



STRIVING FOR ZERO EXCELLENCE AWARDS

INTERVENTIONS (AFTER A SUICIDE ATTEMPT)

POSTVENTION STEP-DOWN SERVICES

Orange County

Orange County expanded its existing suicide prevention and support services to include “step-down” services in partnership with hospitals, emergency departments and a variety of inpatient and outpatient medical settings. These services ensure that individuals in a crisis who are needing support following a discharge from a healthcare setting, will have access to supportive suicide prevention, intervention, postvention and follow-up care services through a “warm” linkages to a dedicated referral line at Didi Hirsch Services.

These services include a emotional support, support groups and/or individual, couples, or family therapy for at-risk individuals, prevention and postvention services. Step-down services utilize evidence-based practices and are available in English, Spanish, Korean, Vietnamese, Arabic, Farsi, and Mandarin.



Referral process: Upon discharge, hospital or ER staff links patient to Didi Hirsch at dedicated Referral Line: (714) 989-8311 and warm transfers the patient to Didi Hirsch SPC staff.

Through Didi Hirsch: Reassessment of risk, safety planning and emotional support to reduce the risk of a suicide attempt.

One-on-one therapeutic sessions for individuals, couples and families; coping skill-building and support groups for individuals and family members (recognizing warning signs, how to obtain help and how to manage stress).



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