca.gov/services/MH/Pages/Annual-Revenue-and-Expenditure-Reports-by-County.aspx>. Additionally, County RERs for reporting years FY 2016-17 through FY 2017-18 can be accessed at the following webpage: [http://www.dhcs.ca.gov/services/MH/Pages/Annual\\_MHSA\\_Revenue\\_and\\_Expenditure\\_Reports\\_by\\_County\\_FY\\_16-17.aspx](http://www.dhcs.ca.gov/services/MH/Pages/Annual_MHSA_Revenue_and_Expenditure_Reports_by_County_FY_16-17.aspx).

Counties also are required to submit RERs directly to the MHSOAC. The Commission provides access to these reports through its Fiscal Reporting Tool at <http://mhsoac.ca.gov/fiscal-reporting> for Reporting Years FY 2012-13 through FY 2016-17 and a data reporting page at [https://mhsoac.ca.gov/resources/documents-and-reports/documents?field\\_county\\_value=All&field\\_component\\_target\\_id=46&year=all](https://mhsoac.ca.gov/resources/documents-and-reports/documents?field_county_value=All&field_component_target_id=46&year=all)

On October 1, 2019, DHCS published a report detailing MHSA funds subject to reversion as of July 1, 2018, covering allocation year FY 2015-16 for large counties and 2008-09 for WET and CFTN funds, updating a July 1, 2018 report detailing funds subject to reversion for allocation years FY 2005-06 through FY 2014-15 to satisfy Welfare and Institutions Code (W&I), Section 5892.1 (b). Both reports can be accessed at the following webpage: <https://www.dhcs.ca.gov/services/MH/Pages/MHSAFiscalRef.aspx>



## DCHS MHSA Annual Revenue and Expenditure Report Status Update

FY 2005-06 through FY 2018-19, all Counties are current

County	FY 19-20 Electronic Copy Submission Date	FY 19-20 Return to County Date	FY 19-20 Final Review Completion Date
Alameda	1/29/2021	2/1/2021	2/8/2021
Alpine	7/1/2021		
Amador	1/15/2021	1/15/2021	2/2/2021
Berkeley City	1/13/2021	1/13/2021	1/13/2021
Butte			
Calaveras	1/31/2021	2/1/2021	2/9/2021
Colusa	4/15/2021	4/19/2021	5/27/2021
Contra Costa	1/30/2021	2/1/2021	2/22/2021
Del Norte	2/1/2021	2/2/2021	2/17/2021
El Dorado	1/29/2021	1/29/2021	2/4/2021
Fresno	12/29/2020	12/29/2021	1/26/2021
Glenn	2/19/2021	2/24/2021	3/11/2021
Humboldt	4/9/2021	4/13/2021	4/15/2021
Imperial	2/1/2021	2/1/2021	2/12/2021
Inyo	4/1/2021	4/2/2021	
Kern	2/2/2021	2/2/2021	2/8/2021
Kings	1/4/2021	1/4/2021	3/11/2021
Lake	2/9/2021	2/9/2021	2/17/2021
Lassen	1/25/2021	1/25/2021	1/28/2021
Los Angeles	3/11/2021	3/16/2021	3/30/2021
Madera	3/29/2021	3/30/2021	4/15/2021
Marin	2/2/2021	2/2/2021	2/17/2021

DHCS Status Chart of County RERs Received  
September 23, 2021 Commission Meeting

County	FY 19-20 Electronic Copy Submission Date	FY 19-20 Return to County Date	FY 19-20 Final Review Completion Date
Mariposa	1/29/2021	1/29/2021	3/11/2021
Mendocino	12/30/2020	1/4/2021	1/20/2021
Merced	1/11/2021	1/12/2021	1/15/2021
Modoc	4/29/2021	5/4/2021	5/13/2021
Mono	1/29/2021	1/29/2021	2/16/2021
Monterey	2/24/2021	3/1/2021	3/11/2021
Napa	12/23/2020	12/24/2020	12/28/2020
Nevada	1/29/2021	2/16/2021	2/18/2021
Orange	12/31/2020	1/20/2021	2/9/2021
Placer	2/3/2021	2/22/2021	2/23/2021
Plumas	2/25/2021	3/19/2021	3/25/2021
Riverside	2/1/2021	3/31/2021	4/8/2021
Sacramento	1/29/2021	2/1/2021	5/6/2021
San Benito			
San Bernardino	3/3/2021	3/4/2021	3/17/2021
San Diego	1/30/2021	2/1/2021	2/4/2021
San Francisco	1/29/2021	3/19/2021	3/22/2021
San Joaquin	2/1/2021	2/2/2021	2/11/2021
San Luis Obispo	12/31/2020	1/20/2021	1/20/2021
San Mateo	1/29/2021	2/1/2021	2/16/2021
Santa Barbara	12/29/2020	12/30/2020	1/5/2021
Santa Clara	1/28/2021	2/11/2021	3/3/2021
Santa Cruz	3/29/2021	4/5/2021	4/15/2021
Shasta	1/14/2021	1/15/2021	1/19/2021
Sierra	12/31/2020	3/10/2021	4/12/2021
Siskiyou	2/16/2021	6/11/2021	6/15/2021

DHCS Status Chart of County RERs Received  
September 23, 2021 Commission Meeting

County	FY 19-20 Electronic Copy Submission Date	FY 19-20 Return to County Date	FY 19-20 Final Review Completion Date
Solano	2/1/2021	2/1/2021	2/25/2021
Sonoma	1/29/2021	3/5/2021	4/12/2021
Stanislaus	12/31/2020	1/5/2021	1/5/2021
Sutter-Yuba	1/30/2021	2/1/2021	3/9/2021
Tehama	4/27/2021	n/a	5/21/2021
Tri-City	1/27/2021	3/4/2021	3/30/2021
Trinity	2/1/2021	2/2/2021	2/17/2021
Tulare	1/26/2021	1/27/2021	2/10/2021
Tuolumne	6/2/2021	6/3/2021	
Ventura	1/29/2021	2/2/2021	2/16/2021
Yolo	1/28/2021	2/2/2021	2/2/2021
<b>Total</b>	<b>57</b>	<b>55</b>	<b>54</b>



Mental Health Services  
Oversight & Accountability Commission

## Tentative Upcoming MHSOAC Meetings and Events

Updated 9/10/2021

### OCTOBER 2021

- **10/14: Cultural and Linguistic Competency Committee Meeting**
  - Public Meeting
  - 2:00-4:30PM
- **10/19: Client and Family Leadership Committee Meeting**
  - Public Meeting
  - 1:00-3:00PM
- **10/28: Commission Meeting**
  - Public Meeting
  - 9:00AM-TBD

### NOVEMBER 2021

- **11/10: Cultural and Linguistic Competency Committee Meeting**
  - Public Meeting
  - 3:00-5:30PM
- **11/18: Commission Meeting**
  - Public Meeting
  - 9:00AM-TBD

### DECEMBER 2021

- **12/9: Client and Family Leadership Committee Meeting**
  - Public Meeting
  - 1:00-3:00PM

### JANUARY 2022

- **1/12: MHSOAC Research and Evaluation Committee Meeting**
  - Public Meeting
  - 9:00AM-12:00PM