

STRIVING FOR ZERO EXCELLENCE AWARDS

Striving
for
Zero

INVOLVING THE WHOLE COMMUNITY – EVERYONE CAN PLAY A ROLE IN SUICIDE PREVENTION

Youth Advisory Board, Los Angeles Suicide Prevention Network (LASPN)

Los Angeles County

The LASPN Youth Advisory Board is an inclusive group of youth who advocate for improving mental health and well-being and its related social determinants of health for youth countywide. Youth Advisory Board members are supported by vetted adult members of the LASPN – mental health professionals, advocates, survivors, providers, researchers, and representatives from various agencies and organizations across Los Angeles County. These adult allies provide support and mentorship to the Youth Advisory Board and pathways to support when dealing with the sensitive topic of mental health and suicide. Membership requires a minimum one-year commitment, with an opportunity to serve up to 3 additional years as Youth Advisors in a mentorship role (or until they reach the age of 26).



“I support suicide prevention because you never know what people are going through silently and everyone is deserving of a beautiful life.”

- Current LASPN Youth Advisory Board Member



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