



***Well and Thriving***

***Advancing Prevention and Early Intervention***

**Public Review of the Second Draft**

Prevention and Early Intervention Subcommittee Meeting

October 6, 2022

Sacramento, California

**MHSOAC**

Mental Health Services  
Oversight & Accountability Commission

# Report Overview

Executive Summary

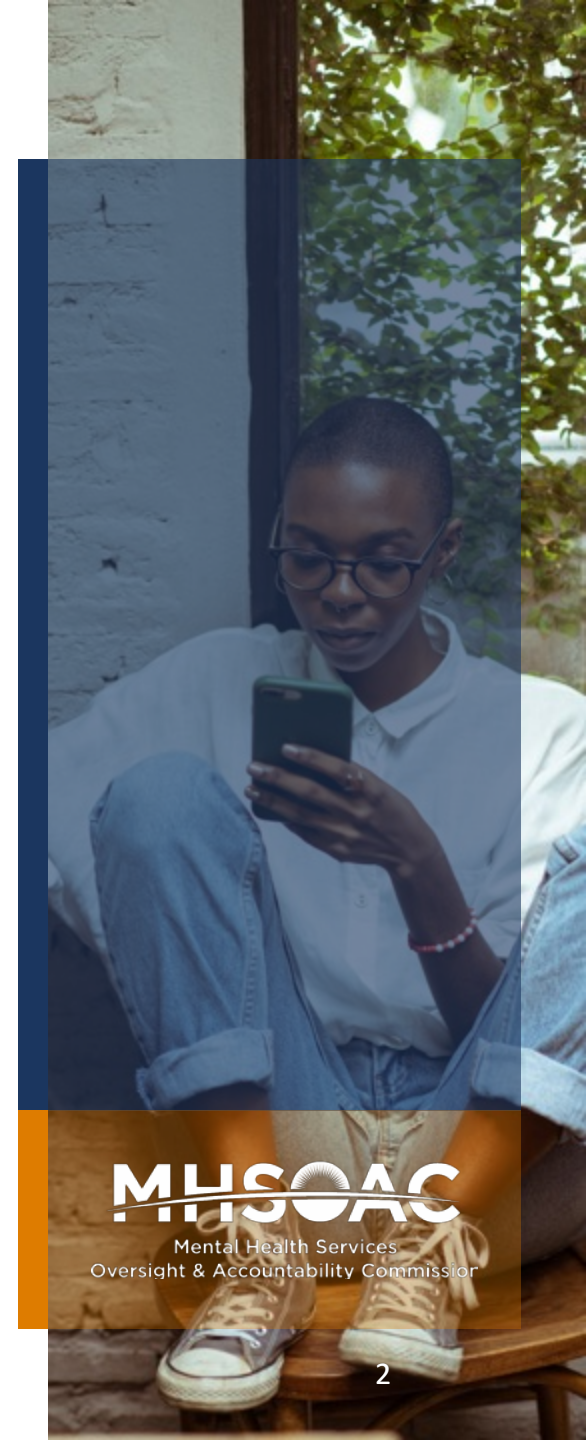
Introduction

Process

Findings and Recommendations

- Challenges and Barriers
- Opportunities
- Action

Conclusion



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# Finding and Recommendation One

California does not have a strategic approach in place to address the socioeconomic and structural conditions that underpin mental health inequities or to advance statewide prevention and early intervention.



The State must establish multi-disciplinary leadership, deploy a strategic plan, and build capacity for using data and technical assistance to advance a statewide strategic approach to prevention and early intervention.



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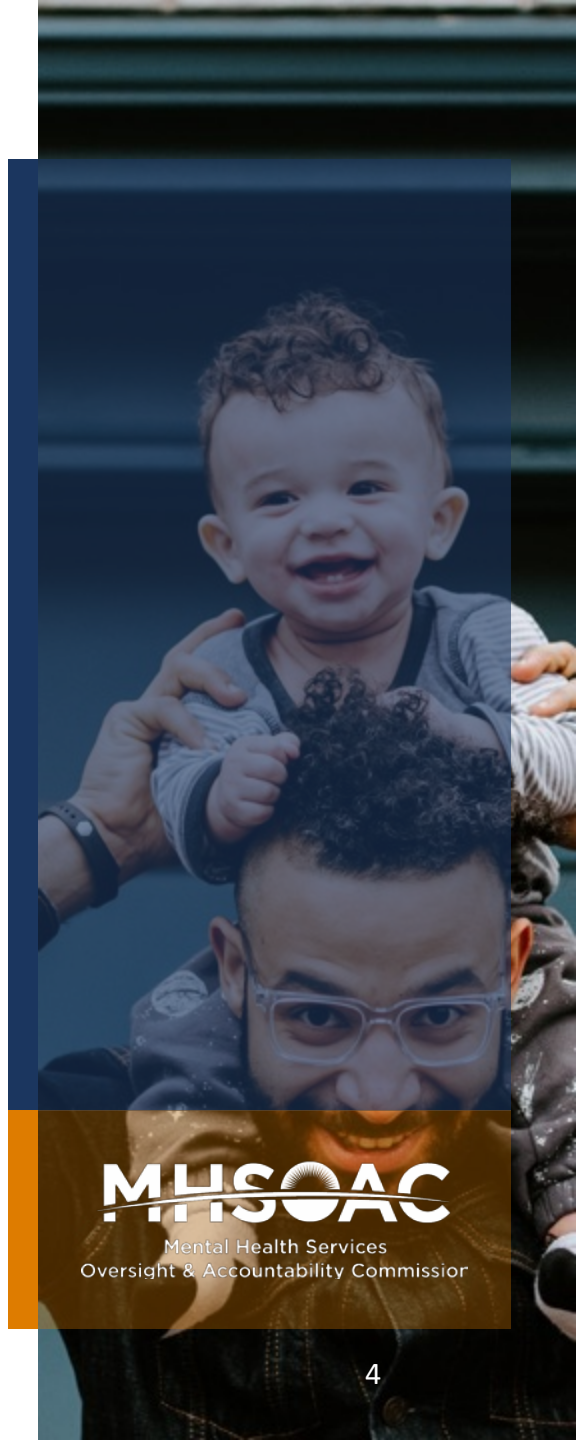
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## Finding and Recommendation Two

Unmet basic human needs and trauma exposure drive mental health risks. These factors will continue to disrupt statewide prevention and early intervention efforts and outcomes unless they are addressed.



The State's strategic approach to prevention and early intervention must directly address basic needs and trauma exposure and bolster resilience for individuals, families, and communities.



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## Finding and Recommendation Three

Strategies to increase public awareness and knowledge of mental health often are small and sporadic, while harmful misconceptions surrounding mental health challenges persist. Mass media and social media reinforce these misconceptions.



The State's strategic approach to prevention and early intervention must ensure that all people have access to the information and resources necessary to support their own or another person's mental health needs.



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## Finding and Recommendation Four

Strategies that increase early identification and effective care for people with mental health challenges can enhance outcomes. Yet few Californians benefit from such strategies. Too often, the result is suicide, homelessness, incarceration, or other preventable crises.



The State's strategic approach to prevention and early intervention must ensure that every Californian has access to effective and appropriate mental health screening, services, and supports aligned to their needs.



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# Thank You

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