

Mental Health Services Oversight & Accountability Commission

Research and Evaluation Committee Meeting

Wednesday, February 16, 2022 1:00 pm – 4:00 pm

Welcome

COMMISSIONER, DR. ITAI DANOVITCH



Agenda

1:00 PM	Welcome
1:10 PM	Action: Approval of September 1, 2021 Meeting Minutes
1:20 PM	Information: The Commission's Research and Evaluation Division's 2022 Strategic Portfolio
1:45 PM	Information: Update on the Commission's Triage Summative Evaluation Plan
2:05 PM	Break
2;10 PM	Information and Discussion: Transforming California's Mental Health System and the Need for Robust, Comprehensive Metrics
3:50 PM	Wrap-Up
4:00 PM	Adjourn

Agenda Item #1 Action: Approval of Meeting Minutes

COMMISSIONER DR. ITAI DANOVITCH



Public Comment







Agenda Item #2 Information: Research and Evaluation Division's 2022 Strategic Portfolio

COMMISSIONER ITAI DANOVITCH, CHAIR TOBY EWING, PH.D., EXECUTIVE DIRECTOR



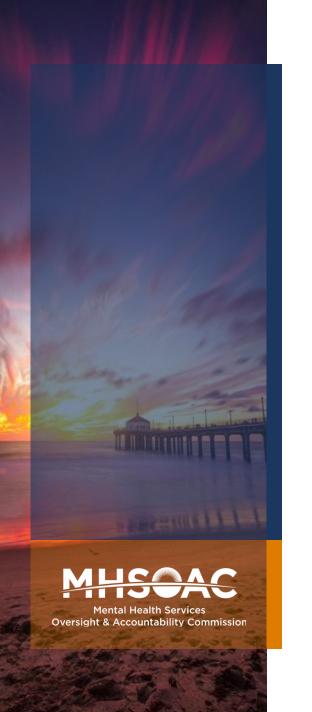
Agenda Item #3 Information: Commission's Triage Summative Evaluation Plan Update

KALLIE CLARK, PHD, SENIOR RESEARCH DATA ANALYST, MHSOAC



UPDATE: Triage Summative Evaluation





Progress on Summative Evaluation

- Incorporation of Commissioners' and public feedback.
- Update on demographics, encounters, and diagnoses data:
 - Percent of grantees reporting



MAJOR THEMES

EVALUATION DESIGN

DATA QUALITY AND SOURCE

EQUITY

WORKFORCE CAPACITY AND SYSTEMS



EVALUATION DESIGN:

INCORPORATED

- Multi-level modeling to address differences across counties
- Comparing clients within county when possible
- Discuss timing of evaluation design (post onset of grants)

EXPLORING FOR FUTURE ANALYSIS

- Quality of Life measurements
 - Unable to systematically administer to clients
 - No ability to administer to comparison group not receiving Triage services.



DATA QUALITY AND SOURCE:

INCORPORATED

- Linking data for clients without SSN
- Categorizing and summarizing Triage services
- Examine differences by service type
- Standardizing variables and outcomes

EXPLORING FOR FUTURE ANALYSIS

- Incorporate CA Reducing Disparities Project core measures or Child and Adolescent Needs and Strengths data
- Dosage of services (ideal number of services)



EQUITY:

INCORPORATED

- Differential usage and impacts for people of color
- Standardize demographic characteristics (race / ethnicity, socioeconomic status, urbanicity, education etc.)

EXPLORING FOR FUTURE ANALYSIS

 Underreporting of mental health symptoms by people of color: We will acknowledge this but can only estimate impacts for individuals who seek services.



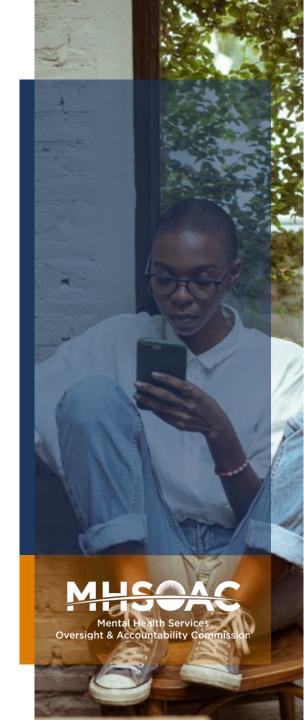
WORKFORCE CAPACITY / SYSTEM ISSUES:

INCORPORATED

• Variation in health care infrastructure across counties

EXPLORING FOR FUTURE ANALYSIS

• Impacts of workforce capacity



Overview of Data Acquisition

Total Triage Grantees: 30



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Grantees by Type	
Adult / TAY	15
Child	11
School-County Collaborative	4



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Overview of Data Acquisition

Data Collected From the Following Grantees

ADULT / TAY	Humboldt	Sacramento	CHILD	Sacramento
Alameda	Los Angeles	Sonoma	Berkeley	Santa Barbara
Berkeley	Merced	Stanislaus	Calaveras	San Luis Obispo
Butte	Placer	Tuolumne	Placer	Stanislaus
Calaveras	Riverside	Ventura	Humboldt	Riverside
SCHOOL COUNTY	Humboldt	Placer	Tulare	

Overview of Data Acquisition

Total Triage Clients: 16,876

> Adult: 12,049 Child: 4,827



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Percent of Grantees Reporting	Adult/ TAY	Child	School- county
Demographics	87%	82%	50%
Encounter	67%	64%	50%
Diagnoses	60%	45%	0%

Comments & Questions



BREAK



Agenda Item #4 Information: Transforming California's Mental Health System and the Need for Robust, Comprehensive Metrics

LISHAUN FRANCIS, MPP, CHILDREN NOW FATIMA CLARK, MSW, CHILDREN NOW





Robust Data Systems Needed for California's Child Behavioral Health

Research, policy development and advocacy dedicated to promoting children's health, education and well-being in California.

Leads The Children's Movement of California, a unique network of more than 4,600 diverse organizations.



Purpose

- Identify publicly reported metrics on children's mental health and substance use from various state agencies
- Identify data gaps and recommend ways California can improve data collection efforts and leverage existing/new data to promote better outcomes for children and youth

Robust Data Systems Needed for California's Child Behavioral Health





Methodology







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CCWIP California Child Welfare Indicators Project



Source: https://www.childrennow.org/portfolio-posts/robust-data-systems-needed-for-californias-child-behavioral-health/

Methodology

80 Metrics			
Group	Type of Domain	Number of Measures*	
Population Indicators	Known Prevalence	15	
describe characteristics of	System Use	24	
the child population regarding behavioral health	Outcomes	6	
	Early Identification	39	
System Performance	Access	18	
Indicators describe how the child	Quality	4	
behavioral health care system is functioning	Consumer Satisfaction	0	



LIVE DEMO

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	Domain .	Focus Area	Measure .	Description •	Insurance Type	• Source •	Organizations/State Agenci 🔻	Race/Eth
Acc	Count 11							
1	Access	(Mental Health (MH)	Timely Mental Health Non-Urgent Appointment	The percentage of compliance for timely access standards of 10 business days from a members request for mental health non- urgent appointments for each Medi-Cal managed care plan in the counties they serve.	Medi-Cal only	Timely Access Report	DHCS	No
2	Access	Mental Health (MH)	Unique Count of Children and Youth Receiving Specialty Mental Health Services	Count of children/youth receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years (>= 2 YR) or a period of 1 to 2 years (< 2 YR)	Medi-Cal only	Performance Dashboard	DHCS	No
3	Access	(Mental Health (MH)	Unique Count of Children and Youth Receiving Specialty Mental Health Services	Count of children/youth that met the criteria for both Service Continuance (>=2 years) and Exits	Medi-Cal only	Performance Dashboard	DHCS	No
	Access	Mental Health (MH)	Unique Count of Children and Youth Receiving Specialty Mental Health Services	Count of children/youth that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year	Medi-Cal only	Performance Dashboard	DHCS	No
5	Access	(Mental Health (MH)	Pediatric Mental Health Outpatient Services Provider-to-Member Ratio	Managed care plans must meet pediatric provider to member ratios to ensure access to mild-to-moderate mental health services for approved providers including: psychologists, licensed clinical social workers, and licensed marriage and family therapists. DHCS calculates provider to member ratios annually by	Medi-Cal only	Annual Network Certifi	DHCS	No
5	Access	(Mental Health (MH)	Timely Mental Health Urgent Appointment	The percentage of compliance for timely access standards of 96 hours from a members request for mental health urgent appointments for each Medi-Cal managed care plan in the counties they serve.	Medi-Cal only	Timely Access Report	DHCS	No
7	Access	(Mental Health (MH)	Unique Count of Children and Youth Receiving Specialty Mental Health Services	Count of children/youth that met both the criteria for both arrival and exits.	Medi-Cal only	Performance Dashboard	DHCS	No

Source: https://airtable.com/shrSPVt7cy7ZMifTX/tblEafwxQgQ9YooMD



Findings

State data reports fail to provide a comprehensive view of the behavioral health needs and outcomes of children and youth:

- Significant gaps in disaggregated demographic data (i.e. age, race, ethnicity, sexual orientation, gender identity, geography, etc.)
- Lack of data on non-clinical settings (i.e. at home, in community, at school)
- No consistent data across delivery systems (i.e. private, public coverage)



Opportunities for Better Data – Momentum

- Children and Youth Behavioral Health Initiative
- Cradle to Career Data System
- California Advancing and Innovating Medi-Cal (CalAIM)



Opportunities for Better Data – Changes Needed

- Improve demographic data collection
- Disaggregate data for special populations (i.e. young children, children and youth with child welfare, foster care, and/or juvenile justice involvement)
- Gather consumer experiences and satisfaction
- Focus on quality and outcomes



Measure

Type of Domain

Percent of children 0 -5 receiving support for identified developmental or behavioral health challenge Access Number/percent of children who want mental health services but have not been able to obtain any **Consumer Experience/Access** Number/percent of youth who want substance use disorder services but have not been able to obtain any **Consumer Experience/Access** Percent of youth satisfied with provider **Consumer Experience/Access** Percent of youth satisfied with the frequency and type of services received **Consumer Experience/Quality Consumer Experience/Quality** Reason for satisfaction/dissatisfaction with services or provider Percent of parents reporting concerns about their child's development Early Identification Percent of parents reporting need for support for their children's behavioral health but not finding it Early Identification/Access Early Identification/Known Percent of children 0 -5 identified with a developmental or behavioral health challenge Prevalence Percent of children/youth with a co-occurring diagnosis of mental health and substance use disorder **Known Prevalence** Percent of children/youth screened for substance abuse **Known Prevalence** Percent of children suspended with a mental health/substance use disorder need **Outcome/Early Identification** Number/percent of young children suspended and/or expelled from child care programs due to behavioral **Outcome/Early Identification** issues Number/percent of missed school days due to mental health related issues **Outcome/Early Identification** Percent and outcome of developmental and social emotional screenings for young children **Outcome/Known Prevalence** Percent of juvenile justice-involved youth with a mental health/substance use disorder need **Outcome/Known Prevalence**





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Children

Discussion



Discussants

Katherine Watkins, MD, MSHS, Senior Physician Policy Researcher, RAND Corporation

Lynn Thull, PhD, President, LMT & Associates, Inc.



Discussion Questions

FACILITATOR: DR. ANNA NAIFY, CONSULTING PSYCHOLOGIST, MHSOAC



Question #1

What are the most important community indicator domain areas in children and youth behavioral health?

Question #2

What are the biggest near-term opportunities for the Commission to improve public access to and understanding of key children and youth behavioral outcomes? Should outcomes be defined for specific subpopulations (e.g., foster youth)?

Public Comment



Wrap-Up & Adjourn

COMMISSIONERS DR. ITAI DANOVITCH



Thank you!

