

NEW REPORT

# WORKPLACE MENTAL HEALTH REPORT

## SHARE YOUR FEEDBACK WITH US!

Nearly one in five Californians faces an unmet mental health need. Promoting mental health in the workplace — where most adults spend a third of their time — is an essential element in California’s strategy to build resilience and improve access to care.

In 2018 Senate Bill 1113 directed the Commission to establish a framework and voluntary standards for promoting mental health in the workplace. The Commission launched a Workplace Mental Health Project and Subcommittee, and engaged employers, employees, and subject matter experts, among others, to develop the voluntary standards introduced in this report.

The Commission is now ready to share a draft report and needs your input. Now is your opportunity to ensure California’s prevention strategy responds to the needs in your community. We look forward to hearing from you.

You can find the draft report on the Workplace Mental Health Initiative page of the Commission’s website, [mhsoc.ca.gov](https://mhsoc.ca.gov).



### There are three ways to share your feedback:



**Verbal:** Attend the Workplace Mental Health Subcommittee virtually via Zoom on January 12, 2023. Additional meetings may be scheduled as needed.



**Written (digital):** Email your comments to [WPreportcomments@mhsoc.ca.gov](mailto:WPreportcomments@mhsoc.ca.gov).



**Written (physical):** Mail a hard copy of your comments to our physical address, 1812 9th Street, Sacramento, CA 95811.

Please visit <https://mhsoc.ca.gov/initiatives/workplace-mental-health/> for more details.

Initiated by Senate Bill 1113 (Monning) in 2019, the Commission has explored statewide opportunities to advance workplace mental health. This project is led by the Workplace Mental Health Subcommittee, cchaired by Commissioner Keyondria Bunch, Ph.D and Vice Chair Mara Madrigal-Weiss.

