

STRIVING FOR ZERO EXCELLENCE AWARDS

Striving
for
Zero

INFUSING CULTURE INTO SUICIDE PREVENTION EFFORTS

The Source LGBTQ+ Center Training and Counseling Services Tulare County

The Source LGBTQ+ Center works to reduce stigma, increase visibility and acceptance, and give community members and mental health providers the skills they need to treat LGBTQ+ people with dignity and empathy. Acceptance is the key to reducing LGBTQ+ people's increased risk for suicide. LGBTQ+ individuals have a 4-8x higher prevalence of attempt or completion of suicide than their heterosexual and cisgender counterparts. Through cultural competency training, one on one therapy, peer support, and community engagement we are increasing LGBTQ+ peoples' access to mental health care, reducing stigma, and increasing our clients resilience. In 2023 our clients averaged an 11.6% increase in resilience in spite of a growing anti-lgbt legislation and violence.



FOR MORE INFORMATION, PLEASE VISIT: WWW.THESOURCELGBT.ORG/