

# Improving Clinical Systems of Care: A Focus on Downstream Suicide Prevention

## Agenda

Friday March 1, 2024: 11:15am-12:30pm

**Purpose:** Engage in collaborative planning to improve downstream suicide prevention in county clinical services, as part of a comprehensive suicide prevention strategic plan

### Part 1: Background Knowledge and Framework for Our Discussions

- 11:15am Welcome! Answer the Harry Potter Sorting Hat question, find a table, and introduce yourself.
- 11:20am Brief review of Striving for Zero module “Improving Clinical Systems of Care: A Focus on Downstream Suicide Prevention” by Dr. Joyce Chu
- 11:35am Action Learning Worksheet: Individual reflection exercise  
*Please fill out the Action Learning Worksheet on the next page to self-assess strengths and growth areas for your downstream suicide prevention work. Bring your reflections to your breakout discussions.*

### Part 2: Community Discussion about Downstream Suicide Prevention

11:45am Breakout groups (facilitated by Striving for Zero team)

**Purpose:** Engage in community discussion to share experiences and identify goals and steps to improve and support downstream systems of clinical care within our county systems.

#### **1. Share your experiences & wisdom**

- Describe your downstream efforts and/or plans to date
- Share any advice and wisdom that you’ve learned from your downstream efforts to date

#### **2. Learning Lessons & Collaborative Consultation**

- What have been the biggest challenges? Any learning lessons you’d like to share? Any questions for consultation from the group?

#### **3. Identify Action Item**

- What is one goal, action item, or takeaway for your downstream suicide prevention work?

12:15pm Transition back to the main group  
Q/A and Report outs from breakout groups re: learning lessons or action items

12:30pm Adjourn

# Improving Clinical Systems of Care: A Focus on Downstream Suicide Prevention

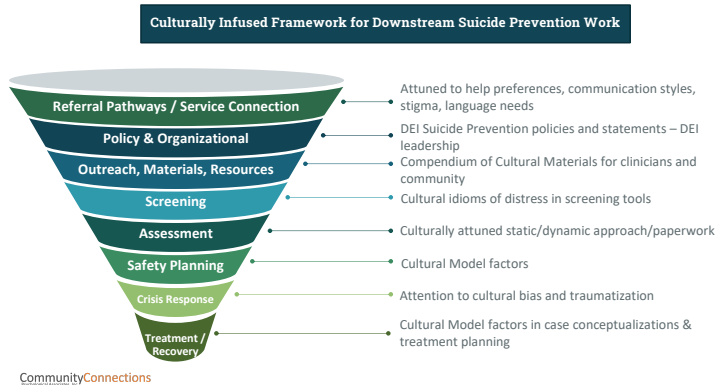
## Action Learning Worksheet

Please take a moment to reflect on the following questions, and jot down any notes. *Bring your worksheet to your collaborative breakout groups.*

Reflection Question	Your Notes
<p><b>1. How healthy is your downstream clinical system?</b></p> <ul style="list-style-type: none"> <li>What steps along the downstream funnel (shown below) are working well, and which need attention?</li> <li>Any stories that suggest strengths, roadblocks, pain points, or problems?</li> <li>What workflows, policies/procedures, and resources are already available? Where are there gaps?</li> </ul>	
<p><b>2. What are some barriers to your downstream suicide prevention work?</b> (choose all that apply / jot down any additional notes)</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I don't know where to start</li> <li><input type="checkbox"/> We don't have the right stakeholders in our team/coalition to do the work</li> <li><input type="checkbox"/> Not enough resources</li> <li><input type="checkbox"/> It's not clear that we need downstream work to do good suicide prevention</li> <li><input type="checkbox"/> Downstream suicide prevention isn't written into our SP coalition goals</li> </ul>	
<p><b>3. Structural supports (funding, strategic plan)</b></p> <ul style="list-style-type: none"> <li>Structural supports: Is downstream suicide prevention work a core part of your strategic plan?</li> <li>What funding streams might be able to support this work?</li> </ul>	
<p><b>Identify change agent</b></p> <ul style="list-style-type: none"> <li>Who is your best change agent leader? (i.e., external consultant, internal leadership, designated SP coordinator / change leader)</li> <li>Does your system already have a downstream suicide prevention coordinator? (perhaps in QI/QA?)</li> </ul>	

**What are the strengths and gaps for the infusion of culture into your downstream work?**

- Do you have a cultural framework and relevant stakeholders to guide infusion of culture and diversity in your downstream work and training?
- Which downstream efforts are already culturally infused? Where are the gaps? (reference the figure below for ideas)



**What might your downstream workgroup or coalition look like?**

- Do you have clinical system stakeholders in your suicide prevention coalition?
- Who could be members of your downstream workgroup or coalition?
- Who might represent the needs of your culturally diverse stakeholders?

**Development of Core Components**

- What is the best plan to address your downstream gaps while leveraging the system's strengths?
- Are there any low-hanging fruit to encourage buy-in and improve the system in the short-term?

**Data & Evaluation**

- Do you have a needs assessment / evaluation plan to inform downstream efforts, and to measure change over time?

**Develop training system for newly developed core components**

- What resources do you have to implement a sustainable training plan?
- Are there internal or external experts that you can call upon to develop a training system?